

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Richard J. Burton, M.D., M.P.H.
Placer County Health Officer and Director of Health & Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: November 5, 2013

SUBJECT: Mental Health Services Act Annual Update

ACTION REQUESTED:

1. Adopt the Mental Health Services Act Fiscal Year 2013-14 Annual Update to the Placer Mental Health Services Act Program and Expenditure Plan.

BACKGROUND:

In 2005, Placer County received funding and implemented services under the State-funded Mental Health Services Act (MHSA). Placer County has used this State funding to expand intensive mental health and crisis services to people with severe mental illness and develop evidence-based prevention programs to reach those who were at risk of mental illness. In addition, these funds have supported housing projects, staff and provider development, and facility and technology improvements. This funding has been managed to allow these services to remain stable during the recent economic downturn. This funding of \$11,927,552 is budgeted in Health and Human Services Systems of Care divisions for County-operated programs, contracted programs, and necessary administrative support for management and reporting. The MHSA consists of five components, each with different goals. The Board of Supervisors is required to approve the Annual Update that reports outcomes and expenditures for FY 2011-12 and program plans and expenses for the 2013-14 fiscal year. Information is included from the program evaluation that was developed for FY 2010 – 2012.

Direct Services for People (Community Services and Supports): In partnership with community agencies, 255 people will be provided intensive outpatient treatment and services to assist them to successfully remain in the community using \$2.7 million. These services are provided 24 hours a day and seven days a week. The cost per person, estimated at \$10,500 annually, is an alternative to higher cost institutional placement or incarceration and results in significant positive outcomes. For adults, the intensive out client treatment resulted in emergency interventions decreased by 32 percent; psychiatric hospitalization days decreased by 44 percent; and jail days decreased by 22 percent.

Crisis and Follow-Up Services will provide treatment interventions and assistance with appropriate services to 875 people who will be evaluated in crisis but not hospitalized using \$1 million. Results include increased engagement in treatment, and future hospitalizations are expected to be reduced.

Evidence-based Peer Support services will provide 23,000 education and support services to families, children and adults through Peer Advocates and Education and Outreach workers in the Latino and Native American communities. These programs will outreach to people who have not received services in the past, they will improve access to mental health services and assist with improving overall mental health service delivery using \$1 million.

The Adult Reintegration Team outreached to people in locked facilities and continues to maintain reduced lengths of stays. This last year they reduced the length of time required in an acute hospital by 60 percent. These outcomes are accomplished with staff assigned to institutions that engaged persons in these facilities, assisting them to make the necessary behavior changes required to move to less restrictive programs. This program provides a higher quality of life to those who are able to make these changes while also assuring that that safety is prioritized for both the individual and the community.

Workforce Education and Training (WET): Provides County, contract agencies, consumers and family members' education and training to develop skills to improve service delivery. These activities included coordination, professionals and paraprofessionals being trained in evidence-based interventions, and culture responsiveness, leadership development, increased availability of e-learning and development of mental health career pathways. In addition, the Placer County Speaker's Bureau has 13 trained speakers to tell their stories of mental health recovery in the community. The Department expects expenditures of approximately \$200,000 for WET activities and staff.

Capital Facilities and Technology: Provides capital funding for MHSA programs and funding to implement an electronic medical record program. The most notable capital facilities project for Fiscal Year 2013-14 will be the completion of Community House of Kings Beach, a community center that will co-locate several community social service partners. The MHSA contribution to this project was \$500,000 and was expended in the prior year. The implementation of an electronic medical record for all behavioral health services is both a program goal and a mandate. The Department expects to spend \$480,000 in this area in the next year.

Prevention and Early Intervention are services that are designed to prevent mental illness or provide an early intervention to reduce the severity of the illness. These services are brief interventions or short-term treatment programs. There will be 15 programs funded to serve 3,300 people focusing on strengthening families and youth with parenting classes, therapy, and social skill development, to note a few. These programs are also designed to reduce depression in specific populations like the elderly and new mothers. Engagement of people who have been traditionally underserved was a goal of this plan, and through these prevention efforts, more than 2,600 people in the Hispanic and Native American communities received culturally-appropriate services. Through community-based contractors, County programs and administration, the Department anticipates spending \$1.1 million for these programs.

Innovations are programs designed to develop a new strategy or new learning. Placer County's initial Innovation plan was to develop community capacity that would support people with mental illness or at risk of mental illness within their own communities. This initial program served more than 7,700 people through both large and small contracts. The two regional community foundations, Placer Community Foundation and Tahoe Truckee Community Foundation, partnered with the County to oversee what was developed as mini-grants. This allowed organizations to develop small projects to assist people in their own communities. Many organizations were successful in forging new partnerships with County mental health, nearby businesses, non-profit organizations and service clubs. These programs are expected to expend \$740,000.

This Annual Plan was vetted with the Mental Health, Alcohol, and Drug Advisory Board, our local stakeholder Steering Committee (Campaign for Community Wellness) and posted for 30 days in order to receive public comment. The 30-day public comment period for this year's Annual Update ended on September 6th. A Public Hearing was held by the Mental Health, Alcohol, and Drug Advisory Board on September 23, 2013. No comments were received.

The Campaign for Community Wellness (CCW), a community-based steering committee overseeing the implementation of this Mental Health Services Act plan in Placer County, is pleased with the results of the investments made through this plan. The CCW goal is to support the traditional and non-traditional mental health system in Placer County using innovative, collaborative, culturally-competent, and consumer-guided approaches. They support the continuation of these programs and look forward to working collaboratively to continue to improve services and supports for all people in Placer County experiencing mental health issues.

FISCAL IMPACT:

Expenditures of \$11,927,552 identified in the Mental Health Services Act Annual Update have been included in the Department's Fiscal Year 2013-14 Final Budget. These expenditures are fully funded by State mental health funds and no County General Funds are required.

The Mental Health Services Act Annual Update and the Mental Health Services FY 2010-2012 Evaluation are on file with the Clerk of the Board for review.

