

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: November 25, 2008

SUBJECT: Contract with Karuna Anand, M.D. for Psychiatric Services

ACTION REQUESTED:

Approve a contract with Karuna Anand, M.D. for the provision of after-hours psychiatric services from November 25, 2008 through November 24, 2009 (1 week per month of weekend and after-hours services) for a total contract amount not to exceed \$35,000, and authorize the Director of Health and Human Services to sign the contract and subsequent amendments up to 10% of the original contract amount. The General Fund contribution for this contract is \$10,500. These costs are reflected in the Department's 2008/09 Final Budget.

BACKGROUND:

The Adult System of Care provides crisis assessment to 2,000 persons per year and subsequent hospitalization to about half of these persons. Psychiatrists are consulted by after-hours staff to make final determinations of dispositions in our work with these persons. This contract establishes an independent contract with a psychiatrist to work one week each month to provide after-hours consultation and admission to in-patient hospitalization for approximately 460 persons. These services are mandated by the Welfare and Institutions Code and are critical to the management of the County's mental health system, which provides specialty psychiatric services to persons with acute symptoms. The persons served in our crisis service are those who are potentially a danger to themselves, a danger to others, or gravely disabled due to a mental illness.

Dr. Anand is a new contractor, selected for her experience with after-hours work. She is a seasoned practitioner who is available to provide critical after-hours on-call service for 12 weeks per year. She will provide over 1,500 hours of clinical service to the Adult System of Care in this after-hours service system. Her extensive experience has provided excellent preparation for her role in crisis evaluation.

FISCAL IMPACT:

The maximum expenditure under this independent contractor agreement totals \$35,000. The funding for this agreement is comprised of \$24,500 in federal/state revenue, and \$10,500 in County General Funds. These costs are included in the Department's 2008/09 Final Budget.

A copy of this contract is on file with Clerk of the Board for your review.

