

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: September 27, 2011

SUBJECT: Amendment to Contract for Mental Health Services

ACTION REQUESTED:

Approve contract amendment CN012887-B with Turning Point Community Programs for Assertive Community Treatment services from July 1, 2010 to June 30, 2012, increasing total compensation by \$439,212 for a revised aggregate amount of \$3,053,212, and authorize the Director of Health and Human Services to sign subsequent amendments not to exceed \$49,999.

BACKGROUND:

Placer County Health and Human Services provided unique and mandated mental health services for 4,374 individuals during the prior fiscal year. This range of psychiatric services includes crisis, hospital, residential, and outclient services. The Adult System of Care is responsible for providing the appropriate level of mental health care for County residents by the most cost effective means.

Turning Point Community Programs has provided acute stabilization mental health services for adults transitioning from inpatient hospitalizations since June 2008 as a result of a competitive proposal process. This program includes intensive outclient treatment to assist individuals in the community who are at risk of involvement or currently involved with the criminal justice system with serious risk of institutional placement. During FY 2010-11, services to 107 individuals reduced institutional care costs by \$500,000. Over the last year, services were expanded to include mental health clients at the County medical clinic and clients from the Cirby Hills outpatient clinic, benefiting many Placer County residents.

This amendment with Turning Point provides intensive wraparound services to an additional 25 clients with serious mental illness including older adults and homeless adults, and increases medication services and support through the use of Assertive Community Treatment (ACT). ACT is one of the best-researched mental health treatment models, with 25 randomized controlled trials evaluating its effectiveness. ACT substantially reduces psychiatric hospital use, increases housing stability, and improves symptoms and subjective quality of life. In addition, ACT is highly successful in engaging patients in treatment.

This amendment was reviewed and recommended for approval by the Mental Health, Alcohol, and Drug Advisory Board at its regular meeting on August 23, 2011.

FISCAL IMPACT:

This contract amendment provides for FY 2011-12 expenditures of \$439,212 which are included in the Department's FY 2011-12 Final Budget. This amendment is primarily funded by Federal and State mental health revenue totaling \$372,000 (85%) and mandatory matching County General Funds of \$67,212 (15%).

This amendment is on file with the Clerk of the Board for review.

