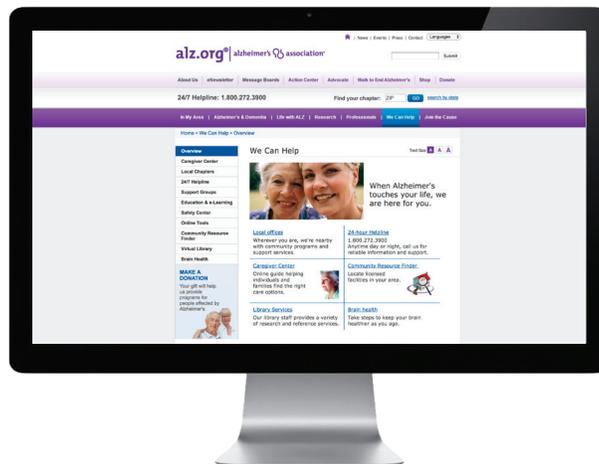


e-Services

The Alzheimer's Association® is committed to helping individuals living with dementia and those who care for them as they face the disease. Our online resources and support make it possible for people to access information and tools wherever and whenever they need them.



connected® You are not alone.

alzconnected.org

FREE

ALZConnected®, powered by the Alzheimer's Association, is an online social networking community designed for people living with Alzheimer's disease or other dementias and their caregivers. Members can connect and communicate with others who understand their unique challenges. They can do so by posing questions and offering solutions to dementia-related issues, creating public and private groups organized around a specific topic, and contributing to message boards.

ALZHEIMER'S navigator®

alzheimer's  **association**®

Map out a plan to approach Alzheimer's.
alz.org/alzheimersnavigator

FREE

A diagnosis of Alzheimer's raises many questions. Alzheimer's Navigator® helps guide individuals living with the disease and their caregivers to answers. This interactive online tool assesses users' needs to create customized action plans of information, support and local resources. Users can access guidance on a range of topics, including legal and financial planning, safety and daily living.



Find Alzheimer's disease-related services in your area.

alz.org/CRF

FREE

The Alzheimer's Association Community Resource Finder makes it easy for individuals with Alzheimer's, their caregivers and others involved in making care-related decisions locate dementia resources, programs and services in their area. With this online tool, powered by CareLike®, users can access a wide range of services to meet immediate needs and plan for the future, including housing and care at home options; legal, medical and community services; diagnostic centers; and Alzheimer's Association programs.



Alzheimer's and dementia online courses available 24/7.

alz.org/education

FREE

Because of the progressive nature of Alzheimer's, an individual living with the disease will require increasing levels of care over time. Learning what to expect and how to implement helpful care strategies can significantly improve quality of life for both the caregiver and the person living with dementia. The Association offers a variety of free educational workshops online and in communities nationwide, including:

- *Healthy Living for Your Brain and Body*
- *Know the 10 Signs: Early Detection Matters*
- *The Basics: Memory Loss, Dementia and Alzheimer's Disease*
- *Legal and Financial Planning for Alzheimer's Disease*
- *Living with Alzheimer's: For People with Alzheimer's*
- *Living with Alzheimer's: For Caregivers (Early, Middle and Late Stage)*
- *Effective Communication Strategies*
- *Understanding and Responding to Dementia-Related Behavior*
- *Dementia Conversations: Driving, Doctor Visits, Legal and Financial Planning*
- *Approaching Alzheimer's: First Responder Training*

alzheimer's  association
trialmatch®

Don't just hope for a cure. Help us find one.

alz.org/trialmatch

FREE

TrialMatch® is a free, easy-to-use clinical studies matching service that connects individuals with Alzheimer's, caregivers, healthy volunteers and physicians with current studies. The continually updated database contains more than 250 research studies currently being conducted at sites across the country and online. By participating in clinical research, everyone can help accelerate progress and provide valuable insight into potential treatments and methods of prevention.

For more information:

Email: eservices@alz.org

Phone: **800.272.3900**

Online: alz.org/care and alz.org/IHaveAlz

Resources in your community: alz.org/CRF

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