

**MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care**

TO: Honorable Board of Supervisors

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: May 20, 2014

SUBJECT: Contract with Helios Healthcare, LLC, dba Idylwood Care Center for Mental Health Services

ACTION REQUESTED:

1. Approve an agreement with Helios Healthcare, LLC, dba Idylwood Care Center, in an amount not to exceed \$125,000 (\$75,000 net County cost) to provide mandated intensive mental health services for Placer County residents with the highest levels of need from November 19, 2013 to June 30, 2015, and authorize the Director of Health and Human Services to sign the agreement and subsequent amendments up to 10 percent of the total contract amount, consistent with the agreement's subject matter and scope of work.

BACKGROUND:

Placer County Adult System of Care (ASOC) provides mandated mental health services to 5,000 adults each year. Of this amount, no more than two each year typically require the specialized services provided through this contract. This contract will provide a locked and structured therapeutic setting, in a highly secure environment to clients with highly acute mental health and medical conditions. Residents who have concurrent high-level medical and behavioral care needs have high utilization of acute care settings and are difficult to place. Skilled nursing facilities cannot address the complex needs of this population, resulting in deterioration, acute and expensive hospitalizations and negative outcomes.

Helios Healthcare, LLC, dba Idylwood Care Center, in Sunnyvale, CA, provides a specialized combination of medical and behavioral health services. It is currently one of the only treatment centers with 24-hour skilled nursing care and concurrent behavioral services, including comprehensive therapy, life skills training, health education groups and services designed to improve or maintain functional self-care skills. Discharge planning is on going and focuses on getting patients to lower levels of care and closer to their county of origin and natural support systems. Idylwood Care Center stabilizes both behavioral and medical symptoms resulting in a cost-effective and results-based option. While this provider is located farther away than preferred, it will be used when there is no nearby program that can meet a client's specialized needs.

Helios Healthcare, LLC, is a sister company to Crestwood Behavioral Healthcare, which currently contracts with Placer County ASOC to provide an array of specialized levels of mandated mental health services to Placer County residents. This contract is part of the Crestwood continuum; however, it requires a separate contract and billing process from the current approved Crestwood contract. This contract increase will be managed with a reduction in the use of other contracts.

The Mental Health Alcohol and Drug Board reviewed and approved this contract at their meeting on April 28, 2014

FISCAL IMPACT:

Funding for the current year of this contract is \$50,000 and includes \$20,000 in State funds and \$30,000 in required County General Funds, which is included in the Department's FY 2013-14 Final Budget. Funding for the next year is \$75,000 and includes \$30,000 in State Funds and \$45,000 in required County General Funds, which is included in the Department's FY 2014-15 Requested Budget.

This contract is on file with the Clerk of the Board for review.

