



M E M O R A N D U M
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: May 5, 2020

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: Contract Amendment with the Department of State Hospitals for provision of Conditional Release Program (CONREP)

ACTION REQUESTED

1. Approve an amendment with the California Department of State Hospitals for the Conditional Release Program (CONREP) to increase revenue by \$396,418 for a total dollar amount not to exceed \$1,179,256, and extend the agreement through June 30, 2021, and authorize the Director of Health and Human Services to sign the amendment with Risk Management and County Counsel concurrence and to sign subsequent amendments not to exceed \$100,000 consistent with current agreements subject matter and scope of work and with Risk Management and County Counsel concurrence.
2. Authorize the Director of Health and Human Services the option to renew the agreement for two subsequent one-year periods, and to execute the agreement with Risk Management and County Counsel concurrence and amendments up to \$100,000, consistent with the current agreement's subject matter and scope of work.

BACKGROUND

The Department of State Hospitals (DSH) recently made a recommendation to Placer County to extend the terms of the agreement by one year, for a total of a three-year contract, rather than renewing a two-year contract. This recommendation was made in the interest of balancing and preserving personnel resources during challenging COVID-19 times, while continuing to provide these essential and mandated mental health services.

Since 1986, revenue from the Department of State Hospitals, has funded Placer County's Conditional Release Program (CONREP). CONREP provides mental health treatment and supervision to persons who are required by the legal system to participate in treatment as a condition of their release from the State Hospital. The goal of the program is to ensure greater public safety in communities through mental health assessment, treatment, and supervision to clients in outpatient treatment.

The Placer County CONREP program serves individuals who have been adjudicated through the Placer County Courts as Not Guilty by Reason of Insanity, Incompetent to Stand Trial, along with Mentally Disordered Offenders. Research has shown that this model is effective in reducing recidivism. The outpatient cost is approximately 1/5th the cost of a State hospital placement. In addition, participants are more likely to be employed within the first year of treatment. Treatment helps clients overcome economic and social isolation (these challenges often accompany mental illness) and successfully reintegrate into community life.

The Placer County CONREP program staff currently provides intense supervision, case management, individual/group therapy, monitors medication adherence and conducts home visits and random substance use screening at least twice a month to seven individuals and submits quarterly reports to the courts. In addition to providing this intensive Community Outpatient Treatment, program staff completes biannual community assessments for individuals residing in State Hospitals. Upon discharge from their judicial commitment, eligible Placer County clients will continue to be supported in the community with any and all available Adult System of Care resources.

FISCAL IMPACT:

The program is fully funded with State dollars. The dollars for FY 2019-20 (\$319,419) are included in the Department's FY 2019-20 Final Budget and the dollars for FY 2020-21 (\$396,418) are included in the FY 2020-21 Budget.