

Mental Health Resources in Placer County During COVID-19

For Mental Health Emergency Call: 1-888-886-5401

Family and Children's Services Call: 1-866-293-1940

Suicide Hotline: 1-800-273-8255

COVID-19 Peer-Run Warm Line: 1-855-845-7415

Organization	Services	Who is Served?	Eligibility/ Requirements	Service Hours	Website	Phone	Service Method
ABLE - A Better Life for Everyone	Mental Health; Counseling	Children; Transitional Youth; Adults	Contact Provider	Tuesday-Saturday by appointment	SueCirilloTherapist.com	(530) 613-1383	Teletherapy
AMI Housing, Inc	Mental Health; Food; Housing	Transitional Youth; Adults; Older Adults; Veterans	At-risk or experiencing homelessness; Contact provider	9:00am-10:00am; 1:00pm-2:00pm	amihousing.org	(530) 878-5088	Telephone
Anthem	Counseling; Psychiatry	Adults; Children	Contact Provider		livehealthonline.com	(800) 407-4627	Telephone; Online
Beautiful Minds Medical	Counseling; Psychiatry	Adults; Older Adults	Contact Provider	Monday-Friday 8:00am-5:00pm	beautifulmindsmedical.com	(530) 889-8780; Ext 114	Phone; Email
Beautiful Minds Wellness	Mental Health	Transitional Youth; Adults; Older Adults; Veterans	no eligibility requirements	Hours vary	beautifulmindswellness.org	(530) 217-3870	
CA Health & Wellness	Counseling; Psychiatry	Adults; Children	Contact Provider		cahealthwellness.com	(877) 658-0305	Telephone; Online
Cal Voices	Mental Health; Substance Use; Child Welfare	Children; Transitional Youth; Adults; Older Adults; Veterans; Families and other support people		Monday-Friday 8:30am-4:30pm	calvoices.org	(916) 366-4600	Telehealth; Outpatient
Granite Wellness Centers	Substance Use		Contact Provider		granitewellness.org	(855) 467-3496	
Insights Counseling	Counseling	ALL	Contact Provider		insightsinfo@insightscounselinggroup.org	(916) 751-1534	Telehealth
Kaiser	Counseling; Psychiatry	Adults; Children	Contact Provider		thrive.kaiserpermanente.org	(916) 973-5300	Telephone; online
Keaton's Child Cancer Alliance	Mental Health; Food; Primary Care	Children with cancer and their families	Child battling cancer	Monday-Thursday 8:00am-5:00pm	childcancer.org	(916) 784-6786	Remote
Kidsfirst	Counseling; Case Management; Parenting Classes	Children; Transitional Youth; Adults; Older Adults; Veterans;	Contact Provider	Can Vary	Kidsfirstnow.org	(916) 774-6802	Telephone; Online; Electronic
Koinonia Family Services	Counseling; Substance Abuse; Support Services	Teens; Families	Contact Provider	24 hour support	kfh.org	(866) 251-7584	
Latino Leadership Counsel	Counseling	Spanish Speaking; ALL	Contact Provider		Latinoleadershipcouncil.org	(916) 802-2260	Home visits; Telephone
Lighthouse	Counseling	Children; Families	Contact Provider		lighthousefrc.org	(916) 645-3300	Telehealth
Placer Community Action Council	Family support; Childcare	Children; Families	Income	Monday-Friday 8:00am-3:00pm	kidzCommunity.com	(530) 886-4100	
Placer County	Counseling; Case Management, Psychiatry services (Medi-Cal); Crisis; Child Welfare Services; Foster/Adoption	Children	Contact Provider	24 hours	placer.ca.gov	(916) 872-6549 or Toll Free (866) 293-1940	Telephone Service; in person by appointment only

As we continue to connect with providers, this information will be updated. If you are a service provider and have changes or additions, please contact: Holiday Johnston at hjohnsto@placer.ca.gov or 530-886-2944

Mental Health Resources in Placer County During COVID-19

For Mental Health Emergency Call: 1-888-886-5401

Family and Children's Services Call: 1-866-293-1940

Suicide Hotline: 1-800-273-8255

COVID-19 Peer-Run Warm Line: 1-855-845-7415

Organization	Services	Who is Served?	Eligibility/ Requirements	Service Hours	Website	Phone	Service Method
Placer County	Crisis Response; Adult Protective Services; Mental Health	Transitional Youth; Adults	Contact Provider	24 hours	placer.ca.gov	(916) 787-8860 or Toll Free (888) 886-5401	Telephone Service; in person by appointment only
Sierra College	Mental Health; Physical Health/Primary Care	Transitional Youth; Adults	Must be a student this semester		sierracollege.edu	(916) 660-7490	Zoom
Sierra Community House	Mental Health; Legal Assistance; Case Management	Tahoe and Truckee area residents	Contact Provider	24/7 intervention support	sierracommunityhouse.org/	(800) 736-1060	Telecommunication
Sierra Mental Wellness Group	Counseling	ALL	Contact Provider	Monday-Friday 8:30am-5:00pm	sierramentalwellness.org	(916) 783-5207	Telehealth
Sierra Native Alliance	Counseling	Native American; ALL (individuals/group)	Contact Provider		sierranativealliance.org/	(530) 888-8767	Telehealth
Stand Up Placer	Counseling; Domestic Violence; Sexual Assault; Housing	Women; Children; Families	Contact Provider		standupplacer.org/	(800) 575-5352	Telephone; in person
Stanford Sierra Youth & Families	Mental Health; Substance Use; Child Welfare	Children; Transitional Youth; TAY (16-20)	Contact Provider	Monday-Friday 8:30am-5:00pm	youthsolutions.org	(916) 344-0199	Telephone for services
Turning Point	Counseling; Case Management; Psychiatry	Adults	Contact Provider		tcp.org/programs/coloma-center/	(916) 786-3750	Telehealth
Uplift	Counseling; Psychiatry; Food Shelter	Children; Families	Placer County Mental Health Referral	Monday-Friday 8:00am-4:30pm	upliftfs.org	(916) 921-0828	Telehealth
Western Sierra Medical Clinic	Mental Health; Substance Use; Physical Health/Primary Care	ALL	Contact Provider	Monday-Friday 8:00am-5:00pm	wsmcmed.org	(530) 537-3000	
Whole Person Learning	Mental Health; Food; Shelter	Children; Transitional Youth; At risk Youth	Mental Health Referrals from Child Welfare System; Housing Referrals from 833-3Placer	Monday-Friday 8:30am-5:00pm	placer.networkofcare.org	(530) 823-6903	

[CLICK HERE](https://www.placer.ca.gov/coronavirus/resources) to access additional resources on the Placer County Coronavirus Resource page (<https://www.placer.ca.gov/coronavirus/resources>).

As we continue to connect with providers, this information will be updated. If you are a service provider and have changes or additions, please contact: Holiday Johnston at hjohnsto@placer.ca.gov or 530-886-2944