



MEMORANDUM
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: June 9, 2020

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: Contract with Crestwood Behavioral Health, Inc. for Long-term Psychiatric Residential Care

ACTION REQUESTED

Approve a contract with Crestwood Behavioral Health, Inc. from July 1, 2020 through June 30, 2022 for mandated medically necessary mental health services for Placer County residents in need of long-term residential psychiatric care in a total amount not to exceed \$2,400,000 and authorize the Director of Health and Human Services to sign the contract with Risk Management and County Counsel concurrence, and subsequent amendments up to \$100,000 consistent with the current agreement's subject matter and scope of work with Risk Management and County Counsel concurrence.

BACKGROUND

Placer County Adult System of Care (ASOC) provides unique and mandated mental health services to over 7,000 adults each year through a continuum of services. This contract accounts for a small percentage of that number who have acute and chronic mental illness, who are unable to provide for their own basic needs due to their mental illness, and who therefore require a higher level of care. Long-term service needs are provided at any of the multiple Crestwood secure treatment facilities. Placement and treatment at these facilities often help avoid higher level of costs at our PHF or other acute inpatient psychiatric units or hospitals.

Crestwood continues to be a leader in providing a variety of treatment options and facilities in the State to those with severe mental illness. Its facilities are utilized by multiple counties. Crestwood offers mental health treatment facilities which provide services directed at improving the living skills of clients with chronic mental disorders to assist them in meeting their rehabilitation goals and re-integrating them back into their community. Examples of skills training provided include social skills, independent living, money management, self-control and symptom management, peer counseling, medication education, substance abuse education, personal hygiene management, and community re-entry skills preparation. Crestwood served 23 of our most chronic and complex clients during FY 2019-20 with the goal of avoiding more expensive acute psychiatric hospitalization and returning them to lower levels of care in their community. During FY 2019-20, 19 of these 23 individuals were moved to a lower level of care.

FISCAL IMPACT

Funding for this two-year contract includes \$960,000 (40 percent) in State funding and \$1,440,000 (60 percent) in County General Fund. The annual amount of \$1,200,000 is included in the Department's FY 2020-21 Budget and the remaining amount of \$1,200,000 will be included in the Department's FY 2021-22 Budget.

This contract is on file with Clerk of the Board for review.

