

## LEARNING STYLES INVENTORY

This chart helps you determine your learning style. Read the word in the left column and then answer the questions in the successive three columns to see how you respond to each situation. You may give more than one response in each row. Your answers may fall into all three columns, but one column will likely contain the most answers. The dominant column indicates your primary learning style.

<b>When you...</b>	<b>Visual</b>	<b>Auditory</b>	<b>Kinesthetic &amp; Tactile</b>
<b>...spell</b>	Do you try to see the word?	Do you sound out the word?	Do you write the word down to see if it looks right?
<b>...talk</b>	Do you talk little?	Do you enjoy listening?	Do you gesture and use expressive movements with your hands?
<b>...concentrate</b>	Are you distracted by untidiness or movement?	Are you distracted by sounds or noises?	Are you distracted by activity around you?
<b>...meet someone again</b>	Do remember faces?	Do you remember names?	Do you remember what you did together or where you met?
<b>...contact people</b>	Do you prefer meetings in person?	Do you prefer the telephone?	Do you prefer to talk with them while walking or participating in an activity?
<b>...read</b>	Do you like descriptive scenes or pause to imagine the actions?	Do you enjoy dialog and conversation, hearing the characters talk?	Do you prefer action stories?
<b>...do something new</b>	Do you like to see demonstrations, pictures, slides, or posters?	Do you prefer verbal instructions or talking about it with someone else?	Do you prefer to jump right in and try it?
<b>...put something together</b>	Do you look at the directions and the pictures?	Do you ask someone to read the directions to you?	Do you ignore the directions and figure it out as you go along?