

A Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County – Fifth Annual Update

Submitted by Placer County Health and Human Services August 2021

Background

The Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County was created in 2016 to make the community more “livable” for older adults. As a framework, the Plan used the World Health Organization’s eight domains of livability that influence the quality of life of older adults. The Plan was informed through ongoing collaboration by civic groups, community-based organizations, and local government.

As the voice of Placer County older adults, the Older Adult Advisory Commission (OAAC) took a lead role in developing and supporting the implementation of the County Plan. Over the last five years the OAAC discussed and clarified what was needed in our community and determined action steps. In year three the OAAC determined that four of the eight domains were primary areas of focus in Placer County. These domains were prioritized and assigned to Commission members for further needs assessment and advocacy.

Placer County Health & Human Services (HHS) is a member of the OAAC and supported the County Plan through the course of its work operating several older adult services programs. In addition, HHS supported the Plan through its membership with other community-based organizations such as the Placer County Aging and Disability Resource Connections (ADRC), Placer PROTECT (Providing Resources & Outreach to Elderly Citizens Together) and more recently the Placer County Healthy Brain Initiative Advisory Committee. These integral connections supported a coordinated, collaborative effort to further the Five-Year Plan and make Placer County a more livable and age-friendly community for older adults.

Placer County 5-Year Plan for Meeting the Needs of a Growing Senior Population Recommendations and Implementation Plan – Annual Update

1 Communication and Information

The initial emphasis of the 5-Year Plan was to research and promote a method to centralize senior resource information and long-term services and supports through a single point of entry. For several years, the County relied on a Network of Care webpage that provided general resource information to the community, including hours of operation, eligibility requirements, and contact information. However, the extent to which the community was aware of the webpage or utilized it was dubious. Some seniors indicated that reliance on technology was a barrier to accessing information. Most seniors stated that they use the internet, but it was not helpful for them when gathering information because they struggled to maneuver through various dropdowns, queries, and hyperlinks. Many seniors indicated that they prefer to speak with a person when seeking assistance.

On July 1, 2020 Placer County launched the 211 information and referral system, which replaced the Network of Care. The 211 system is a free, confidential, multilingual resource and information hub that connects people with community programs and services through a 24/7 local call center and a searchable webpage. 211 provides a sustainable, single point of entry for older adults and people with disabilities in need of long-term services and supports in Placer County. When the 211 system was developed, there was partnership with established older adult information and assistance providers in the County to incorporate the comprehensive knowledge of local resources they possess. Since its implementation, the 211 service has raised awareness of, and participation in, the many resources, programs, and services available to Placer County older adults and people with disabilities. In 2020 one third of 211 calls were from people age 60+. The top three resource referrals seniors were seeking was housing, healthcare, and food. The number one food resource referral was to Placer Food Bank. There were 175 resource referrals provided to seniors related to housing expense/rental assistance and 317 referrals provided for utility assistance.

An emerging source of information and assistance for older adults that will complement the 211 system is the Aging and Disability Resource Connection (ADRC) of Placer County. The ADRC is a collaboration of partner organizations designed to streamline access to services for people with disabilities, older adults, family members and caregivers. HHS has participated on the ADRC Advisory Committee and supported the designation of an ADRC in Placer County since its inception in 2015. The ADRC has created an Enhanced Information and Assistance (I&A) Protocol, which establishes a systematic process for information sharing, referral, and assistance, to meet the needs of individuals looking for Long-Term Services and Supports (LTSS) options. This system will serve people of all ages, disabilities, and income levels with objective and unbiased information on the full range of LTSS options and when needed, assistance with referral and service connections, coordination, and service delivery. The Enhanced I&A will be provided by four Core Service Providers: Placer Independent Resource Services, Seniors First, Del Oro Caregiver Resource Center, and Agency on Aging-Area 4. The Core Service Providers I&A staff will be trained and certified by the Alliance of Information and Referrals Systems (AIRS) and will utilize a “warm-handoff” technique when referring to extended partners. The ADRC Advisory Committee’s application for designation with the California Department on Aging is currently pending. HHS will continue to support the ADRC as it moves from development to implementation.

With respect to communication and information, there is growing concern regarding the “digital divide” older adults face. As the internet becomes more integrated into everyday life, people who do not use it are more likely to become disenfranchised and disadvantaged. Older adults are acutely impacted as they face lower levels of computer literacy, technophobia, lack of perceived usefulness and physical and cognitive deficits. An internet connection has become less of a luxury and more of a necessity for older adults. Online tools such as social media enable older adults to bridge geographic gaps with their families and remain socially connected. Telemedicine improves communications with doctors, which facilitates healthy aging and physical independence. Internet technology is improving older adults’ ability to age-in-place using in-home sensors and remote-monitoring devices. Online grocery shopping and delivery may be a solution for older adults experiencing food insecurity due to lack of transportation.

Policy makers have begun to recognize the impacts of the digital divide and the COVID-19 pandemic has highlighted the need to narrow it. The Federal Communication Commission (FCC) recently launched an Emergency Broadband Benefit Program that provides a temporary discount on monthly broadband bills for low-income households, including a one-time discount of up to \$100 for a computer or tablet. The 2021-22 California State Budget included a \$6 billion broadband infrastructure investment to create a statewide open-access middle-mile network that will increase access and affordability, as well as last-mile infrastructure funding for remote, underserved areas. The State Budget also included \$50 million one-time funding to establish a grant-based program to connect older adults with technology and provide education and digital literacy training as needed. The State’s Master Plan on Aging includes a one-time \$106 million Older Adult Recovery and Resilience investment that includes \$17 million for Digital Connections through the network of aging and disability services provided by local Area Agencies on Aging. Further, the State’s Home and Community-Based Services Spending Plan (HCBS) leverages enhanced federal Medicaid funding as authorized by the American Rescue Plan Act that includes \$9.5 million to address the digital divide for adults. More specifically, HCBS will provide older adults eligible for Medi-Cal tele-health services with tablets or other devices necessary for telehealth, along with broadband and tech support. Locally, the Agency on Aging – Area 4 has been giving away free Google Home Speakers to adults 60 years of age or older or their informal caregivers. The speakers include wireless internet connectivity, voice recognition and home automation to better connect older adults to the internet. As the technology revolution continues, it is hoped that policy makers, internet services providers, and technology companies will work together to provide older adults with internet access, technology, and digital literacy training, and take an inclusive approach to technology design.

2 Transportation

For older adults, the ability to drive is synonymous with independence and quality of life. Affordable transportation options for older adults who no longer drive is imperative. Placer County’s public transportation options are growing and evolving to meet the needs of older adults in a dynamic, cost effective manner.

