



MEMORANDUM
HEALTH AND HUMAN SERVICES
ADULT SYSTEM OF CARE
County of Placer

TO: Board of Supervisors

DATE: July 27, 2021

FROM: Robert L. Oldham, MD, MSHA, Director of Health and Human Services

SUBJECT: California Psychiatric Transitions Agreement

ACTION REQUESTED

Approve an agreement with California Psychiatric Transitions (CPT) in the amount not to exceed \$550,000 from July 1, 2021 through June 30, 2022 and authorize the Director of Health and Human Services to sign the agreement with Risk Management and County Counsel concurrence, and to sign subsequent amendments up to \$55,000 consistent with the agreement's subject matter and scope of work with Risk Management and County Counsel concurrence.

BACKGROUND

CPT has been a partnering contracted provider with Placer County since January 1, 2013. CPT is an Institution for Mental Disease (IMD) facility. These types of locked facilities offer services directed at providing essential life-saving care and that require 24-hour supervised care. In addition, IMD facilities assist in improving living skills of clients with persistent mental health disorders in meeting their rehabilitation goals and reintegrate them back into their community. Examples of skills training include social skills, self-control and symptom management, independent living, money management, peer counseling, medication education, and substance abuse education. In addition to providing the necessary and required services provided in locked facilities, CPT offers a specialized "Competency Restoration" program and diversion unit that provides intensive and additional services to those persons who have not previously been restored to competency. These persons have been deemed incompetent to stand trial for a crime they are charged with and are often served in the state hospital system.

CPT accepts individuals for treatment that other facilities often decline and who would otherwise remain at a State Hospital or at our County PHF, both of which are more expensive than this alternative CPT setting. During FY 2020-21, CPT treated two of our most vulnerable mentally ill clients. Neither of these clients required a higher level of care during this time period. One of them transitioned to a lower level of care within the past couple of months.

FISCAL IMPACT

This agreement includes \$247,500 (45%) in State funding and \$302,000 (55%) in County General Fund. This expenditure is included in the Department's FY 2021-2022 Budget.

The contract is on file with Clerk of the Board for review.

