



MEMORANDUM
BOARD OF SUPERVISORS
County of Placer

TO: Honorable Board of Supervisors DATE: May 10, 2022

FROM: Teri Ivaldi, Principal Management Analyst

BY: Jennifer Grappasonno, Board Support Services Coordinator

SUBJECT: Revenue Sharing – Loomis Senior L.I.F.E. Center

ACTION REQUESTED

Approve appropriation of \$1,000 in Revenue Sharing monies to Loomis Senior L.I.F.E. Center as requested by Supervisor Gore (\$250), Supervisor Holmes (\$250), and Supervisor Jones (\$500).

BACKGROUND

In approving the following contributions, the Placer County Board of Supervisors finds that each and every approved contribution serves a public purpose by promoting the general welfare of the county and its inhabitants, therefore a benefits results to the county.

The Board of Supervisors is being asked to approve appropriations to Loomis Senior L.I.F.E. Center. The mission of the Loomis Senior L.I.F.E. Center is to provide much needed support for the seniors of Placer County by offering programs that exercise the mind, body, and spirit. Programs are geared to promote function and self-reliance so that seniors may remain vital, active and participatory in the community and also help them maintain their independence. Any revenue sharing contributions received will be used to help offset the costs of programs, classes and activities offered by the center.

FISCAL IMPACT

Funding is provided for in the FY 2021-22 Board of Supervisors budget (CC10002). There is no additional impact to the general fund.

ATTACHMENTS

Revenue Sharing Application Received on 03/28/2022

Placer County Revenue Sharing

From: noreply@civicplus.com
Sent: Friday, March 25, 2022 1:50 PM
To: Placer County Revenue Sharing
Subject: [EXTERNAL] Online Form Submittal: Revenue Sharing Fund Application

Follow Up Flag: Follow up
Flag Status: Flagged

Revenue Sharing Fund Application

Organization Name Loomis Senior L.I.F.E. Center

Address Line 1 6414 Brace Road

Address Line 2 *Field not completed.*

City Loomis

State CA

Zip Code 95650

Applicant Name Eileen Elder Board Chair

Phone Number (916)412-4509

Email Address eetheot@gmail.com

Website Address www.loomisseniorcenter.com

Describe the organization's purpose and/or mission and the people served.

According to the California Department of Finance, the number of older adults in California will grow by 65% or 960,000 in the next few years. Older adults who live alone are more likely to be poor and 60% report feelings of loneliness, which leads to depression according to a 2019 study by Columbia University. Life for older adults is not easy, especially in this time of COVID. Our mission is to provide much needed support for the seniors of Placer County. The purpose of the Loomis Senior L.I.F.E. Center is to create a pleasant atmosphere by offering programs that exercise the mind, body, and spirit amongst peers in a non-threatening and comfortable setting. Moreover, all activities provide an opportunity for active socialization, one of the most crucial factors in keeping seniors alert and engaged. Programs offered by the Senior L.I.F.E Center are geared to promote function and self-reliance so that seniors can remain vital, active, and participatory in the community.

The more seniors remain active and involved, the better they can maintain their independence.

Briefly describe the program or the event for which you are requesting funds.

"It's a myth that older adults are fragile and cannot exercise." Dr. Steven Blair, Cooper Institute, Tufts University

Almost daily there are reports about the beneficial physiologic and functional aspects of physical activity for seniors. Epidemiological studies have shown that active older adults are less likely to experience a decline in function with age, Our award-winning Loomis Senior L.I.F.E (Leisure-Interest-Fellowship-Education) Center was established in 1978 as an activity of the Soroptimist International of Rocklin/Loomis. The Center is a non-denominational entity, 501c (3) organization, funded through grants, contributions, and participant fees The Loomis Senior L.I.F.E Center meets every Tuesday and Thursday from 8:00a.m. to 1:30pm at the First United Methodist Church of Loomis. A daily participant fee of \$4.00 provides seniors with a continental breakfast, a healthy well-balanced hot lunch and participation in all the activities (including classes and speakers) offered for that day. The Loomis Senior L.I.F.E. Center currently meets two (2) days a week offering classes for all Placer County residents ages fifty-five (55) or older. (Prior to COVID we offered our program 3 days a week and plan to expand back to 3 days a week as seniors continue to return). Current participants are a culturally and ethnically diverse group. Classes available to seniors include yoga, Zumba, art, crafts, sewing and quilting. Ceramics, Tai Chi, and music will be added back soon. A continental breakfast and a nutritious hot lunch are served each day (with additional to-go lunches available for \$1.00). In addition to classes, board games, bingo, card games, socialization, health screening, and a field trip once a year (in the past seniors traveled to the Sacramento Music Circus to view Oklahoma) round out the variety of activities offered. Speakers are provided from time to time on timely topics appropriate to the lives of the seniors, Topics have included safety, hearing impairment, telephone resources and local, state, and federal resources available to seniors. Special luncheons are provided at Thanksgiving, Christmas, and St. Patrick's Day. These luncheons usually include special entertainment such as the Del Oro High School choir, local choral groups, and other performers. Our all-volunteer board consists of three (3) members of the Senior L.I.F.E Center, three (3) members of the community and three (3) members of the First United Methodist Church of Loomis who offer suggestions, comments, concerns, and observations. Our paid staff consists of a part time Executive Director and

