



**MEMORANDUM**  
**HEALTH AND HUMAN SERVICES**  
**ADULT SYSTEMS OF CARE DIVISION**  
County of Placer

**TO:** Honorable Board of Supervisors **DATE:** June 21, 2022  
**FROM:** Robert Oldham, Director of Health and Human Services  
**BY:** Nancy Baggett, Staff Services Manager  
**SUBJECT:** Psynergy Programs, Inc. Agreement

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**ACTION REQUESTED**

Approve an agreement with Psynergy Programs, Inc for the period of July 1, 2022 through June 30, 2024 for Adult Residential Services for a total amount not to exceed \$730,000 and authorize the Director of Health and Human Services to sign the contract with Risk Management and County Counsel concurrence and any subsequent amendments up to \$73,000 consistent with subject matter and scope of work with Risk Management and County Counsel concurrence.

**BACKGROUND**

Placer County Adult System of Care (ASOC) provides unique and mandated mental health services to over 7000 adults each year through a continuum of services. This agreement is being made to serve a small percentage of that number who have acute and chronic mental illness, who are unable to provide for their own basic needs due to their mental illness, and who therefore require a higher level of care in a residential facility. ASOC has agreements with several agencies that provide a range of residential care that include Adult Residential Facilities (ARF), Mental Health Rehabilitation Centers, Institutes for Mental Disease, and the state hospital system.

Psynergy Programs, Inc (Psynergy) offers Adult Residential Facilities (ARF) in six locations, including four facilities in the Sacramento area which includes one Residential Care Facility for the Elderly. Additional facilities are located in Morgan Hill and Greenfield, CA. ARF facilities like Psynergy facilitate the movement of clients from more restricted living environments to less-restricted, independent living in the community. By contracting with Psynergy, the County will have access to six different facilities with nearly 300 beds with the majority located in the Sacramento region.

Psynergy was founded in 2004 and is guided by the belief that recovery happens when a cohesive set of programs and services are available to support and sustain the recovery process. Psynergy provides a community like setting for their residents and each campus has an extensive outpatient program that provides mental health services, medication support services, case management services, crisis intervention services, equine therapy, and dual diagnosis/dual treatment services. The outpatient services can be billed to Medi-Cal and this will reduce the amount of County General Fund used for this agreement.

Psynergy has contracts with 22 California counties. Several neighboring counties, including Amador, El Dorado, and Sacramento counties, provide positive reviews of the treatment that Psynergy provides. This would be a new contractual relationship for Placer and provide an additional option for placement opportunities. More options for placement will decrease the time that clients wait for an appropriate bed in Emergency Rooms and acute oriented Psychiatric Health Facilities. The addition of this contract will lessen our utilization at other facilities and provide a better opportunity to find appropriate and quality care closer to home.

**FISCAL IMPACT**

Funding for these required services is 100% State funded. \$365,000 of this contract is included in the Department's FY 2022-23 Budget. The remaining \$365,000 will be requested in the Department's FY 2023-24 Budget.

**ATTACHMENTS**

None

The agreement is on file with Clerk of the Board.