

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Children's System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Richard S. Knecht, M.S., Director of Children's System of Care

DATE: June 22, 2010

SUBJECT: Establish Umbrella Contract for Day Treatment and Residential Mental Health Services

ACTION REQUESTED:

Request the Board to take the following actions:

- a. Approve a maximum payment authorization ("umbrella contract") in a not-to-exceed amount of \$1,000,000 (a 23 percent decrease from the prior year) for the period of July 1, 2010 through June 30, 2011, to provide day treatment and residential mental health services currently provided by ten group home providers;
- b. Authorize the Chairman to sign individual provider agreements; and
- c. Authorize the Director of Health and Human Services to add any new, qualified providers and authorize amendments as needed.

Total expenditures of \$1,000,000 include \$800,000 in Federal and State funds and \$200,000 in required County General Fund match. This amount represents a decrease of \$300,000 (23 percent) over last year's contract. These expenditures are included in the Department's FY 2010-11 Proposed Budget.

BACKGROUND:

Placer County Health and Human Services is mandated by the State to provide mental health services including psychiatry, counseling, and social skills training to adults and children in residential settings. In recent years, through Placer's unique model of integrated services, and the use of prevention and home based strategies such as teaching young people to better manage their anger and emotion, how to engage with peers and adults, and how to succeed in school. Due to these effective prevention services, the use of mental health services has been reduced by 25 percent.

Residential programs serve children with some of the most challenging behavioral conditions including severe depression and antisocial disorders. These programs provide critical psychiatric, counseling, and social skills training to enable children to successfully return to their family and community. In FY 2009-10 the Children's System of Care provided services to 635 children. Of this number, 290 children received residential or day treatment mental health services. Absent this level of care, the majority of these youth would require long term group home care in a more restrictive setting and at much higher cost.

The requested amount represents a decrease of \$300,000 (23 percent) over last year's contract, due to improved prevention strategies and efficiencies. These strategies have included a combination of wraparound home-based services and youth skills development to avoid more costly and restrictive mental health services.

The current list of providers is shown in Attachment A. These contracts were reviewed and recommended for approval by the Mental Health, Alcohol, and Drug Advisory Board at its regular meeting on May 24, 2010.

FISCAL IMPACT:

Total expenditures of \$1,000,000 include \$800,000 in Federal and State funds and \$200,000 in required County General Fund match. These expenditures are included in the Department's FY 2010-11 Proposed Budget.

These contracts are on file with the Clerk of the Board for review.

Attachment A

Board of Supervisors Agenda Item
Day Treatment and Residential Mental Health Services
Children's System of Care
June 22, 2010

**Group Homes providing day treatment and
residential mental health services
effective July 1, 2010:**

Casa Pacifica Centers for Children and Families, Camarillo

Charis Youth Center, Grass Valley

EMQ Families First, Davis

Fred Finch Youth Center, Oakland

Milhous Children's Services, Nevada City

Remi Vista, Redding

Sacramento Children's Home, Sacramento

Summitview Child & Family Services, Diamond Springs

Thunder Road, Oakland

TLC Child & Family Services, Sebastopol