



M E M O R A N D U M
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: January 12, 2021

FROM: Robert Oldham, M.D. , M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: Amendment with North Valley Behavioral Health for FY 2019-21 to operate a 16-bed
Psychiatric Health Facility (PHF)

ACTION REQUESTED

Approve an amendment with North Valley Behavioral Health (NVBH) to increase the contract \$600,000 for overall contract amount not to exceed \$1,326,000 from November 1, 2019, through June 30, 2021, and authorize the Director of Health and Human Services to sign the agreement with Risk Management and County Counsel concurrence, and to sign subsequent amendments not to exceed \$100,000, consistent with the agreement's subject matter and scope of work with Risk Management and County Counsel concurrence.

BACKGROUND

Placer County began a contract with NVBH in 2018 to provide inpatient psychiatric services for our residents experiencing a mental health crisis. This service fills a critical component of the continuum of various mental health services provided to County residents. These services provide necessary, life-saving, and stabilizing care and treatment for adults suffering from acute mental health issues. These individuals are temporarily unable to ensure their own safety to self or others or are unable to adequately care for their basic needs of food, clothing and shelter due to a mental disorder (Welfare & Institutions Code section 5150). A Psychiatric Health Facility (PHF) provides a safe and supportive treatment environment where County and Contractor staff, partner and collaborate in the provision of services until a safe and appropriate discharge into the community takes place.

This agreement was previously amended to include the addition of a third PHF operated by this organization in the Yuba City and Roseville areas. Since the Cirby Hills PHF is increasingly at capacity, it is often necessary to find alternative treatment locations for Placer residents in crisis requiring this highest level of service. The numbers of those individuals experiencing a mental health crisis requiring inpatient level of care has increased over the past 6-9 months. We have ended up utilizing this Contractor more than was initially anticipated and so an increase is needed to continue services with them. Placement of individuals at this facility prevents our County from placing individuals at private psychiatric hospitals, where no Medi-Cal reimbursement is possible. Ultimately this amendment will result in cost savings as we are able to recoup significant Medi-Cal reimbursement.

FISCAL IMPACT

The amendment includes \$600,000 2020-2021. Funding for the amended amount consists of \$534,000 (89%) in State/Federal funding and \$66,000 (11%) in County General Funds. The FY 2020-21 amount is included in the Department's FY 2020-21 Budget.

The amendment is on file with Clerk of the Board.

