

**MEMORANDUM  
PLACER COUNTY HEALTH AND HUMAN SERVICES  
Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director of Adult System of Care

**DATE:** December 19, 2006

**SUBJECT:** Approve Contract with California Institute of Mental Health for Training and Facilitation Services

---

---

**ACTION REQUESTED:**

Approve a contract with the California Institute of Mental Health (CIMH) for training and facilitation services between November 1, 2006 and June 30, 2008 in an amount not to exceed \$120,000, and authorize the Director of Health and Human Services to sign the agreement and subsequent amendments.

**BACKGROUND:**

The Placer plan of implementation for the Mental Health Services Act prioritizes the training and education of staff, providers and consumers to better understand the recovery process of mental illness. In order to accomplish this goal the plan includes the use of consultants to provide training and education in this area. The Listening Well program has been identified as a unique program that can provide this critical training and education.

This agreement will provide training and facilitated workshops to County staff, clients, and family members based on a specialized curriculum referred to as the Listening Well Experience. The Listening Well curriculum uses the power of story to capture the essence of recovery, and provides education and training for people receiving services, family members, service providers, and community members to better understand issues regarding stigma and public perception, and to effectively address those issues. Training includes certification in this technique so that certified County staff may then conduct workshops that aid individuals in crafting and sharing their stories, assisting clients to share the vision of recovery from a major mental illness. The values of recovery and educating the community to reduce the stigma of mental illness are imbedded in the Mental Health Services Act, the funding source for this project.

This contract was reviewed and recommended for Board of Supervisors approval by the Mental Health, Alcohol, and Drug Advisory Board at its regular meeting on December 11.

**FISCAL IMPACT:**

These services are fully funded through the Mental Health Services Act. No County general fund contribution is required.

The following Contract for:

## **California Institute of Mental Health**

is on file with the Clerk of the Board  
for BOS meeting:

**December 19, 2006**