

MEMORANDUM
PLACER COUNTY HEALTH AND HUMAN SERVICES
Adult System of Care

TO: Honorable Board of Supervisors

FROM: Jeffrey S. Brown, M.P.H., M.S.W., Director of Health and Human Services
Maureen F. Bauman, Director of Adult System of Care

DATE: September 23, 2014

SUBJECT: Mental Health Service Act Plan 2014-2017 and Expenditure Plan

ACTION REQUESTED:

1. Adopt the Placer County Mental Health Services Act Plan 2014-2017 and Expenditure Plan.

BACKGROUND:

In 2005, Placer County received funding and implemented services under the State-funded Mental Health Services Act (MHSA). Placer County has used this State funding to expand intensive mental health and crisis services to people with severe mental illness and develop evidence-based prevention programs to reach those who were at risk of mental illness. In addition, these funds have supported housing projects, staff and provider development, and facility and technology improvements. This funding has been managed to allow these services to remain stable during the recent economic downturn and supports County-operated programs, contracted programs, and necessary administrative support for management and reporting. The MHSA consists of five components, each with different goals. The Board of Supervisors is required to approve the 3 Year Plan and its Expenditure Plan.

Direct Services for People (Community Services and Supports): In partnership with community agencies, 721 people will be provided services to assist them to successfully remain in the community using \$6 million. These services are provided 24 hours a day and seven days a week. The cost per person, on average \$8,440 annually, is an alternative to higher cost institutional placement or incarceration and results in significant positive outcomes. For adults who were enrolled more than a year in FY 2012-13, the intensive outclient treatment resulted in 58 percent reduction in homeless days, incarceration days decreased by 59 percent, psychiatric hospitalization days decreased by 27 percent, and jail days decreased by 22 percent.

Crisis and follow-up services will provide treatment interventions and assistance with appropriate services to 950 people who will be evaluated in crisis but not hospitalized using \$1 million. Results include increased engagement in treatment, and future hospitalizations are expected to be reduced.

Evidence-based and peer support services will be provided to 3,038 unduplicated persons through education and support services to families, children and adults offered by Peer Advocates and Education and Outreach workers in the Latino and Native American communities. These programs will outreach to people who have not received services in the past, they will improve access to mental health services and assist with improving overall mental health service delivery using \$1 million.

Housing Program: The Housing Program has two developments in Auburn, providing permanent supportive housing to 17 people. All the initial housing funds have been spent. The Campaign for Community Wellness has recommended an "over-the-counter" process for money set-aside to address housing, capital facility and technology in the amount of \$1 million.

Workforce Education and Training (WET): Provides County, contract agencies, consumers and family members' education and training to develop skills to improve service delivery. These activities included coordination, training of professionals and paraprofessionals in evidence-based interventions, culture responsiveness, leadership development, increased availability of e-learning and development of mental

health career pathways. The Department expects expenditures of approximately \$385,000 for WET activities and staff.

Capital Facilities and Technology: Provides capital funding for MHPA programs and funding to implement an electronic medical record program. Currently, there are no Capital Facility requests. The implementation of an electronic medical record for all behavioral health services is both a program goal and a mandate. The Department expects to spend \$334,000 in this area in the next year.

Prevention and Early Intervention activities are intended to prevent mental illnesses from becoming severe and disabling by treating individuals early in its emergence and by providing services to those individuals or groups whose risk of developing a serious mental illness is higher than the average population. Activities may also include education for increasing recognition of early signs of mental illness, suicide prevention programs, and stigma and discrimination reduction programs. These services are brief interventions or short-term treatment programs. There will be 20 programs funded to serve 4,000 people focusing on strengthening families and youth with parenting classes, therapy, and social skill development, to note a few. These programs are also designed to reduce depression in new mothers and to reduce the effects of trauma on children and their families. Engagement of people who have been traditionally underserved was a goal of this plan, and through these prevention and early intervention efforts, more people in the Hispanic and Native American communities will receive culturally appropriate services. Through community-based contractors, County programs and administration, the Department anticipates spending \$2.8 million for these programs.

Innovations include programs designed to develop a new strategy or new learning. Placer County's initial Innovation plan will be ending September 30, 2014. A new three-year plan will be created and presented under separate cover.

Conclusion: This Plan was vetted with the Mental Health, Alcohol, and Drug Advisory Board, our local stakeholder Steering Committee (Campaign for Community Wellness) and posted for 30 days in order to receive public comment. The 30-day public comment period for this Plan ended on July 18th. A Public Hearing was held by the Mental Health, Alcohol, and Drug Advisory Board on August 25th. No comments were received.

The Campaign for Community Wellness (CCW), a community-based steering committee overseeing the implementation of this Mental Health Services Act plan in Placer County, is pleased with the results of the investments made through this plan. The CCW goal is to support the traditional and non-traditional mental health system in Placer County using innovative, collaborative, culturally-competent, and consumer-guided approaches. It supports the continuation of these programs and looks forward to working collaboratively to continue to improve services and supports for all people in Placer County experiencing mental health issues.

FISCAL IMPACT:

Mental Health Services Act revenues of \$12,921,496 and the accompanying expenditures have been included in the Department's Fiscal Year 2014-15 Final Budget. No County General Funds are required.

The Mental Health Services Act 2014-2017 Plan is on file with the Clerk of the Board for review.