



choice starts here.



## Blue Shield of California's Access+ HMO Plan

The plan that gives you more



**Access** to the **lowest-cost broad network** HMO plan available to CalPERS members.



**Plus** you can **self-refer** to specialists within your medical group without having to see your primary care physician first.\*



**Plus** with **Shield Concierge**, our team of healthcare experts will work with you to help navigate your health plan or answer healthcare questions.



**Plus** you have a choice of **thousands of network pharmacies**, including Safeway/Vons, CVS (including CVS Pharmacy in Target stores), and Costco.



**Plus** get healthy with **Wellvolution**<sup>®</sup> – a personalized online program that gives you the tools you need to help you achieve your health goals, at no additional cost.



**Plus** you will **know your copays** ahead of time and won't have to deal with deductibles or confusing coinsurance charges.

\* The Access+ Specialist<sup>SM</sup> option allows HMO members direct access to participating specialists in the same medical group or Independent Practice Association (IPA) as their primary care physician. Not all medical groups or IPAs participate in this program.

For more information about Access+ HMO<sup>®</sup>, visit [blueshieldca.com/calpers](https://blueshieldca.com/calpers) or call Shield Concierge at **(800) 334-5847**, 7 a.m. to 8 p.m., seven days a week.