The Western Placer Consolidated Transportation Services Agency (WPCTSA) Board of Directors voted to terminate the two non-emergency medical transportation programs called Health Express and My Rides. The Board reallocated funding to a new Placer Rides Transportation Assistance Program that replaces Health Express and My Rides effective July 1, 2021. The change was recommended due to the escalating cost of Health Express and the challenges the program faced with lengthy trips in a large service area. Additionally, the My Rides program had long struggled to find volunteers in the same areas where there were passengers. Too often passengers registered but were never able to get a ride as they expected.

The Placer Rides program is jointly administered by WPCTSA and Seniors First and provides an innovative, cost effective solution to the problems the Health Express and My Rides programs faced. Placer Rides reimburses eligible Placer County Residents on a per-mile basis for eligible trips. Placer Rides is rider-centric rather than volunteer centric. Riders are responsible for securing volunteers within their own network, such as friends, neighbors, and acquaintances, rather than being matched

to a volunteer by program staff. The volunteer drivers use their personal vehicles to provide trips to the rider. This makes trips possible for residents who live in remote areas where there were no registered volunteers available previously. Placer Rides also funds “last resort” transportation for urgent trips where no volunteer or other transportation means can be provided, via network companies (Uber/Lyft), taxi, and ADA transportation services.

Placer Rides expands rider eligibility to include low-income individuals, as well as older adults aged 60 and over and individuals with disabilities. Riders must have difficulty utilizing other forms of public transit due to lack of service at home or destination, inability to pay fare, or difficulty using fixed route transit. All non-emergency medical trips are eligible, such as clinical, dental, vision, preventative screenings, mental health addiction treatment, dialysis, chemotherapy, radiation, and physical therapy. In addition, Placer Rides expands eligible trips to include essential errands, such as food and basic goods shopping, pharmacy trips, correctional and rehabilitation appointments, and government assistance appointments. Other unique trips may be determined eligible on a case-by-case basis by WPCTSA and Seniors First staff.

Placer Rides will serve more Placer County residents for less. The Health Express and My Rides programs covered 100,000 miles annually with 100 unduplicated riders at a cost of \$1.3 million. The new Placer Rides program is expected to cover 800,000 miles annually with more than 300 unduplicated riders at a cost of \$500,000. WPCTSA plans to grow ridership through public outreach in 2021 and pursue funding to expand the service area of the program in 2022.

In addition to the innovative WPCTSA Placer Rides Transportation Assistance Program, Tahoe Truckee Area Regional Transit (TART) is piloting an exciting new microtransit rideshare service for North Lake Tahoe residents called TART Connect. The pilot offers summer service June 2021 to September 2021 and winter service December 2021 to April 2022 from 8:00 am to Midnight, daily. TART Connect offers free, on-demand, curb-to-curb shared-shuttle service using small transit vehicles covering all Placer communities along Lake Tahoe. Passengers can request service through a mobile application that operates like Uber/Lyft or by calling a local telephone number. TART will operate eight small transit vehicles that can complete an estimated 350 trips per day. Trips can include going to and from restaurants, shopping, bus connections, work, beaches and anywhere else within the services areas. This pilot is expected to reduce traffic congestion and will certainly benefit older adults in the area with transportation needs.

TART continues to offer a complimentary ADA taxi service called Placer TART/Paratransit Service. This service is comparable to the level of fixed route bus service, operating 6:00 am to 6:00 pm seven days per week in the same areas served by the TART fixed route buses. TART also offers the Truckee Dial-A-Ride service seven days per week with priority service for older adults and people with disabilities. Trips are door-to-door within the town limits and ADA passengers are free to ride.

For those living in the South Lake Tahoe region, the Tahoe Transportation District (TDD) continues to administer paratransit transportation service for individuals who cannot otherwise use the fixed route system due to specific disabilities or medical conditions. Paratransit operates daily the same hours as the local fixed-route bus service with service to the South Lake Tahoe and Stateline communities. To

assist the community during COVID-19, TDD began offering zero-fare services on all transit routes. The transition to a zero-fare program was intended to increase safety for passengers and operators, enhance efficiency and boost on-time performance. The zero-fare program will be available April 12, 2020 through May 31, 2022. Continuation of fare-free services after that time will be contingent on the availability of additional funding sources.

For older adults who are new to public transit in South Placer County, the WPCTSA offers a Transit Ambassador Program through the City of Roseville. A Transit Ambassador is a volunteer who has been trained to explain the local fixed-route transit systems to passengers, regardless of their experience. They offer friendly, patient and encouraging support to new passengers planning their travels through the South Placer County transit systems.

3 Housing

California has the second highest life expectancy in the nation and the population aged 60 years and older is expected to grow more than three times as fast as the total population. In Placer County the elderly population aged 60 years and older is expected to grow 190% between 2010-2060. For that same period, the population aged 85 years and older is expected to grow 447%. The impacts of the “silver tsunami” are happening now and housing security for low-income older adults has become a significant area of concern.

Rising housing costs compounded by insufficient retirement income, illness, or job loss can quickly result in homelessness for low-income seniors. The Placer County 2020 Homelessness Point-in-Time Count found that 114 individuals experiencing homelessness were aged 60 years and older. This represented 17% of the 744 total persons counted. In May of this year there were 107 individuals aged 65 years and older who were active in the Homeless Management Information System and waiting for more permanent housing.

Placer County has been proactive in its efforts to address the issues of housing insecurity and homelessness. Since 2014 Placer County has been a member of the Homeless Resource Council of the Sierras (HRCS). HRCS is a broad-based coalition of homeless housing and shelter providers, consumers, advocates, and government representatives working together to shape planning and decision making around the issue of homelessness. In 2019 Placer County HRCS created a comprehensive homeless strategic plan that identified key strategies to address homelessness. This year Placer County established the Rent Help Placer program through the Placer County Housing Authority and the City of Roseville. This program offered emergency rent and utility assistance to those experiencing financial hardship due to the COVID-19 pandemic. More recently, Placer County hired an expert firm in the field of homelessness and cross-sector planning to assist with developing best practices for working with the homeless population in the county. The consultant will review data from existing programs and services that currently assist people experiencing homelessness and compare that data to several peer communities and overall best practices to determine the best path forward. Placer County’s ongoing dedication to reducing housing insecurity has resulted in one of the lowest rates of homelessness per 10,000 people compared to neighboring jurisdictions.

