Help fight stigma.

Share your story.

Speakers share their stories of living in recovery from mental illness with various audiences (school groups, law enforcement, clinicians & more)

Peer-to-peer engagement

Participants are coached and supported through the process of developing and rehearsing their speech

Speakers receive a stipend for each speech given

Program has been provided, in part, by County of Placer’s Mental Health Services Act funding.

JOIN THE PLACER COUNTY SPEAKERS BUREAU

Sharing stories of mental illness or substance use disorders

About the program

Monthly Meetings

2nd Thursday of the month from 6 pm to 7:30 pm
Zoom meeting
4th Thursday of the month from 1 pm to 2:30 pm
101 Cirby Hills Drive, Roseville, CA 95678

If interested, please contact:
Alex Demy
(916) 787-8915
NC_ADemy@placer.ca.gov
¡Ayuda a combatir el estigma!

¡Comparte tu historia!

Le gustaría participar en hacer la diferencia en la salud mental?

¡ÚNASSE A LA

OFICINA DE ORADORES DEL CONDADO DE PLACER!

Compartamos nuestra historia de enfermedad mental o trastorno por consumo de sustancias.

Sobre este programa
- Los oradores comparten sus historias de recuperación de salud mental con diferentes audiencias, por ejemplo, en escuelas y organizaciones comunitarias.
- Apoyo de compañeros con experiencias similares.
- Los participantes son preparados y apoyados con el proceso de producir y practicar su discurso.
- Los oradores recibirán un incentivo por cada discurso que den.

Reuniones Mensuales
2nd jueves del mes de 6 pm a 7:30 pm
Reunión de Zoom
4th jueves del mes de 1 pm a 2:30 pm
101 Cirby Hills Drive, Roseville CA 95678

Si está interesado, comuníquese con:
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La financiación ha sido proporcionada, en parte, por la Ley de Servicios Mentales del Condado de Placer.
Mental illness is common, yet not commonly talked about.

We are here to change that!

Have a speaker with lived experience from the Placer County Speakers Bureau.

Invite one of our expert speakers to your staff meeting, class or event to give a presentation on living in recovery from mental illness.

Did you know?
- 1 in 5 adults experience a mental illness in a given year.
- 13.1 million live with a serious mental disorder like schizophrenia, bipolar and major depression.

About our program
- Learn more about living and thriving with a mental illness.
- Our speakers will tailor their presentation to suit your audience.
- There is no cost to you!

If you are interested or know of an agency that is, contact:
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