



**MEMORANDUM**  
**HEALTH AND HUMAN SERVICES**  
**ADULT SYSTEMS OF CARE DIVISION**  
County of Placer

**TO:** Honorable Board of Supervisors **DATE:** September 12, 2023  
**FROM:** Robert Oldham, Director of Health and Human Services  
**BY:** Jamie Stout, Staff Services Analyst II  
**SUBJECT:** Supporting September 2023 as Recovery Month

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**ACTION REQUESTED**

Approve a Proclamation declaring September 2023 as Recovery Month in Placer County.

**BACKGROUND**

The implementation of Placer County's Drug Medi-Cal Organized Delivery System (DMC-ODS) has led to increased federal funding for treatment and the ability to claim additional services. Through a variety of funding sources and programs, Placer County's substance use service programs are now able to target specific populations such as persons who are: 1) having co-occurring mental health and substance use disorders, 2) involved in the criminal justice system, 3) people who are pregnant/parenting, and 4) individuals participating in CalWorks services. Placer County staff work with many community partners to provide comprehensive care, outreach to vulnerable members within our community, and improve treatment outcomes. In Fiscal Year 22-23 County staff served 2,847 residents through both mental health and substance use screenings.

In Placer County, many individuals are living productive, and satisfying lives, because of their recovery from a mental health condition, and/or alcohol or drug dependence. Residents of Placer County have experienced that recovery happens, which is worthy of a celebration. People facing mental and substance use disorders need to know that hope, help, and support are available. Recovery can be achieved on their own, through treatment programs, medication services, or with the assistance of peer support, self-help and/or faith-based organizations. There is no one path to recovery. Each person's journey is unique to their individual needs. All paths to recovery will be celebrated at our 23rd annual "Recovery Happens" event on September 30, 2023, from 10:00 a.m. to 2 p.m. This year's event will be held at Recreation Park, 123 Recreation Drive, Auburn CA.

Recovery Month, officially celebrated each September, has become a year-round initiative that supports educational outreach and celebratory events throughout the year as a reminder that treatment works, and recovery happens. Community partners will join with System of Care staff in sponsoring Placer County's 2023 Recovery Happens celebration.

This event reminds us that mental health and substance use disorders affect us all, and that we

are all part of the solution. The event will highlight inspiring stories that highlight paths to hope, health, and personal growth.

People in recovery benefit themselves and the community. Successful treatment reduces health care costs, the number of people in jail, school dropout rates, and rates of recidivism. Thus, reducing impacts to law enforcement and ultimately our criminal justice system. However, most importantly, recovery can improve the quality of life for individuals, their families, and for society as a whole.

We are asking the Board to support September 2023 as "Recovery Month" in Placer County, to demonstrate continued commitment to mental health, alcohol and drug treatment, and recovery, and to support our local "Recovery Happens" event on September 30, 2023.

**FISCAL IMPACT**

There is no fiscal impact as a result of this action.

**ATTACHMENTS**

Proclamation

# Proclamation

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## **PROCLAMATION DECLARING SEPTEMBER 2023 AS “RECOVERY MONTH” IN PLACER COUNTY**

**WHEREAS**, in Placer County, many people are living productive, satisfying lives as a result of recovery from a substance use disorder and/or a mental health condition; and

**WHEREAS**, prevention of substance use and/or mental health issues works, treatment is effective, and people recover in our area and around the nation; and

**WHEREAS**, preventing and overcoming substance use and/or mental health disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS**, we must encourage relatives and friends of people with substance use and/or mental health disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, residents of Placer County have experienced recovery on their own, through treatment programs, or with the assistance of peer support, self-help, faith-based organizations, or medication treatment; and

**WHEREAS**, real stories of long term recovery can inspire others to ask for help and improve their own lives, the lives of the families and our community; and

**WHEREAS**, successful treatment and recovery programs have been demonstrated to reduce unnecessary County health care costs, increase County productivity by getting more workers into recovery, reduce the number of people in jail and prisons, reduce street and gang violence, reduce school dropout rates, reduce the cost, and improve the quality of life for individuals and for society as a whole.

**NOW, THEREFORE, BE IT PROCLAIMED THAT** the Placer County Board of Supervisors does hereby proclaim September 2023 as Recovery Month and urges all citizens to join Placer County Health and Human Services to support this year’s national Recovery Month theme, Join the Voices for Recovery: Invest in Health, Home, Purpose and Community.

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Jim Holmes, Supervisor, District 3  
Chair 2023

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*District 1*

**SHANTI LANDON**  
*Supervisor*  
*District 2*

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*Supervisor*  
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**SUZANNE JONES**  
*Supervisor*  
*District 4*

**CINDY GUSTAFSON**  
*Supervisor*  
*District 5* **37**

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