Placer County HHS has strived to support the county’s efforts to reduce homelessness, specifically for older adults in the community. The HHS award winning Whole Person Care (WPC) program

coordinates physical health, behavioral health, and social services for at-risk individuals, including older adults, who are high users of multiple services, including hospital emergency departments, probation, mental health and substance use programs, and social services. In coordination with the Placer County Continuum of Care (CoC), WPC offers comprehensive housing services to participants who are homeless or at-risk of homelessness. Housing transition services assist the individual to obtain housing and develop daily living skills, which increases their stability in their new living situation. A review of WPC data from 2020 revealed that 27 participants were aged 65 years and older and 5 were aged 75 years and older.

The HHS Full-Service Partnership (FSP) program provides intensive services to individuals with a serious mental illness, including older adults, by employing a “whatever it takes” approach to help them on their path to wellness, recovery, and resilience. Services include crisis residential, rent subsidies, and supporting new services and funding to augment the CoC for individuals at risk of, or experiencing, homelessness. A review of FSP data from 2020 revealed that 42 FSP participants were aged 60 years or older, one of whom was homeless, and one was homeless but sheltered.

In 2019 the HHS Adult Protective Services (APS) program was among 25 county APS programs selected by the California Department of Social Services to implement the State’s homelessness prevention and rapid re-housing demonstration grant program titled Home Safe. The Home Safe program enabled trained APS staff to provide short-term housing crisis intervention to help APS clients stabilize and recover while maintaining or securing housing. Staff worked with landlords, utility companies, legal services, and other community resources to develop solutions. Home Safe interventions included short-term rental and utility assistance, hoarding interventions/cleaning services, arranging moves, mental health treatment, intensive case management, and more. The Home Safe program was unique in that it focused on homeless prevention and early intervention for vulnerable older adults and people with disabilities, which enhanced Placer County’s CoC. The program concluded in June of this year and served a total of 93 older adults and people with disabilities. Of those served, Home Safe found homes for 20 homeless clients, including 4 veterans. Home Safe intervened to preserve current housing for 36 clients and moved 20 clients into a more stable housing arrangement, thus preventing homelessness for 56 clients. Over \$165,000 was spent on direct client intervention. Home Safe has been included in the 2021-22 California State Budget, with \$92.5 million funding in 2021-22 and \$92.5 million 2022-23, allowing for both appropriations to be spent through June 30, 2024. HHS looks forward to renewing its APS Home Safe program in the coming months and preventing homelessness for many more vulnerable clients.

Early in the COVID-19 pandemic Placer County HHS acted quickly to protect the homeless population from COVID-19 and slow the spread of the disease by establishing a Project Roomkey program. Project Roomkey is a state-directed, coordinated effort to secure hotel and motel rooms in Placer County to be used as temporary residences for quarantining and treating individuals experiencing homelessness who have tested positive for or have a high-risk exposure to COVID-19. High-risk includes older adults aged 65 years and older and/or those suffering from chronic illness. The county currently operates one hotel shelter that provides supportive services, on-site supervision, and meals to residents. In 2020 Project Roomkey completed 414 unique assessments and served 203 homeless individuals in Placer County, 47 of which were aged 65 years and older.

The need for affordable housing in California has become increasingly urgent. Subsidized and affordable housing is offered at the county, state, and federal levels, but the waitlist to get into such a home can be five years or longer. Concurrently, older adults are living longer and their ability to age

in place is becoming tenuous due to financial constraints, loss of independence and isolation. Older adults living on a fixed income are more likely to have severe housing cost burden, spending 50% or more of household income on housing costs. Severe housing cost burden is a risk factor for homelessness. Individual vulnerabilities such as a physical disability or a health condition increase this risk.

An innovative home sharing program, designed to alleviate the affordable housing problem by capitalizing on the numerous unoccupied bedrooms in homes throughout Placer County, was launched in June of this year. The program is called HomeShare American River, which is a project of the non-profit organization Placer People of Faith Together and funded through the Agency on Aging-Area 4. HomeShare American River matches individuals seeking a roommate with individuals seeking housing. The goal is to pair a homeowner who has some needs (e.g., extra income to meeting monthly expenses, light housekeeping, occasional transportation/shopping, computer tutoring) with a home seeker willing to meet those needs, usually in exchange for reduced rent and/or utility costs. Either the home provider or the home seeker would be an older adult, or both parties may be older adults. The program provides end-to-end support for potential home providers and home seekers, including screening, interviewing, advising, matchmaking, trial-matching, customizing agreements (e.g., exchanges of partial rent for household services), and regular check-ins. Services are provided by a mix of paid staff and highly trained, long-term volunteer Matchmakers. The service is cost-free to participants and welcomes applications from people of all ages and nearby areas.

The mutual benefits of home sharing for older adults are many. It saves money for those living on Social Security who could benefit from the additional income and for those in need of housing. It offers companionship for those who are socially isolated, which for many seniors may be more valuable than the financial benefit. It supports independence for homeowners who find the tasks required to maintain their home are more than they can do alone. It offers peace of mind to the family of an older adult knowing their loved one is not alone. It also offers safety should there be a medical emergency or a fall, in which case a housemate will be aware and can seek help. HHS has long supported the creation of a home share program in Placer County and will make every effort to support the program and improve access to affordable housing for older adults.

4 Community and Health Services

With the surge in California's aging population, community-based supports and health services play a central role in enabling older adults to remain safely in their homes and delay or prevent institutionalization. Placer County is home to many nonprofit organizations and local government programs designed to enrich the lives of older adults through a multitude of supports and services. Most services are delivered through the Agency on Aging-Area 4 (AAA4) with Older Americans Act funding. AAA4 funded services are free of charge to eligible clients, typically aged 60 years or older. Services include caregiver support/respite, employment service, health insurance counseling, information and assistance, legal services, nutrition/home delivered meals, peer counseling, elder abuse prevention, long-term care Ombudsman services, residential repairs/modifications and more.

Throughout the COVID-19 pandemic AAA4 and its funded partners ensured services and supports continued for older adults in need. The closure of senior centers displaced those who had been attending senior lunch sites throughout the county. Both Seniors First and Sierra Senior Services transitioned to home delivery and together they provided 34,003 meals to 1,555 older adults. Thanks largely to federal COVID relief funds, these nutrition providers were also able to at least double their

regular Meals on Wheels volume, serving an additional 105,241 meals to 1,103 individuals. The pandemic impacted transportation for older adults as well. To the benefit of 566 Placer County residents, Seniors First continued to provide essential trips (e.g., medical appointments) on 1,407 occasions while also helping others to remain self-quarantined by delivering supplies (e.g., toilet paper) to their homes on 3,648 occasions.

