



MEMORANDUM
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: September 10, 2019

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: Supporting September 2019 as Recovery Month

ACTION REQUESTED

Receive a presentation about substance use services and support September 2019 as Recovery Month in Placer County.

BACKGROUND

Placer County has made many improvements to our substance use delivery system over the past 2 years. The Drug Organized delivery system went live on November 1, 2018 and this has led to a 204% increase in Federal Funding toward treatment services, the ability to claim additional services. Through a variety of funding sources and programs, the substance use teams are able to target specific populations such as persons who are: 1) having co-occurring mental health and substance use, 2) involved in the criminal justice system, 3) women who are pregnant/parenting, and 4) individuals on CalWorks. Placer County staff work with many community partners to provide comprehensive services. In Fiscal Year 17-18 County staff offered treatment to over 2,100 residents. Of those, 967 were admitted to treatment (through community providers) and about 63% of those who began treatment successfully completed.

In Placer County, many individuals are living productive, satisfying lives as a result of recovery from a mental health condition, and/or alcohol or drug dependence. Residents of Placer County have experienced that recovery is possible, which is worthy of a celebration. People facing mental and substance use disorders need to know that hope, help, and support are available. Recovery can be achieved on their own, through treatment programs, medication treatment, or with the assistance of peer support, self-help and/or faith-based organizations. There is no one path to recovery. Each person's intervention and treatment is unique to his or her individual needs. All paths to recovery will be celebrated at our 19th annual "Recovery Happens" event on September 21st between 10:00 a.m. and 2:00 p.m. at Auburn Recreation District (ARD) Park in Auburn.

Recovery Month, officially celebrated each September, has become a year-round initiative that supports educational outreach and celebratory events throughout the year as a reminder that treatment works, and recovery happens. Over 15 community partners will join our System of Care staff and Mental Health, Alcohol, and Drug Advisory Board members in sponsoring Placer County's 2019 celebration, Recovery Happens.

The national Substance Use and Mental Health Services Administration (SAMHSA) campaign theme this year, "Join the Voices for Recovery: Together We Are Stronger" emphasizes the need to share resources and build networks across the country to support recovery. It reminds us that mental and substance use disorders affect us all, and that we are all part of the solution. The event will highlight inspiring stories to help people from all walks of life find their path to hope, health, and personal growth.

Persons in recovery benefit themselves and the community. Successful treatment and recovery programs have been demonstrated to reduce health care costs and other costs due to lost productivity. Recovery can reduce the number of people in jail, school dropout rates, and the rate of recidivism. It lessens the burden on law enforcement. Most importantly, recovery can improve the quality of life for individuals, their families and for society as a whole.

We are asking the Board to support September 2019 as "Recovery Month" in Placer County, to demonstrate continued commitment to mental health, alcohol and drug treatment, and recovery, and to support our local "Recovery Happens" event on September 21, 2019.

FISCAL IMPACT

There is no fiscal impact as a result of this action.