



**MEMORANDUM**  
**HEALTH AND HUMAN SERVICES**  
**ADULT SYSTEM OF CARE**  
County of Placer

TO: Board of Supervisors

DATE: January 9, 2018

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: Contract With Restpadd Psychiatric Health Facility For Short-Term Acute Inpatient Psychiatric Services

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**ACTION REQUESTED**

Approve a contract with Restpadd Psychiatric Health Facility for the period of January 1, 2018 through June 30, 2019 for a total amount not to exceed \$100,000 (\$33,000 net County cost), and authorize the Director of Health and Human Services to sign the agreement and any subsequent amendments up to 10 percent of the total contract amount, consistent with the current agreement's subject matter and scope of work with Risk Management and County Counsel concurrence.

**BACKGROUND**

Placer County System of Care provides mandated mental health crisis intervention services to adults and children who are experiencing a mental health crisis. During FY 2016-17, 3,251 individuals received crisis evaluation services and approximately 42% of those required inpatient psychiatric hospitalization. If the County Psychiatric Health Facility (PHF) is at capacity, individuals are referred to alternate facilities such as other PHFs, Crisis Stabilization Units, or private inpatient psychiatric hospitals (as a last resort). During FY 2016-17, the County spent approximately \$400,000 on private psychiatric hospitalizations for its Medi-Cal Beneficiaries and non-insured residents. For FY 2017-18, contracting with Restpadd is a less expensive option, as it is more cost effective to refer Placer Medi-Cal beneficiaries to a PHF versus an expensive private psychiatric hospital. Utilization of private hospitals does not allow the County to recoup any of the related expenses while with this option, the County is able to recoup approximately ½ of its costs through Medi-Cal reimbursement.

Restpadd Psychiatric Health Facility in Red Bluff, CA is a new 16-bed inpatient psychiatric unit that has been in operation since 2017. Residents receive short-term psychiatric evaluation and treatment, including medication management, in a therapeutically safe and comfortable milieu for typically 7-10 days. The residents are then safely discharged back into the community with appropriate referrals and linkage to necessary mental health and other services. The Restpadd philosophy focuses on individual client strengths and individualized treatment plans as well as wellness and recovery, family involvement and effective collaboration with caregivers and community partners.

The addition of this PHF option is valuable given the shortage of psychiatric beds across the State. The County has contracted with PHF's in other counties, but bed capacity at these PHF's is often full. Individuals in crisis often spend unnecessary hours in our overcrowded local emergency departments waiting for available psychiatric beds. The additional option of Restpadd PHF will further help reduce the burden of crowded emergency departments in our community, while avoiding the most expensive option of private hospitalization.

**FISCAL IMPACT**

This contract includes \$30,000 of expenditures for FY 2017-18 and \$70,000 will be requested for FY 2018-19. Funding consists of \$67,000 (67%) in State and Federal revenues and \$33,000 (33%) in County General funds. The FY 2017-18 expenditure and revenue amounts are included in the FY 2017-18 Final Budget.

This contract is on file with Clerk of the Board.