By helping pay for in-home care services, the HHS In-Home Supportive Services (IHSS) program enables almost 4,000 older adults and people with disabilities in Placer County to remain safely in their own home. IHSS is considered an alternative to institutionalized out-of-home care, such as nursing homes or board and care facilities. The types of services which can be authorized through IHSS are housecleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, grooming, and paramedical services), accompaniment to medical appointments, and protective supervision for the mentally impaired. In June of this year, the IHSS program utilized the latest technology to pioneer an automated scheduling application that better supports both IHSS program staff and clients. IHSS launched the Q-Flow software solution that seamlessly integrates with Microsoft Outlook to improve the flow of client appointment scheduling by sending automated text and email reminders to the client. Q-Flow improves IHSS service to the community and streamlines business processes with a greater focus on client support, while reducing staff administrative tasks.

The IHSS Public Authority (PA) program acts as the employer of record for approximately 3,800 IHSS home care providers in Placer County and aids IHSS consumers in finding and hiring a care provider. The PA maintains a provider Registry and matches consumers to providers who meet the consumers' service needs. While the great majority of IHSS consumers have family members providing for their care, there are approximately 706 active consumers who rely on PA Registry services to locate and hire a provider. Of these active Registry consumers, 345 are currently not matched to a provider. There are only 193 active Registry providers available for matching to a Registry consumer, thus there continues to be a shortage of providers. The PA works continuously to identify and recruit new providers in an innovative manner. These efforts are especially critical as the 2021-22 California State Budget included the establishment of a permanent back-up provider system to serve IHSS consumers when their regular provider is unavailable, and the consumer has an immediate need for service. The Back-up provider system will not be implemented until the State Department of Social Services, in consultation with stakeholders, creates a framework to provide to the Legislature and statutes are enacted to define the parameters of the service.

The HSS APS program helps older adults and people with disabilities when they are unable to meet their own needs, or are victims of abuse, neglect, or exploitation. The APS program investigates reports of abuse for those who live in private homes, apartments, hotels, or hospitals. In 2020 the APS program received an average of 175 new cases each month. There was a total of 2,716 allegations of abuse by other, representing 79% of total allegations, and 707 allegations of self-neglect, representing 21% of total allegations. In response to the COVID-19 pandemic, the Federal Department of Health and Human Services Administration of Community Living appropriated funds to county APS programs statewide to enhance and improve protective services through September 30, 2022. Placer County APS is planning to use the funds to assist APS clients whose health has been impacted by the COVID-19 pandemic. APS plans to hire a Registered Nurse or Licensed Vocational Nurse who will visit APS clients in the home and provide services and support. Services will include assessing for immediate/emergency medical needs, reviewing medications and medical records,

engaging other needed health professionals, placement coordination, assessing client decision-making capacity to direct their own care, assisting client navigation of health care system and health insurance benefits, and assessing health and safety hazards. The nurse will also make needed health-related purchases for items such as a blood pressure monitor, nutritional supplements, incontinence supplies, durable medical equipment for toileting and bathing, diabetic supplies, medication management devices and more.

The number of Americans living with Alzheimer's Disease is growing fast. This year in California approximately 690,000 people aged 65 years and older are living with Alzheimer's dementia. By 2025, that number is expected to grow to 840,000, an increase of 21.7%. HHS Public Health is taking the lead to create a dementia-friendly community in Placer County and was one of six local health jurisdictions in the State to be awarded funding through the U.S. Centers for Disease Control and Prevention Healthy Brain Initiative. Public Health has brought key stakeholders together to form a diverse, community-wide Healthy Brains Initiative Advisory Committee, which enables information sharing, planning and collaboration. It has also established a roadmap by identifying four objectives to ensure that all residents with dementia, related cognitive impairments, and their caregivers have access to the necessary supports and resources so they may remain independent and fulfilled in their community. The four objectives are: 1) Create a widespread public awareness campaign to reduce the stigma associated with Alzheimer's disease and promote community services in Placer County, 2) Increase the number of individuals who are aware of and/or seek out regular cognitive assessments by providing strategic education on the warning signs of Alzheimer's Disease and the importance of early detection, 3) In partnership with local law enforcement agencies within Placer County, implement Project Lifesaver to protect and support individuals living with Alzheimer's disease who are most likely to wander, and 4) Implement and/or expand at least one dementia-friendly micro-transit program. The Public Health Healthy Brains Initiative will continue its work optimizing the health, wellbeing, and functioning of people living with Alzheimer's and other dementias in Placer County through June 30, 2022.

The Placer County Senior Peer Counseling (SPC) program has been operated by the HHS Adult System of care for over 25 years. SPC provides confidential, short-term, in-home, or virtual peer counseling and is free to Placer County residents who are age 55 years and older. Older adult volunteers are trained to become Peer Counselors who are matched with older adult clients in the community. For some people it is helpful to talk to someone removed from the situation and near their own age. The Peer Counselors are in a unique position to help because they bring their own life experience and are trained to listen, support, and gently coach the client towards their stated goals. Peer Counselors help clients work through issues such as family conflict, adjustment to health or living situation, loss of independence (e.g., loss of driver's license), caregiver stress, isolation/loneliness, depression, and other age-related transitional concerns. This year HHS took the opportunity to request proposals from community-based organizations to operate the SPC program. The local non-profit organization Beautiful Minds Wellness was selected and the SPC program has merged well with the organization's mission to inspire and connect individuals from every walk of life with compassionate, whole-person mental health services, enabling healthy, life-long transformation. SPC currently has seven active Peer Counselors and in 2020 they spent an average of 94 voluntary hours with clients each month. In 2020, 52 clients were screened for SPC services and 42 were connected to a Peer Counselor. Through

the new HHS partnership with Beautiful Minds, the SPC program will continue its work to assist older adults in Placer County find a sense of autonomy, purpose, and improved mental health.

Conclusion

Over the last five years significant efforts have been made to meet the needs of a growing senior population in Placer County. There has been much progress in the areas of transportation, housing, community and health services, and communication and information. And yet there is more work to be done. With the Placer County Five-Year Plan concluding, it is the perfect time to pivot to the State's first-ever Master Plan on Aging (MPA).

The MPA serves as a 10-year blueprint that can be used by state government, local communities, private organizations, and philanthropy to build environments that promote an age-friendly California. The MPA outlines five goals with twenty-three action areas and over 100 specific initiatives for implementation. The goals are: 1) building housing for all ages, 2) improving access to health services, 3) providing inclusive opportunities for older adults to live and work without fear of abuse and neglect, 4) bolstering the caregiving workforce, and 5) increasing economic security for aging Californians. The MPA also provides a Local Playbook with tools and resources communities can use to create their own tailor-made strategies on aging, disability, and dementia.

