

**MEMORANDUM**  
**PLACER COUNTY HEALTH AND HUMAN SERVICES**  
**Children's System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Richard S. Knecht, Director of Children's System of Care

**DATE:** June 19, 2012

**SUBJECT:** Contract with KidsFirst for Specialty Parent Training and Mental Health Services

---

---

**ACTION REQUESTED:**

Approve a contract with KidsFirst to provide specialty parent training and maternal depression services from July 1, 2012 through June 30, 2013 in the amount of \$203,880, and authorize the Director of Health and Human Services to sign the resulting contract and subsequent amendments up to 10% of the original contract amount, consistent with the current agreement's subject matter and Scope of Work.

**BACKGROUND:**

Since 2004, the State's Mental Health Services Act has provided support for counties to develop prevention and early intervention services which assist families and youth to access needed supports and care before more costly and stigmatizing services are needed, often at County expense.

This contract will continue the successful evidence-based parent training and maternal depression programs which successfully promote children's academic, social and emotional competencies, and reduce conduct problems. In FY 2010-11, 176 parents received parent training, often in partnership with their local schools.

The maternal depression program provides services to low income mothers of young children, reducing depression and suicide through culturally- and age-appropriate services such as counseling, screening, evaluation, and short-term therapy. In FY 2010-11, 79 mothers received these behavioral health services.

This contract has been reviewed, and is supported by, the County's Mental Health, Alcohol and Drug Advisory Board and the SMART policy board, a collaborative which includes Placer County Health & Human Services and Probation departments, court partners, and the Placer County Office of Education.

**FISCAL IMPACT:**

These services are fully funded with State funds and are included in the Department's FY 2012-13 Proposed Budget. No County General Fund match is required.

This contract is on file with the Clerk of the Board for review.

