

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director of Adult System of Care

**DATE:** August 21, 2012

**SUBJECT:** A Proclamation Proclaiming September 2012 as Recovery Month in Placer County

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**ACTION REQUESTED:**

Approve a Proclamation proclaiming September 2012 as Mental Health, Alcohol & Drug Addiction Recovery Month in Placer County.

**BACKGROUND:**

In Placer County, many people are living productive, satisfying lives as a result of recovery from a mental health condition, and/or alcohol or drug dependence. Residents of Placer County have experienced recovery on their own, through treatment programs, or with the assistance of self-help, faith-based organizations, or medication treatment. There is no one path to recovery. Each person's intervention and treatment is unique to his or her individual needs. All paths to recovery will be celebrated at our 12<sup>th</sup> annual "Recovery Happens" event on September 22<sup>nd</sup> at Auburn Recreation District (ARD) Park in Auburn.

**Recovery Month**, officially celebrated each September, has become a year-round initiative that supports educational outreach and celebratory events throughout the year as a reminder that treatment works and recovery happens. Over 15 community partners will join our System of Care staff and mental health, alcohol, and drug advisory board members in sponsoring Placer County's 2012 celebration, *Recovery Happens*.

The national campaign theme this year, "Join the Voices for Recovery: It's Worth It," emphasizes that while the road to recovery may be difficult, the benefits of preventing and overcoming mental and/or substance use disorders are significant and valuable to individuals, families, and communities. Placer County's *Recovery Happens* event on September 22, 2012 will promote the critical message that "prevention works, treatment is effective, and people recover."

Persons in recovery help themselves and the community. Treatment has proven to be cost-effective. Conservative estimates show that for every \$1 invested in substance abuse treatment there is a return of \$7 in reduced drug-related crime, criminal justice costs, and losses from theft. When savings to health care are included, total savings can exceed costs by a ratio of 12 to 1.

We are asking the Board to proclaim September 2012 as "Recovery Month" in Placer County, to demonstrate continued support and commitment to mental health, alcohol and drug treatment, and recovery, and to support our local "Recovery Happens" event on September 22, 2012.

**FISCAL IMPACT:**

There is no fiscal impact as a result of this action.

# Before the Board of Supervisors County of Placer, State of California

**IN THE MATTER OF A PROCLAMATION** proclaiming September 2012 as Alcohol, and Mental Health Prevention, Treatment, and Recovery in Placer County

The following PROCLAMATION was duly passed by the Board of Supervisors of the County of Placer at a regular meeting held, August 21, 2012.

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**WHEREAS**, alcoholism and drug dependency are chronic disorders with genetic, psychosocial, and environmental factors influencing their development and manifestations; and

**WHEREAS**, prevention efforts can be effective in reducing the psychosocial and environmental factors; and

**WHEREAS**, alcoholism, drug addiction and mental health can and do affect all people and families in our communities; and

**WHEREAS**, alcohol and drugs are the third leading cause of death in the nation; and

**WHEREAS**, untreated alcoholism, drug addiction and mental illness cost the State's workplaces billions of dollars in lost productivity, absenteeism, and accidents every year; and

**WHEREAS**, untreated addiction and mental illness contributes to, school dropouts, suicide, crime, juvenile delinquency, families stress, poverty, joblessness, homelessness, physical health challenges, HIV infection, hepatitis, and other deadly infectious diseases; and

**WHEREAS**, successful treatment and recovery programs have been demonstrated to reduce unnecessary State health care costs, reduce costs of lost productivity and increase State productivity by getting more workers into recovery, reduce the number of people in jail and prisons, reduce street and gang violence, reduce school dropout rates, reduce the cost of crime and the rate of recidivism, reduce the burden on law enforcement officials, reduce the total financial drain on our economy, and improve the quality of life for individuals and for society as a whole; and

**WHEREAS**, hundreds of thousands of individuals are living in recovery, leading productive lives and paying taxes in this State and our community as a result of prevention, treatment, or recovery services;

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Proclamation 2012 Mental Health, Drug and Alcohol Awareness, Treatment and Prevention Month and Sept 24<sup>th</sup> Family Day

**NOW, THEREFORE, BE IT PROCLAIMED** that the Board of Supervisors of Placer County, State of California, hereby proclaims , the month of September 2012 as Alcohol Drug Prevention and Mental Health, Treatment, and Recovery Month, to demonstrate its continued support and commitment to alcohol and drug prevention, treatment and recovery, and encourage individuals and communities throughout the State to participate in its activities.

Jennifer Montgomery,  
Supervisor District 5, 2012 Chairwoman

Jack Duran, Supervisor District 1  
Robert M. Weygandt, Supervisor District 2  
Jim Holmes, Supervisor District 3  
Kirk Uhler, Supervisor District 4