Whereas the Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County was driven by HHS and the OAAC, the MPA requires a much larger coalition to be successful. The MPA involves collaborative and cross-sector partnerships including Area Agencies on Aging, Aging and Adult Service providers, Public Health, independent living centers, Program of All-Inclusive Care for the Elderly (PACE) programs, non-profit community-based organizations, civic groups, philanthropy organizations, the private sector and more. The OAAC in collaboration with the Placer County ADRC is taking the first steps from the MPA Local Playbook and seeks to hire a consultant to explore local data and conduct a baseline assessment of Placer County's age friendliness. Future MPA steps will involve engaging local leaders, determining local needs and areas of opportunity, selecting MPA initiatives for implementation, and building an action plan. The MPA will build on the accomplishments of the Five-Year Plan and chart a course locally over the next ten years to make Placer County even more age friendly.



**PLACER COUNTY
OLDER ADULT ADVISORY COMMISSION**

Annual Report

July 1, 2020 – June 30, 2021

Older Adult Advisory Commission (OAAC)
2020- 2021 Annual Report

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Acknowledgements

This report would not have been possible without the support and help of all the Placer County Older Adult Advisory Commission (OAAC) members (Listed in Appendix B: OAAC Member Roster) and the OAAC Executive Committee:

Michelle Nevins	Chairperson
Eldon Luce	First Vice-Chairperson
William Reed	Second Vice-Chairperson
Stephanie Vierstra	Executive Secretary

and County staff:

Colby Hytoff	Program Manager, Adult System of Care (ASOC)
Nicolle Allen	Senior Administrative Clerk (ASOC)

Honorable Members of the Board of Supervisors:

This report marks the 17-year anniversary of the Placer County Older Adult Advisory Commission (OAAC). It is an honor to be involved with this Commission, a dedicated and passionate group of volunteers who come together with the goal of advising both the Placer County Board of Supervisors and the Department of Health and Human Services on matters we feel would improve the quality of life for the more than 100,000 older adults in our County.

There are many highlights from Fiscal Year 2020/21. Members stepped up to provide free education in the community on worthwhile topics. For example, Ben Eagleton, Attorney at Law, worked with the Placer County Superior Court and the Bar Association to provide a Probate Workshop for the community. Simple appointments were subsequently offered to support individuals with specific probate questions. Additionally, Member Jackie Smith launched a Town Hall Meeting, Stand Up Placer. Members were also educated on a variety of topics, including Mental Health awareness and the Senior Peer Counseling Program administered by Beautiful Minds. FREED also shared a worthwhile presentation on California's Master Plan on Aging and the five goals. It is also important to note that former Commission Member, Suzanne Jones was elected and sworn in as a new County Supervisor. The year was fruitful and information about our activities are further detailed in this report for your review.

Challenges persisted due to the global health pandemic, COVID-19, the viral infection caused by SARS-CoV-2. As Older adults over 65 and individuals with underlying medical conditions were among the first to be vaccinated, Commission Members worked to educate their respective communities about access. Placer County and the dedicated community-based staff provided much needed services and support for the older adults in our region with expanded services, information, and support.

We look forward to our 18th year with renewed hope and resolve to enhance the lives of our growing older adult community.

Sincerely,
Michelle Nevins, Chairperson
Older Adult Advisory Commission

**Older Adult Advisory Commission
2020 - 2021 Annual Report
Executive Summary**

On May 25, 2004, the Placer County Board of Supervisors passed Resolution Number 2004-121 establishing the Older Adult Advisory Commission (OAAC) to serve as Placer County's Commission on Aging. One of the duties of the Commission is to submit, to the Board of Supervisors, an Annual Report on OAAC activities during the report year. Consistent with that responsibility, the Commissioners are pleased to submit this Annual Report.

As illustrated in this report, the OAAC participated in organizational, advocacy, legislative, educational and needs assessment activities; as well as making significant progress toward successful accomplishment of its goals for the year.

During 2021/22 the OAAC will continue with what has become standard practice, i.e., assessing the needs of Placer's older adult residents, and expanding the visibility of the OAAC, outreaching to older adults, and enhancing communication with the Board of Supervisors and other County departments.

In addition, the Commission will explore, and if indicated, recommend modification of the Commission's currently defined role, structure, membership categories and relationships with other county entities and departments, relative to the development and implementation of the State Master Plan on Aging at a local level.

As can be seen by the goals set by the Commission; the OAAC plans on another busy and productive year in 2021/22. Commission members are honored to serve and to present and invite you to read this, the Older Adult Advisory Commission Annual Report.

Introduction

Due to the increasing population of older adults (60+ years of age) residing in Placer County, it was in the interest of both the County and the older adult community to designate a commission to be responsible for advising the Board of Supervisors on issues affecting the lives of older adults. Therefore, on May 25, 2004, the Placer County Board of Supervisors passed Resolution Number 2004-121 establishing the Older Adult Advisory Commission (OAAC) to serve as Placer County's Commission on Aging.

Duties of the Commission include submitting to the Board of Supervisors an Annual Report on activities of the OAAC. The Commissioners are pleased to submit this, the fifteenth OAAC annual report.

Overview of the OAAC

As per Commission Bylaws¹:

- Mission: The Placer County Older Adult Advisory Commission provides a voice for older adults in county government and advises the Placer County Board of Supervisors and the Department of Health and Human Services on matters that improve the quality of life for Placer County's older adults.
- Goals: It is the overall goal of the Commission to promote the well-being of life for older adults of Placer County by advising the Placer County Board of Supervisors on issues affecting the lives of older adults.
- Responsibilities: The Commission serves in an advisory capacity to the County Board of Supervisors and the Department of Health and Human Services (HHS). The Commission reports through HHS. HHS will provide staff support to the Commission; and will provide relevant information (e.g., County budgets, plans for services for older adults, policies and programs, funding applications) required to fulfill the Commission's responsibilities and duties.
- Duties: Commission duties fall into the general categories of advising, assisting, advocating, and making recommendations relative to the needs of Placer County's older adults. See Appendix A - Article VII, Duties, page 12.
- Membership²: The Board of Supervisors appoints OAAC members that reside or work in Placer County; have an interest in issues affecting older adults; and, have the time and willingness to serve. Commission membership is diverse and representative of the Supervisorial Districts, the public at large, and

¹ Appendix A - OAAC Bylaws

² Appendix B - OAAC Member Roster

governmental and not-for-profit organizations providing services to Placer County older adults.

