

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: January 12, 2010

SUBJECT: Contract with Lighthouse Counseling & Family Resource Center

ACTION REQUESTED:

Approve a contract with Lighthouse Counseling & Family Resource Center to provide problem gambling prevention and treatment services from January 1, 2010 through December 31, 2010, in the amount of \$24,000, and authorize the Director of Health and Human Services to sign the agreement and subsequent amendments up to 10 percent of the original contract amount. This program is 100 percent funded by the Placer County Indian Gaming Local Community Benefit Committee (LCBC) grant. No County General Fund contribution is required. These costs are included in the Department's FY 2009-10 Final Budget.

BACKGROUND:

According to the California Council on Problem Gambling, "the gambling industry has grown exponentially over the last twenty years". The same study suggests that between two and five percent of the adults in the State are problem or pathological gamblers. In another study, the cost to the country in various losses was estimated at over \$40 billion. The most promising way of preventing and mitigating problem gambling is through an approach that includes education, prevention and intervention.

Lighthouse Counseling & Family Resource Center is a community organization providing services to Placer County residents in the greater South Placer area of Lincoln and Sheridan since 1996 and operating as a non-profit organization since 2005. Its services include prevention and intervention counseling programs; parenting and support groups in English and Spanish; English as a second language (ESL) classes; Women, Infants and Children (WIC) services; and many other family resources.

The Lighthouse will provide problem gambling prevention and treatment services based on family-centered clinical interventions to impact overall family functioning and wellness. The Lighthouse will assess clients for problem gambling and then provide appropriate interventions, including group and individual clinical work. The Lighthouse can also provide bilingual services.

Using a sliding fee scale, the Lighthouse will use grant funds to provide interventions, and increase resiliency in approximately 40 clients with gambling problems who cannot otherwise afford services.

FISCAL IMPACT:

The total amount of this agreement is \$24,000 which is 100 percent funded by the Placer County Indian Gaming LCBC grant. No County General Fund contribution is required. These costs are included in the Department's FY 2009-10 Final Budget.

This agreement is on file with the Clerk of the Board for review.

