



MEMORANDUM
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: September 8, 2020

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: September 2020 as Recovery Month

ACTION REQUESTED

Approve a Proclamation declaring September 2020 as Recovery Month in Placer County.

BACKGROUND

Placer County has made many improvements to our substance use delivery system over the past 2 years. The Drug Organized delivery system went live on November 1, 2018 and this has led to increases in Federal Funding toward treatment services and the ability to claim additional services. Through a variety of funding sources and programs, the substance use teams are able to target specific populations such as persons who are: 1) having co-occurring mental health and substance use, 2) involved in the criminal justice system, 3) women who are pregnant/parenting, and 4) individuals on CalWorks. Placer County staff work with many community partners to provide comprehensive services. In Fiscal Year 19-20 County staff offered treatment to 1636 residents through mental health and substance use screenings and linked 890 of those served to treatment.

In Placer County, many individuals are living productive, satisfying lives, as a result of recovery from a mental health condition, and/or alcohol or drug dependence. Residents of Placer County have experienced that recovery is possible, which is worthy of a celebration. People facing mental and substance use disorders need to know that hope, help, and support are available. Recovery can be achieved on their own, through treatment programs, medication treatment, or with the assistance of peer support, self-help and/or faith-based organizations. There is no one path to recovery. Each person's intervention and treatment is unique to his or her individual needs. All paths to recovery will be celebrated at our 20th annual "Recovery Happens" event on September 12, 2020, at 10:30 a.m. This year's event will be held virtually due to the COVID-19 pandemic.

Recovery Month, officially celebrated each September, has become a year-round initiative that supports educational outreach and celebratory events throughout the year as a reminder that treatment works, and recovery happens. Community partners will join with System of Care staff in sponsoring Placer County's 2020 Recovery Happens celebration.

The national Substance Use and Mental Health Services Administration (SAMHSA) campaign theme this year, "Join the Voices for Recovery: Celebrating Connections" emphasizes the need to share resources and build networks across the country to support recovery. It reminds us that mental and substance use disorders affect us all, and that we are all part of the solution. The event will highlight inspiring stories to help people from all walks of life find their path to hope, health, and personal growth.

Persons in recovery benefit themselves and the community. Successful treatment and recovery

programs have been demonstrated to reduce health care costs and other costs due to lost productivity. Recovery can reduce the number of people in jail, school dropout rates, and the rate of recidivism. It lessens the burden on law enforcement. Most importantly, recovery can improve the quality of life for individuals, their families and for society as a whole.

We are asking the Board to support September 2020 as "Recovery Month" in Placer County, to demonstrate continued commitment to mental health, alcohol and drug treatment, and recovery, and to support our local "Recovery Happens" event on September 12, 2020.

FISCAL IMPACT

There is no fiscal impact as a result of this action.

IN THE MATTER OF A PROCLAMATION DECLARING SEPTEMBER 2020 AS RECOVERY MONTH IN PLACER COUNTY

WHEREAS, in Placer County, many people are living productive, satisfying lives as a result of recovery from a substance use disorder and/or a mental health condition; and

WHEREAS, prevention programs for substance use and/or mental health issues work, treatment is effective, and recovery happens in Placer County and around the nation; and

WHEREAS, preventing and overcoming substance use and/or mental health disorders is essential to achieving a healthy lifestyle, both physically and emotionally; and

WHEREAS, we must encourage relatives and friends of people with substance use and/or mental health disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, residents of Placer County have experienced recovery on their own through treatment programs, with the assistance of peer support, self-help and faith-based organizations, or medication treatment; and

WHEREAS, real stories of long term recovery can inspire others to ask for help and improve their own lives, the lives of their families and our community; and

WHEREAS, successful treatment and recovery programs have been demonstrated to reduce unnecessary County health care costs, reduce costs of lost productivity and increase County productivity by getting more workers into recovery, reduce the number of people in jail and prisons, reduce street and gang violence, reduce school dropout rates, reduce the cost of crime and the rate of recidivism, reduce the burden on law enforcement officials, reduce the total financial drain on our economy, and improve the quality of life for individuals and for society as a whole.

NOW, THEREFORE, BE IT PROCLAIMED, that the above PROCLAMATION was duly passed by the Board of Supervisors of the County of Placer, on behalf of the citizens of Placer County, at a regular meeting held September 8, 2020, proclaiming the month of September 2020 as Recovery Month in Placer County and call upon the people of Placer County to support this year's national Recovery Month theme, Join the Voices for Recovery: Invest in Health, Home, Purpose and Community.

Bonnie Gore, Supervisor, District 1
Chair 2020

Robert M. Weygandt, Supervisor, District 2
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Kirk Uhler, Supervisor, District 4
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