Activities and Accomplishments 2020/21: The OAAC has continued to be actively involved in various organizational, advocacy, legislative, educational and needs assessment activities.

Advocacy Activities: OAAC members are actively involved in the development and implementation of a Placer County Aging and Disability Resource Connection (ADRC). As discussed last FY, the California Department of Aging (CDA) redefined the process to become an ADRC and now Placer County is an “Emerging ADRC,” working towards designation once again. A dedicated group comprised of the core partners, Agency on Aging, Area 4, PIRS, Senior’s First and Del Oro Caregiver Resource Center are working together to redefine protocols and have resubmitted the paperwork to CDA once again.

The vision to create the Placer County ADRC began In November of 2013 when the Placer County Older Adult Advisory Commission (Commission on Aging) began discussing the Aging and Disability Resource Connection (ADRC) Model and the potential of implementing the model in Placer County. Seeing the advantages of an ADRC, on September 15, 2015, the Older Adult Advisory Commission (OAAC) hosted a Community Forum on the ADRC Model. It was decided that the next step would be to establish an ADRC Advisory Committee. A broad-based Advisory Committee was recruited and began meeting in March of 2016, including representation from local providers of long-term services and supports (LTSS), the County of Placer, Veterans services, hospitals, managed care providers and consumers.

The Placer County Aging and Disability Resource Connection will provide access to a coordinated network of services and supports using a “person-centered no wrong door” system, promoting, and enhancing independent, safe and healthy living for our aging and disabled populations and their circles of support. Services in Placer County include:

- Enhanced Information, Referral, and Awareness
- Options Counseling and Assistance
- Short Term Service Coordination
- Person-Centered Transition Support

OAAC members have continued to advocate for older adults through participation with a vast number of local organizations and committees:

- Best Step, transportation committees (PCTPA/CTSA)
- Social Services Transportation Advisory Committee
- Placer County Municipal Advisory Committees (MACs)
- Sierra Senior Services
- Sun City Communities

- Senior Peer Counseling
- Agency on Aging /Area 4 (AAA4)
- California Senior Legislature, California Alliance for Retired Americans (CARA)
- Older Adult Collaborative
- California Association of Caregiver Resource Centers
- Alzheimer's Association Program Advisory Committee
- Roseville Senior Commission
- Sacramento County Adult and Aging Commission
- Triple A Council of California
- Placer Independent Resource Services
- Seniors First
- IHSS Advisory Committee
- Adult Disability Resource Connection (ADRC)
- Advisory Committee
- Placer County Campaign for Community Wellness
- Dewitt Master Plan Group
- Homeless Resource Council of the Sierras
- Placer Consortium on Homelessness and Committee for a Permanent Homelessness Shelter
- Auburn Senior Center
- Lincoln Senior Center
- Del Oro Caregiver Resource Center
- California Bar Association
- Placer Protect
- State Council for Developmental Disabilities
- IHSS Consumer Alliance
- UDW Union
- Placer County Senior Peer Counseling Program
- California Lawyers Association, Trusts and Estates Section
- Placer County Bar Association, Probate and Estate Planning Section
- Voluntary Legal Services of Northern California
- Community Educator (Legal/Financial) with the Alzheimer's Association
- American River College, Legal Studies Advisory Committee
- Auburn Interfaith Food Closet Homebound Senior Grocery Delivery Program
- Placer County Mental Health Alcohol & Drug Advisory Board, Placer County Campaign for Community Wellness
- Placer County Culture & Linguistic Competency Council
- Placer Race Equity Access Diversity Inclusion
- Placer County Workforce Education & Training Committee
- Placer County Parents Families and Friends of Lesbians and Gays, Board of Directors
- Placer Collaborative Network

Legislative Activities: Through the Commission's association with the California Senior Legislature, Agency on Aging, Area 4 Advisory Council's Legislation Committee, California Alliance for Retired Americans, and AARP's legislative activities, the OAAC has continued to be involved in reviewing legislation impacting older adults. Members attended Advocacy Day through the CCLTSS to advocate for older adults in the rural areas and the digital divide. Additionally, the OAAC reviewed the Placer County Legislative Platform and made recommendations to the Board of Supervisors.

Educational Activities: Commission members have increased their knowledge and understanding of older adult services and resources throughout the county. This was accomplished through hosting guest speakers at our regular meetings; presentation topics included:

- California Master Plan on Aging
- Confronting Ageism and Ableism in the Pandemic Wake
- Introduction to Aging in the LGBTQ Community
- Rent Help Placer County
- Beautiful Minds: Senior Peer Counseling
- Connecting Point, Placer County 211
- Placer County Superior Court, Legal Self-Help
- Placer Rides
- HomeShare American River

Report on 2020/21 OAAC Goals: OAAC goals were focused on four of the eight domains selected as priority, based on critical needs in Placer County; 1) housing, 2) transportation, 3) communication and information, and 4) community and health information. Each commissioner selected a domain and these groups have focused their efforts on updating and accomplishing the goals set forth in the five-year plan for older adults in Placer County.

Goal: The OAAC will explore, research, and evaluate the needs of older adults in the areas of; communication and information, transportation, housing, and community and health services.

Report:

Communication and Information

- Members routinely shared their activities and involvement in the community, albeit remote this year. Additionally, OAAC members discussed service gaps and how to effectively share information about services in the community for older adults.

- Members were educated on the launch of Placer County 211 through Connecting Point to provide an understanding of how the program works and advise older adults as to what to expect when they phone.
- Launched a Cultural Competency Liaison of the commission to ensure Members are knowledgeable and sensitive to the diversity within our County.
- Worked to assure OAAC members who are representatives to the AAA4 participate fully in assigned AAA4 activities sharing Placer County concerns/issues and bring all relevant information from these activities back to the OAAC.
- Members continued to promote Placer Alert.org to get updated information in case of an emergency using social media outlets and other means to encourage participation.
- Continued to support the re-designation of and implementation of the Placer County Aging and Disability Resource Connection (ADRC) model of service delivery and coordination.

Transportation

- Commission members were provided with brief introduction to the Placer My Rides program, which will offer a more flexible alternative to transportation and help cover the cost for individuals in need.
- Continued to support the development and implementation of the Placer County Aging and Disability Resource Connection (ADRC) model of service delivery and coordination.

