

MORE THAN JUST A MEAL



Our team of staff, volunteers, community partners, donors, and advocates are all dedicated to ensure Placer County seniors are nourished and not forgotten.

Am I eligible for Meals on Wheels Placer County?

To be eligible for our services, you must be:

- 60 years of age or better
- Living in Placer County

Additional factors contributing to eligibility may include:

Are you homebound or do you need help to leave your home?

Are you unable to prepare meals or shop for yourself?

Have you had a recent hospital stay or ongoing health problems?

Do you live alone or with a caregiver?

Call today for more information

800-878-9222 Ext. 208

MEALS on WHEELS®
PLACER COUNTY

Seniors First