

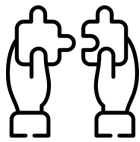
Know the 10 Warning Signs of Alzheimer's Disease

Alzheimer's disease is a progressive brain disorder that damages and eventually destroys brain cells, leading to a loss of memory, thinking and other brain functions. It is not a normal part of aging. Early diagnosis can help to delay or reverse the onset of the disease.



MEMORY LOSS THAT DISRUPTS LIFE

- Forgetting new information
- Forgetting important dates
- Asking the same information over and over



CHANGES IN PLANNING OR SOLVING PROBLEMS

- Difficulty following a plan
- Forgetting familiar recipes
- Difficulty tracking monthly bills or counting change



DIFFICULTY COMPLETING FAMILIAR TASKS

- Forgetting how to drive to a familiar location
- Challenges balancing a budget
- Forgetting the rules to a favorite game



TROUBLE WITH VISUAL IMAGES

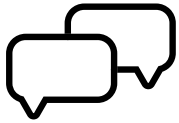
- Difficulty reading or judging distance
- Trouble with driving

Placer County Public Health Division
Healthy Brain Initiative

To learn more visit:

<https://www.placer.ca.gov/7199/Placer-County-Healthy-Brain-Initiative>





PROBLEMS WITH SPEAKING OR WRITING

- Difficulty following or joining a conversation
- Having trouble finding the right word
- Calling items by the wrong name



MISPLACING ITEMS & BEING UNABLE TO FIND THEM

- Placing items in unusual areas
- Not being able to find items



DECREASED OR POOR JUDGEMENT

- Changes in decision-making
- Refusing to bathe
- Spending large amount of money



WITHDRAWAL FROM WORK OR SOCIAL ACTIVITIES

- Disconnecting from hobbies
- Forgetting how to complete a hobby
- Avoiding social activities



CHANGES IN MOOD OR PERSONALITY

- Becoming easily upset
- Mood changes when uncomfortable or confused

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