Housing

- Commission Members continued to hear reports on needs of older adults, including affordable housing due to rising housing costs.
- Our Older Adult Housing Liaison reminded Members that Placer County has staff available to assist residents with the permit process for Accessory Dwelling Units and Junior Accessory Dwelling Units.
- Members were made aware of the 79-unit Mercy housing project site preparation is underway, and the groundbreaking ceremony occurred in the summer of 2020.
- Statistics were made available by Colby Hytoff, ASOC Program Manager to educate Commissioners regarding the fact that one fourth of adults missed their last housing payment or expect to miss their next one.
- Efforts to provide awareness of landlord and tenant protections, including a moratorium on evictions for nonpayment of rent as related to a hardship due to COVID-19 were discussed with relevant information for Members to educate older adults.

- HomeShare American River, an innovative home sharing program was launched, and Members were educated on this project through a collaboration from Placer People of Faith Together and funded by Agency on Aging, Area 4. We look forward to sharing this program with the community to help locate opportunities for both the host and those in need of housing.

Community and Health Services

- Commission members increased awareness and capacity of coordinated in-home programs including Friendly Visitors and Senior Peer Counselors, by disbursing information through programs serving older adults such as Meals on Wheels Placer County, Caregiver Support Groups and through non-profit social media accounts.
- Member Vierstra, Executive Director Senior's First shared the number of Meals on Wheels clients has doubled, from 200 clients and 24 routes to 455 clients and 55 routes due to additional funding made available through AAA4.
- Statistics were made available by Colby Hytoff, ASOC Program Manager to educate Commissioners regarding the fact that nearly 6 in 10 Californians live in households that have lost employment since the pandemic began. This coupled with rising statistics surrounding APS cases were reported.
- Continued to support the development and implementation of the Placer County Aging and Disability Resource Connection (ADRC) model of service delivery and coordination.

2021/22 OAAC Goals

During 2020/21 the OAAC will continue with what have become standard practice, i.e., assessing the needs of Placer's older adult residents, expanding the visibility of the OAAC, outreaching to older adults, and enhancing communication with the Board of Supervisors and other County departments. Additionally, as the Five-Year Plan for Meeting the Needs of a Growing Senior Population in Placer County has concluded, the OAAC will pivot to take the first steps toward local implementation of California's Master Plan on Aging (MPA). The five goals of the MPA are 1) building housing for all ages, 2) improving access to health services, 3) providing inclusive opportunities for older adults to live and work without fear of abuse and neglect, 4) bolstering the caregiving workforce, and 5) increasing economic security for aging Californians. We look forward to using the MPA as a guidebook to make Placer County even more age friendly.

The reportable goals for 2021/22, will be:

To work to implement the goals of California's Master Plan on Aging at a local level and the re-designation of the Placer County Aging and Disability Resource Connection (ADRC) model of service delivery and coordination.

Conclusion

In summary, Fiscal Year 2020-21 was a productive year for the OAAC, despite the trials of COVID-19 for the older adults in our County. Our members are dedicated and passionate about older adult issues and work to ensure the Commission continues to fulfill its mission to provide voice and advocacy for Placer County's senior residents. The OAAC has also developed a strong, collaborative relationship with Placer County Health and Human Services, Adult System of Care to cooperatively meet the needs of a growing senior population.

Commission members all agree that service on the OAAC has been an honor. We look forward to continuing to advise the Board of Supervisors and the Department of Health and Human Services and to serving Placer County's older adults in coming year.

Placer County Older Adult Advisory Commission

Bylaws

PREAMBLE

The population of older adults residing in Placer County is increasing. It is in the interests of both the County and the older adult community to designate a commission to be responsible for advising the Board of Supervisors on issues affecting the lives of older adults.

ARTICLE I, ORGANIZATION NAME

The name of this commission shall be the Placer County Older Adult Advisory Commission, hereinafter referred to as the "Commission."

ARTICLE II, GEOGRAPHIC BOUNDARIES

The boundaries and jurisdiction of the Commission shall be the same geographical boundaries of Placer County, California, including all incorporated cities within the county.

ARTICLE III, MISSION

The Placer County Older Adult Advisory Commission provides a voice for older adults in county government and advises the Placer County Board of Supervisors and the Department of Health and Human Services on matters that improve the quality of life for Placer County's older adults.

ARTICLE IV, GOALS

It is the overall goal of the Commission to promote the well-being and to enhance the quality of life for older adults of Placer County by advising the Placer County Board of Supervisors on issues affecting the lives of older adults.

ARTICLE V, RESPONSIBILITIES

The Commission serves in an advisory capacity to the County Board of Supervisors and the Department of Health and Human Services (HHS). The Commission reports through HHS. HHS will provide staff support to the Commission; and will provide relevant information (e.g., County budgets, plans for services for older adults, policies and programs, funding applications) required to fulfill the Commission's responsibilities and duties.

ARTICLE VI, MEMBERSHIP

A. The County Board of Supervisors shall appoint all voting members.

B. All members shall reside or work in Placer County and have an interest in issues affecting older adults and have the time and willingness to serve regardless of age.

C. Each Commissioner shall be qualified, by experience, profession, and/or training, so as to be able to apply his or her knowledge, understanding and background with integrity and in keeping with the needs and resources of older adults in Placer County. To the best of our ability, Commissioners shall be a representation of the population and geography of the County. Any and all appointments shall not be based upon any age restrictions or criteria.

D. Nineteen (19) total voting Commissioners shall be appointed to include a minimum of one representative from each Supervisorial District (5 members). All applicants are required to attend two (2) meetings prior to formal consideration by the Commission and subsequent approval by the Board of Supervisors.

E. Commission appointments are intended to provide the County with knowledgeable, dedicated advisors. If a Commissioner is absent, they must communicate this in advance of the meeting, or it is not excused. If a Commissioner missed more than three meetings annually, the Executive Board may review the circumstances of the absences and if they deem it necessary, recommend to the Board of Supervisors that the chronically absent Commissioner be replaced.

F. All Commission business must be heard and acted upon by a quorum of 50%, plus one of the elected Commissioners.

G. In addition to the voting members, the Commission shall include non-voting members from the following organizations:

- Board of Supervisors member, or member's designee
- Department of Health and Human Services liaison
- Representative from the Agency on Aging, Area 4

H. In Accordance with the Brown Act, all Commission meetings are for the public good and shall be open to the public. Any non-Commissioner may request an opportunity to speak during the public comment portion of the general Commission meeting.

