

More counties, lower premiums

Moving to Blue Shield of California's Trio HMO plan is smart and easy

Blue Shield's Trio HMO plan is designed to give you an affordable way to access a quality, local network of providers and innovative programs.



Lower premiums by relying on a specially selected network of providers working closely together, Trio keeps your premium low



Quality network enjoy access to a quality network of local doctors and hospitals, all committed to help deliver a better care experience



Options for care without leaving your home

- **\$0 for virtual care** doctor consultation with Teladoc
- **\$0 NurseHelp 24/7SM** Immediate, reliable healthcare advice from a registered nurse
- **\$0 first visit for doctor house calls¹** and \$0 prescription delivery fee with HealTM
- **\$0 meal delivery and non-emergency transport services** for qualified members recovering from serious illness



Option to self-refer to specialists² within the same medical group



Enhanced customer service with CalPERS–dedicated Shield Concierge



Extensive pharmacy network including Safeway, Costco, and CVS (including CVS Pharmacy[®] in Target stores)



Urgent and emergency care coverage worldwide



Our CalPERS–dedicated Shield Concierge team is here to help. We can:

- Explain Trio HMO plan benefits
- Find a primary care physician for you and your family
- Transfer your medical records from your current provider
- Move your medications to a Blue Shield participating pharmacy
- Help transition your care from your current healthcare provider if they are not in Blue Shield's network

Take the first step. Switch to Trio HMO. Learn more at blueshieldca.com/calpers.

1 Subsequent Heal visits will typically be your \$15 copay.

2 The *Trio+ Specialist* option allows members direct access to participating specialists in the same medical group or Independent Practice Association (IPA) as their primary care physician for a \$30 copay. Not all medical groups or IPAs participate in this program.

Heal is a trademark of Get Heal, Inc.

NurseHelp 24/7 is a service mark of Blue Shield of California.

