

**MEMORANDUM**  
**PLACER COUNTY HEALTH AND HUMAN SERVICES**  
**Adult System of Care**

**TO:** Honorable Board of Supervisors

**FROM:** Richard J. Burton, M.D., M.P.H.  
Placer County Health Officer and Director of Health & Human Services  
Maureen F. Bauman, Director of Adult System of Care

**DATE:** October 2, 2007

**SUBJECT:** Revenue Agreement with the State of California Department of Mental Health, Conditional Release Program (CONREP) for FY 2007/08

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**ACTION REQUESTED:**

Approve the revenue agreement with the State of California Department of Mental Health, Conditional Release Program, for mental health services to individuals released from State hospital or prison, in the amount of \$168,126 for FY 2007/08, and authorize the Director of Health and Human Services to sign the agreement and subsequent amendments.

**BACKGROUND:**

The Conditional Release Program (CONREP) has been operating in Placer County since 1986. This revenue from the State Department of Mental Health provides mental health treatment and supervision to persons who are required by the legal system to participate in treatment as a condition of their release from the State hospital or prison. The goal of the program is to ensure greater public safety in communities through mental health assessment, treatment, and supervision to clients in outpatient treatment.

In an effort to streamline the program and focus resources, Placer County elected to reduce the target population we served by no longer functioning as a regional program. The State agreed to this change, and the counties previously served by the Placer contract (Alpine, Amador, Calaveras, El Dorado, Nevada, Sierra and Tuolumne) have been transferred to another jurisdiction (Central Valley CONREP in Sacramento). Beginning July 1, 2007, the Placer County program serves only Placer County commitments and is no longer funded as a regional program. As a single county program, we will continue to provide for Placer County judicially committed clients at the same level of intense supervision, case management, treatment, and medication monitoring as in years past. Upon discharge from their judicial commitment, eligible Placer County clients will continue to be supported in the community with any and all available Adult System of Care resources.

This model is effective in reducing recidivism. Only 5% of participants are rearrested within one year of successful completion of the program, and 80% remain arrest free four years later. The outpatient cost is approximately 1/5 the cost of a State hospital placement. In addition, participants are more likely to be employed within the first year of treatment. Treatment helps clients overcome economic and social isolation (these challenges often accompany mental illness) and successfully reintegrate into community life. Individuals remain in this program until they have successfully met their treatment goals, an average of five years. The program has a dedicated maximum capacity of eight clients, and we are currently at that capacity.

**FISCAL IMPACT:**

The attached revenue agreement for \$168,126 reflects a decrease of \$131,839 from the previous year's funding as a result of changing from a regional program to a single county program. The program is fully funded with State and Federal dollars and there is no impact to the County General Fund.

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The following Contract Amendment for:

**State of CA. Department of  
Mental Health, Conditional  
Release Program**

is on file with the Clerk of the Board  
for BOS meeting:

**October 2, 2007**