

**MEMORANDUM
PROBATION DEPARTMENT
COUNTY OF PLACER**

COPY

TO: Honorable Board of Supervisors

FROM: Marshall Hopper, Chief Probation Officer *MH*

DATE: July 9, 2013

SUBJECT: In State Travel Approval

ACTION REQUESTED

Approve in state travel for one Probation employee to attend Functional Family Therapy training in Compton, California. The total cost for one employee to attend this training results in a budgeted net county cost of approximately \$5,178. The travel dates are spread over four distinct trips totaling nine days between July, 2013 and December, 2013.

Background

The Probation Department, in conjunction with Children's System of Care, has been using Functional Family Therapy (an evidence based treatment program) with minors who have formally entered the justice system for the last 13 years (since approximately 2000). Our collaborative effort has seen good outcomes for minors and their families engaged through this practice. An alternative to this evidence based practice is placement in foster care facilities. The use of the FFT program enables us to avoid these costly placements when possible (Level 12 placements currently average \$8300 per month and are the placement level most utilized for delinquency youth.). This tool requires a significant investment in staff through training and development. The Probation Department requires an employee who requests to work in a position on the team using FFT to possess a master's degree and commit to no less than two years of service on this team. Probation recently had one member of this team resign from County employment. Probation has now identified a replacement and is faced with providing the replacement staff with the required training to ensure the continued success of this program. Edwina Pereles-Agront must attend a total of nine days of training (over 4 separate trips spread over a one year period) in Compton California. Once this training is completed, Edwina will be a fully contributing member of the collaborative team providing FFT services to minors and their families in Placer County. The cost to the Probation Department is estimated at \$5,178 for the four sessions, inclusive of training fees, lodging, meals and transportation.

FFT is a short-term, high quality intervention program with an average of 12 sessions over a 3-4 month period. Services are conducted in both clinic and home settings, and can also be provided in a variety of settings including schools, child welfare facilities, probation offices/aftercare systems, and mental health facilities. FFT is a strength-based model. At its core is a focus and assessment of those risk and protective factors that impact the adolescent and his or her environment, with specific attention paid both intrafamilial and extrafamilial factors, and how they present within and influence the therapeutic process.

The intervention program itself consists of five major components in addition to pretreatment activities: Engagement in change; Motivation to change; Relational/Interpersonal Assessment and planning for Behavior change; Behavior Change; and Generalization across behavioral domains and multiple systems.

Functional Family Therapy has proven outcomes in maintaining the family unit, significantly reducing the need for out of home placement and thereby reducing or avoiding additional County cost.

Fiscal Impact

The total cost for this travel is \$5,178. These costs will be covered with funds that are included in Probation's FY 2013-14 proposed budget. There is no impact to the General Fund.

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COUNTY OF PLACER TRAVEL REQUEST ON OFFICIAL BUSINESS

TO: COUNTY EXECUTIVE
AUDITOR CONTROLLER

TRAVEL ADVANCE REQUESTED
 Yes No

DATE: 6/25/2013

EMPLOYEE TRAVELING: EDWINA PERELES-AGRONT

NOTIFY: Sandy Pizzio

Ext. 7918

1. Briefly explain the purpose of this trip and how this training will benefit you and the department:
To attend Functional Family Therapy series of training, which is a series consisting of a single 3-day initial training and three 2 day follow-up training events for a total of 9 days of training; 4 events over a one year period (July to December 2013)
THIS ESTIMATE COVERS ALL 4 SESSIONS/TRIPS, FOR A TOTAL OF 9 DAYS

2. Destination(s) Downey CA
City State
3. Travel period: 7/23/13 to 12/31/2013
Time Date to Time Date

4. Mode of travel: Air Rail County Car Private Car with mileage reimbursement # of miles 40

5. Training Data: State Association (CIMH) Regional Conference National Conference CPE Units County Training Other Professional Development

6. Estimated Expenses:

# OF ITEMS	PER DIEM	ITEM	AMOUNT
0	9	Breakfast	\$ -
2	9	Lunch	\$ 18.00
3	12	Dinner	\$ 36.00
9	126	Lodging	\$ 1,134.00
1	3000	Tuition	\$ 3,000.00
1		Travel	\$ 975.00
3	5	Other	\$ 15.00
Total			\$ 5,178.00

7. If this trip was not budgeted, it will be financed as follows:

[Signature]
SUPERVISOR APPROVAL

BY [Signature]
Department Head or Authorized Signature

"I declare under penalty of perjury that the above items stated are true and correct and comply with all requirements of the Placer County Administrative Rules. I understand if an advance has been requested, I will be responsible for repayment of any unused advance in the event of early return or cancellation."

Date

Signature of Declarant

FOR USE BY COUNTY EXECUTIVE:

APPROVED
 DISAPPROVED

Comments

County Executive

Date

FOR USE BY BOARD OF SUPERVISORS:

APPROVED/DISAPPROVED BY
PLACER COUNTY BOARD OF SUPERVISORS

Clerk of the Board of Supervisors

By:

Deputy

Date