two (2) part time Assistant Directors who are on site and run the center.

During COVID the Senior Life Center was not able to meet in person. However, we did re-tool operations to focus on what the seniors needed, and what we could provide. The two areas of most concern were nutrition and seniors feeling isolated at home. During this time, we were only 1 of 2 centers still working with seniors during the pandemic. Instead of meeting in person we focused on the following:

1. We established a food delivery program and dropped off bags of food to seniors on a rotating weekly basis.
2. Provided over 2100 hot meals to our seniors (meals were either picked up or delivered by volunteers).
3. Re-established our "Got Produce?" program for local farmers to donate to fresh produce to seniors.
4. Checked on our seniors (95 on our roster) either by phone, texts, or physical visits 2-3X per month.
5. Continued to follow 6 seniors that did not have family or friends close by.
6. Started a newsletter with pertinent information for seniors.

Briefly describe how Revenue Sharing funding would be utilized. (Please list items and activities to be funded with any Revenue Sharing funds allotted. Funding cannot be used for core budget needs or program or event staffing such as security, instructors, cleanup crews, etc.)

The Senior L.I.F.E. Center operates on an annual budget of \$68,400. The operating budget is developed by the Executive Director and Board Chair with input from J C Bookkeeping (an independent bookkeeper). The proposed budget is then voted on by the entire board. Monthly financial statements are produced by JC Bookkeeping for the board and the Executive Director to review. Any questions are referred to the Bookkeeper for explanation.

J C Bookkeeper's programs tie the individual grants with restricted funds to the expenses for that grant, which keeps us up to date on our expenditures and progress.

We currently are rebuilding to pre-COVID level of 138 seniors on our roster who are actively involved in the Senior L.I.F.E Center. Attendance prior to COVID averaged sixty (60) individuals; however, on days when we had special holiday programs the attendance rose to between seventy-five (75) and one hundred fifty (150) seniors.

The Loomis Senior L.I.F.E. Center is requesting Revenue Sharing Funds for assisting with our nutrition program, transportation needs, community trips, education (i.e., informational lunch speakers), arts and crafts supplies, hand weights for participants to use during exercise classes, and marketing materials (to include brochures and banners). Revenue Sharing Funds would not be used for staff costs or core budget needs.

In summary, the Loomis Senior L.I.F.E Center provides a pleasant atmosphere where seniors can enjoy leisure and

fellowship through a variety of programs while interacting with their peers. It was very difficult for the seniors to be home and isolated during COVID. Since reopening for the second time on February 8, 2022, our attendance numbers have doubled and continue to grow. The seniors are constantly reminding staff that the Center is a major part of their lives and they are grateful that the Center is open again for in person operations. Together we can make a difference in the lives of the Placer County seniors.

Has this organization received Revenue Sharing Funds in the past?

No

Are you a non-profit organization?

Yes

Please enter your Tax Identification Number

90-1177784

Please attach your most recent W9 form

[Senior Center Form W92022.pdf](#)

Please attach your most recent 590 form

[Senior Center Form 5902022.pdf](#)

Please attach additional documents

[LIFE_BrochureNewFinal-1.jpg](#)

Please attach additional documents

[LIFE_BrochureNewFinal-2.jpg](#)

Additional documents may be emailed to revenuesharing@placer.ca.gov.

I swear under penalty of perjury that the information supplied herein is true and correct

I agree.

Electronic Signature Agreement

I agree.

Electronic Signature

Eileen F Elder

Email not displaying correctly? [View it in your browser.](#)

