



MEMORANDUM
HEALTH AND HUMAN SERVICES
ADULT SYSTEMS OF CARE DIVISION
County of Placer

TO: Honorable Board of Supervisors **DATE:** September 14, 2021
FROM: Robert Oldham, Director of Health and Human Services
BY: Nancy Baggett, Staff Services Manager
SUBJECT: Placer County Older Adult Advisory Commission Annual Report and Placer County Five-Year Plan to Address a Growing Senior Population Fifth Annual Update

ACTION REQUESTED

1. Accept the FY 2020-21 Placer County Older Adult Advisory Commission (OAAC) Annual Report.
2. Accept the Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County - Recommendations and Implementation Fifth Annual Update.

BACKGROUND

California has the second highest life expectancy in the nation and the population aged 60 years and older is expected to grow more than three times as fast as the total population. In Placer County the population aged 60 years and older is expected to grow 190% between 2010-2060. For that same period, the population aged 85 years and older is expected to grow 447%. The impacts of the “silver tsunami” are happening now and Placer County has been proactive in its efforts to ensure the dignity, independence, health, safety, and overall quality of life for its older adults.

In 2004, due to the increasing population of older adults residing in Placer County, the Board of Supervisors established the OAAC to provide a voice for older adults in county government. The OAAC advises the Board of Supervisors and the Department of Health and Human Services on matters affecting the lives of older adults. This past year the OAAC has been actively involved in various organizational, advocacy, legislative, educational and needs assessment activities. Commission members continued to be engaged in the development and implementation of an Aging Disability Resource Connection (ADRC) as a mechanism to meet the Long-Term Services and Supports needs of older adults. They have also increased their knowledge and understanding of older adult services and resources throughout the county by hosting several guest speakers at the regular meetings.

The Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County was created in 2016 to make the community more “livable” for older adults. As a framework, the Plan used the World Health Organization’s eight domains of livability that influence the quality of life of older adults. The Older Adult Advisory Commission (OAAC) took a lead role in developing and supporting the implementation of the Five-Year Plan. Over the last five years

Honorable Board of Supervisors

September 14, 2021

Placer County Older Adult Advisory Commission Annual Report and Placer County Five-Year Plan to Address a Growing Senior Population Fifth Annual Update

Page 2

significant progress has been made to make Placer County more age friendly, particularly in the areas of transportation, housing, community and health services, and communication and information. And yet, there is more work to be done.

With the conclusion of the Five-Year Plan, it is the perfect time to pivot to the State's first-ever Master Plan on Aging (MPA). The MPA will build on the accomplishments of the Five-Year Plan and chart a course locally over the next ten years to make Placer County even more age friendly. The MPA involves collaborative and cross-sector partnerships including Area Agencies on Aging, Aging and Adult Service providers, Public Health, independent living centers, Program of All-Inclusive Care for the Elderly (PACE) programs, non-profit community-based organizations, civic groups, philanthropy organizations, the private sector and more. The OAAC in collaboration with the Placer County ADRC is taking the first steps from the MPA Local Playbook and seeks to hire a consultant to explore local data and conduct a baseline assessment of Placer County's age friendliness. Future MPA steps will involve engaging local leaders, determining local needs and areas of opportunity, selecting MPA initiatives for implementation, and building an action plan.

The HHS Adult System of Care respectfully requests that your Board review and accept the Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County - Recommendations and Implementation Fifth Annual Update.

FISCAL IMPACT

There is no fiscal impact as a result of this action.

ATTACHMENTS

N/A On File Only