



M E M O R A N D U M
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: June 22, 2021

FROM: Robert Oldham, MD, MSHA, Director of Health and Human Services

SUBJECT: Agreements for Short-Term Acute Inpatient Psychiatric Services

ACTION REQUESTED

1. Approve an agreement with Restpadd Health Corp Red Bluff, CA for the period of July 1, 2021 through June 30, 2022 for psychiatric health facility services for a total amount not to exceed \$600,000 and authorize the Director of Health and Human Services to sign the contract with Risk Management and County Counsel concurrence and any subsequent amendments up to \$60,000 consistent with subject matter and scope of work with Risk Management and County Counsel concurrence.
2. Approve an agreement with Restpadd Health Corp Redding, CA for the period of July 1, 2021 through June 30, 2022 for psychiatric health facility services for a total amount not to exceed \$600,000 and authorize the Director of Health and Human Services to sign the contract with Risk Management and County Counsel concurrence and any subsequent amendments up to \$60,000 consistent with subject matter and scope of work with Risk Management and County Counsel concurrence.

BACKGROUND

Placer County System of Care provides mandated mental health crisis intervention services to adults and children who are experiencing a mental health crisis. During FY 2019-20, over 3311 individuals received crisis evaluation services and approximately half of those required inpatient psychiatric hospitalization. If the County Psychiatric Health Facility (PHF) at Cirby Hills is at capacity, individuals are referred to alternate facilities such as other PHFs, Crisis Stabilization Units, or private inpatient psychiatric hospitals (as a last resort). We continue to see an increase in need for inpatient hospitalization and other contracted PHF's have often been at full capacity. Restpadd PHF in Red Bluff continues to accept our clients requiring this level of care to stabilize them and return them to our community.

Maintaining the agreement with the Red Bluff Facility is critical given the shortage of psychiatric beds across the State. The County has contracted with PHF's in other counties, but bed capacity at these PHF's is often full. This option of Restpadd PHF in Red Bluff will further help reduce the burden of crowded emergency departments in our community, while avoiding the most expensive option of private hospitalization. The option of PHF's over private hospitals allows the County to Medi-Cal reimbursement for these inpatient psychiatric admissions and reduces County General Fund dollars.

Adding the agreement with the Redding Facility is critical given the shortage of psychiatric beds across the State. This is a first-time agreement with Restpadd Health Corp for its Redding PHF location. This Redding PHF facility is similar in scope and services to its Red Bluff PHF Facility. The Redding PHF has been operational since 2012 serving 12 Counties in Northern California. They served 537 clients experiencing a mental health crisis in 2020 with an average length of stay of 7.4 days.

FISCAL IMPACT

For each agreement, funding consists of State and Federal revenues and County General Funds. For the Red Bluff Facility this equates to \$570,000 (95%) in State and Federal revenues and \$30,000 (5%) in County General funds and is included in the FY 2021-22 Budget. And, for the Redding Facility agreement it also equals \$570,000 (95%) in State and Federal revenues and \$30,000 (5%) in County General funds and is included in the FY 2021-22 Budget.

The agreements are on file with Clerk of the Board.

