

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: December 14, 2010

SUBJECT: Contract with Steve Sugden, M.D. for Psychiatric Services

ACTION REQUESTED:

Approve a contract with Steve Sugden, M.D. for the provision of after-hours psychiatric services from January 1, 2011 through December 31, 2011 (weekend and after-hours services for one week per month) for a total contract amount not to exceed \$35,500, and authorize the Director of Health and Human Services to sign the contract and subsequent amendments up to 10 percent of the original contract amount. The required County General Fund match for this contract is \$10,650. These costs are included in the Department's FY 2010-11 Final Budget, and will also be budgeted in the FY 2011-12 Base Budget for the remainder of the contract term.

BACKGROUND:

The Adult System of Care provides crisis assessment to 2,000 persons per year and subsequent hospitalization to about half of these persons. The persons served in our crisis service are those who are potentially a danger to themselves or others, or gravely disabled due to a mental illness. Psychiatrists are consulted by after-hours staff to make final determinations of dispositions in our work with these persons. This contract authorizes an independent psychiatrist to work one week each month to provide after-hours consultation and admission to inpatient hospitalization for approximately 460 persons. These services are mandated by the State and are critical to the management of the County's mental health system, which provides specialty psychiatric services to persons with acute symptoms.

Dr. Sugden is a seasoned practitioner who is bilingual and has provided excellent client care during his first year as a Placer County contract employee. His expertise in the area of crisis evaluations has strengthened our after-hours psychiatric services. Dr. Sugden has recently resigned to seek other employment; however, he has agreed to provide critical after-hours, on-call service for 12 weeks per year. Through this after-hours contract he will be available for over 1,500 hours to the Adult System of Care.

FISCAL IMPACT:

Funding for this agreement includes \$24,850 in Federal and State revenue, and \$10,650 in required County General Fund match. These costs are included in the FY 2010-11 Final Budget, and will also be budgeted in the FY 2011-12 Base Budget for the remainder of the contract term.

A copy of this contract is on file with Clerk of the Board for your review.

