

If the child/youth meet the eligibility criteria listed in this brochure, they may receive TBS services. TBS services are typically provided for 3-6 months in the environment where support is needed.

A behavioral specialist will be assigned to complete a functional analysis and treatment plan to address and target the behaviors that are placing the child/youth at risk. In addition, a transition plan will be developed to help address what happens once TBS phases out.

For any questions regarding TBS, or to request TBS services, please contact the Placer County Children's System of Care at 530-889-6700.

Additional information regarding TBS services can be found on the California Department of Mental Health web site at www.dmh.ca.gov.

Placer County
Children's System of Care
11716 Enterprise Dr.
Auburn, CA 95603



THERAPEUTIC BEHAVIORAL SERVICES

(TBS)

Placer County
Children's System of Care

530-889-6700

What is TBS?

TBS is a Medi-Cal specialty mental health service. It provides short-term one-to-one assistance to children or youth under age 21 who have behaviors that are too hard for their families or foster placement to handle – such as tantrums, assaultive behavior or destruction of property.

TBS can be provided to children at home, in a group home, in the community, during evenings and weekends, and at other times and places as needed.

Placer County may also authorize another mental health organization to develop the plan and assign the behavior aide.

Who is eligible for TBS?

Children and youth who are experiencing a stressful transition or life crisis are eligible. They must also meet the following state criteria:

Child/youth must meet three requirements:

1. Full-scope Medi-Cal ONLY (with no secondary insurance) beneficiary under age 21
2. Receiving other specialty mental health services
3. Highly likely that, without additional support:
 - Child/youth may need higher level of residential care or acute care
 - Child/youth may not successfully transition to lower level of care

Child/youth must also meet A, B, C or D requirement:

- A. Placed in a group home of rate classification level (RCL) 12 or above and/or a treatment facility for mental health needs (but not receiving acute psychiatric care), or
- B. Being considered for placement in a group home facility of RCL 12 or above, or
- C. At least one emergency psychiatric hospitalization related to current presenting disability within the past 24 months, or
- D. Previously received TBS and need it again.

When is TBS needed?

Most children/youth being considered for TBS receive other Medi-Cal mental health services from a psychiatrist, residential treatment or day treatment program, or a county mental health clinic. Other interventions usually have been tried and failed before considering TBS. If a child is not receiving mental health services through Medi-Cal, request an assessment from the county mental health plan. The assessment will tell what services the child needs, including TBS.

TBS is NOT intended:

- For the convenience of the family or caregivers of the client
- As a form of “babysitting” or respite services for a child that will always require full-time supervision
- To provide supervision or assure compliance with conditions of probation
- To address conditions that are not part of the child of youth’s mental health condition
- For a child or youth placed in a hospital, PHF, nursing facility, IMD, or crisis residential program
- To provide on-going transportation services