



M E M O R A N D U M
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: June 8, 2021

FROM: Robert Oldham, M.D., M.P.H., M.S.W., Director of Health and Human Services

SUBJECT: Amendment with North Valley Behavioral Health for FY 2019-21 to operate a 16-bed
Psychiatric Health Facility (PHF)

ACTION REQUESTED

Approve an amendment with North Valley Behavioral Health (NVBH) to increase the contract \$474,000 for overall contract amount not to exceed \$1,800,000 from November 1, 2019, through June 30, 2021, and authorize the Director of Health and Human Services to sign the agreement with Risk Management and County Counsel concurrence, and to sign subsequent amendments not to exceed \$100,000, consistent with the agreement's subject matter and scope of work with Risk Management and County Counsel concurrence.

BACKGROUND

Placer County began a contract with NVBH in 2018 to provide inpatient psychiatric services for our residents experiencing a mental health crisis. This service fills a critical component of the continuum of various mandated mental health services provided to County residents. These services provide necessary, life-saving, and stabilizing care and treatment for adults suffering from acute mental health issues. These individuals are temporarily unable to ensure their own safety to self or others or are unable to adequately care for their basic needs of food, clothing and shelter due to a mental disorder (Welfare & Institutions Code section 5150). A Psychiatric Health Facility (PHF) provides a safe, less expensive and supportive treatment environment where County and Contractor staff collaborate in the provision of services until a safe and appropriate discharge into the community takes place.

This agreement was previously amended to include the addition of a third PHF operated by this organization in the Yuba City and Roseville areas and to increase the overall dollar amount. Since the Cirby Hills PHF is consistently at capacity, it remains necessary to find alternative treatment locations for Placer residents in crisis requiring this highest level of service. The numbers of those individuals experiencing a mental health crisis requiring inpatient level of care has continued to increase over the past 6 months. We continue to highly utilize NVBH more than was anticipated. Whereas private psychiatric hospital costs are 100% County General Funds, placement at this facility allows the County recover 89% of the costs through Medi-Cal.

FISCAL IMPACT

The amendment includes increasing \$474,000 during FY 2020-2021. Funding for the amended amount consists of \$421,860 (89%) in State/Federal funding and \$52,140 (11%) in County General Funds and is included in the Department's FY 2020-21 Budget.

The amendment is on file with Clerk of the Board.

