Placer County utilizes a client centered, strength based, and recovery focused treatment approach. Treatment, while different for everyone, focuses on these four major areas of recovery:

**Health**
Make informed, healthy choices that support physical and emotional well-being.

**Home**
Have a stable and safe place to live.

**Purpose**
Engage in meaningful daily activities, such as a job or school, volunteering, caring for your family, or being creative. Work for independence, income, and resources to enjoy life.

**Community**
Build relationships and social networks that provide support.

To access specialty mental health services please call Placer County Intake to request a screening appointment or attend one of our outpatient screening clinics.

**Placer County Intake**
(916) 787-8860
(Toll free) 1-888-886-5401
Email: MHServices@placer.ca.gov

**Mental Health Screening Clinic Information**

**Tuesday**
1 - 2 p.m. at
101 Cirby Hills Dr. Roseville, CA

**Wednesday**
9-10 a.m at
11512 B Ave. Auburn, CA

**Thursday**
9 - 10 a.m. at
101 Cirby Hills Dr. Roseville, CA
Treatment Approach and Services

The Adult System of Care provides an array of mental health and supportive services for those who are significantly impacted by their mental illness. Services are individually designed to help you achieve your personal recovery goals.

Services include:
- Mental Health Assessment
- Crisis Services
- Medication Assistance
- Group and Individual Therapy
- Housing Assistance
- Behavioral and Physical Healthcare Coordination
- Linkage to Community Resources
- Family Supports and Services

Screening clinics

Who should come to a screening clinic?

Anyone in need of specialty mental health treatment is welcome to attend. Please call in advance if cultural or linguistic accommodations are being requested.

How much does an assessment cost?

A mental health screening will be provided to you at no out of pocket cost*

Upon completion of the screening you may be offered a full assessment for ongoing services or be provided linkage and care coordination services within the community.

For ongoing ASOC services, several payment options are available. Payment options include: Medi-Cal insurance (share of costs may apply) and sliding scale payment.

What should I bring to the screening clinic?

Bring a copy of your insurance card, proof of residency, and proof of income if uninsured.

* your insurance may be billed for screening

Outpatient Services

Placer County provides outpatient mental health services to county Medi-Cal beneficiaries and county residents with no insurance (other insurance situations may be considered on a case by case basis). To be eligible for services you must have a qualifying mental health diagnosis that is significantly impairing your functioning in at least one of the following life domains:

- Education
- Employment
- Housing
- Social Support
- Finances
- Access to Health Care