ARTICLE VII, DUTIES OF COMMISSIONERS

Representative duties may include, but not necessarily be limited to:

A. Holding scheduled monthly meetings and abiding by all requirements of the Brown Act;

B. Advising the Department of Health and Human Services and the Board of Supervisors on the needs of Placer County's older adults, and advocating for services that meet the needs of older adults in Placer County;

C. Providing assistance and advice regarding the development of a comprehensive, planned network of services for Placer County older adults;

D. Seeking input from key community groups such as Municipal Advisory Committees (MACs) in reviewing and advising on County programs and actions affecting Placer County older adults;

E. Providing assistance and advice regarding the development of policy concerning services needed by older adults and for the stimulation and coordination of the development of such services;

F. Reviewing and making recommendations regarding action upon applications for state and federal aid, and on other applications for funding of service programs for older adults in Placer County; and

G. Submitting to the Board of Supervisors an Annual Report on the status of services for older adults and making such interim reports and advisory presentations as it and/or the Department of Health and Human Services and the Board of Supervisors may deem necessary.

ARTICLE VIII, COMPENSATION OF COMMISSIONERS

Commission members are appointed by, and serve at the pleasure of, the County Board of Supervisors; and (unless a dedicated non-county source of funding is available) Commission members shall serve without compensation. However, appointed Commission members shall be reimbursed (excluding costs of attending general Commission and committee meetings) for actual and necessary expenses incurred while performing official duties.

ARTICLE IX, MEMBER TERM OF OFFICE

Commissioners are limited to three (3), two-year terms, for a total of six (6) years of service. Thereafter, Commissioners are expected to reapply and be reconsidered with pool of applicants.

ARTICLE X, COMMISSION OFFICERS

A. The Commission shall elect officers to form an Executive Committee.

B. Only appointed (Voting) Commission members shall serve as officers.

C. The Executive Committee shall include the following officers who shall conduct all meetings and be chaired according to the following hierarchy. In the event of an absence the next officer in line shall conduct the current meeting.

- Chairperson
- 1st Vice-Chairperson

- 2nd Vice-Chairperson
- Executive Secretary

ARTICLE XI, DUTIES OF OFFICERS

Representative duties may include, but not necessarily be limited to:

A. The Chairperson shall preside and conduct all meetings of the Commission in a manner consistent with these bylaws, see that the published agendas are adhered to, ensure that all participants have equal opportunity to be heard, and encourage civility throughout.

B. The Executive Committee is the only standing committee and will follow all Brown Act procedures for convening. The Executive Committee may convene as necessary, so long as Brown Act rules and procedures are followed. The Executive Committee plans general meeting agendas, discusses matters of chronic Commissioner absenteeism, reviews new Commissioner Applications, and other Commission affairs as needed.

ARTICLE XII, EXECUTIVE COMMITTEE TERM OF OFFICE

A. Officers shall serve two-year terms.

B. Officers can be elected to serve no more than two consecutive terms in any officer position.

C. Executive Committee members may be elected to differing offices every two years without restriction.

ARTICLE XIII, NOMINATIONS AND ELECTION OF OFFICERS

A. A slate of nominations shall be prepared by a Nominating Committee (Ad Hoc Committee) elected by the membership, and submitted to the Commission membership at the May general meeting of each election year. Any member may make additional nominations from the floor of the general meeting, provided prior consent has been obtained from the nominee and shall have a place on the ballot.

B. The election of the Officers shall be held at the end of the June general meeting of the Commission. In case of more than one nominee for an office, the method of voting shall be by ballot.

C. In the event of an election tie, a tiebreaker vote shall immediately be held by ballot. If another tie occurs, the runners up shall be given five (5) minutes each to present their respective positions, and then another ballot shall be held until a winner is reached.

ARTICLE XIV, INSTALLATION OF OFFICERS

The newly elected Officers shall be installed at the end of the June meeting of the Commission each election year, and shall hold office for the following two (2) years.

ARTICLE XV, REPLACEMENT OF OFFICERS

A. In the event of death, resignation or failure to perform the duties of their office on the part of any elected Officer of the Commission, the Executive Committee shall have the authority to make interim appointments to fill the vacancy, subject to the approval of the Commission membership at the next regularly scheduled meeting.

B. At the next regularly scheduled meeting, the Chairperson shall declare the office vacant. The Commission shall then, by a simple majority vote, either elect a member to fill the office so vacated, or approve or disapprove an interim appointment made by virtue of Section A of this Article.

ARTICLE XVI, COMMITTEES

Only appointed Commission members shall serve as committee chairs. However, except on the Executive Committee, other interested parties (non-Commission members) may serve on committees. The Commission shall have but not be limited to the following committees:

A. **Executive Committee** - The Commission Chairperson shall serve as Executive Committee Chair. The membership shall include elected Commission officers and the Health and Human Services Director and/or designated staff.

B. **Ad Hoc Committees:** Other committees may be established, as needed, by a vote of the Commission membership. The membership shall elect a Chairperson for each of these committees.

ARTICLE XVII, RULES OF CONDUCT

All meetings shall follow the regularly published agendas in a manner conducive to civil discussion and inclusive participation of all commissioners, guests and the public. In the event of undue discord, the Chairperson shall have the power to excuse the offending parties. All matters of conduct not specifically addressed in these bylaws shall be governed by Robert's Rules of Order (latest edition).

ARTICLE XVIII, AMENDMENTS

These bylaws may be amended by a two-thirds (2/3) vote of a Commission Quorum at any regular meeting, provided a copy of the proposed amendments shall have been given to each voting member prior to the meeting. Proposed amendments shall be submitted in writing to the Executive Committee, which may edit the proposal in cooperation with the member submitting it. Arrangements may then be made to prepare and distribute the required copies

to its membership. The Placer County Board of Supervisors shall approve any changes to the bylaws before they take effect.

These Bylaws were previously adopted by the Older Adult Advisory Commission on February 17, 2005. These Bylaws were then amended by the Older Adult Advisory Commission on May 15, 2018 and approved by the Board of Supervisors on July 10, 2018.

**Placer County
Older Adult Advisory Commission**

Member Roster

(As of June 2021)

Voting Members

Seat #	Name	Representing
1	Murial Moore	District 1
2	Michelle Nevins	District 2
3	Russell Loop	District 3
4	Karen Flanagan	District 4
5	Leslie Brewer	District 5
6	Jim Williams	
7	William Reed	
8	Claire Buckley	
9	VACANT	
10	Benjamin Eagleton	
11	VACANT	
12	VACANT	
13	Gloria Plasencia	
14	Stephanie Vierstra	
15	Kristina Blocker	
16	VACANT	
17	Eldon Luce	
18	Barbara Knapp	
19	VACANT	

Non-Voting Members

20	Jim Holmes	Board of Supervisors
21	Colby Hytoff	Program Manager, ASOC
22	Clayton Wyatt	Area 4 Agency on Aging
	Beverly Roberts	Aide, Board of Supervisors
	Nicole Allen	Sr Administrative Clerk, ASOC