

## MONTHLY BOARD MEETING MINUTES

April 22, 2013

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Buckman, Rick  
O'Meara, Janet  
Schauer, Steve  
Thickens, Theresa  
Williams, Jessica

#### **Absent Members**

Holmes, Jim  
Meade, Pat  
Wesp, Daniel

#### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Cleveland, Cheryl  
Coffey, Nancy  
Dickinson, Will  
Jones, Janna  
Osborne, Marie  
Vales, Oscar

### **Welcome and Introductions**

Sharon Behrens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:29 p.m. Members and guests were welcomed and introductions were made.

#### **❖ Board Protocol (Non-Board Member Participation)**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

#### **❖ Site Visit Tour of ANKA – 6:00 PM**

#### **❖ Guest Speakers:**

**Nancy Coffey**, Administrator - Telecare Psychiatric Health Facility (PHF)

- Provided the background on Telecare Corporation, how it was started and its contract with Placer County.
- Distributed the Telecare Orientation Handbook, which is provided to patients upon admission.
- Telecare has 80 facilities throughout the US (26 counties).
- Placer's is a 16-bed facility with an average length of stay of five to seven days.
- Groups are provided on an inpatient basis. The treatment groups play a major role in clients' rehabilitation and attendance is strongly encouraged.
- Offer medication management and promote clean and sober living.

Oscar Vales, Vice President, Program Services - Anka

- Anka and Telecare are very similar in their services.
- 88 programs, mainly in California.
  - Preparing to open an adolescent facility.
  - Multi-service centers.
  - Tailor the services to the needs.
- No longer run a PHF but do run a 24-hour facility in Solano County – a crisis stabilization facility.
- Anka functions as a release valve for Telecare; individuals flow from Telecare to Anka.
- Anka has a large internship program.
- Length of stay was seven to 14 days and has recently changed to 14 to 30 days.
- Anka will be celebrating 40 years and was started by a group of parents.
- Capacity is 14.
- Enter through County referral.

### Secretary/Treasurer's Report

**Approval of the March 25, 2013 Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Report** – \$1,500 - Amount budgeted for Fiscal Year 2012-13.

Expenditures for the month of March include: \$57.35 - catered meals and \$6.60 - postage (April). As of March 25, 2013, the remaining balance is \$684.39 and is accepted as presented.

### Standing Committee Reports

- ❖ Alcohol and Drug Committee – Janet O'Meara on behalf of Dan Wesp
  - The Committee followed up with Amy Ellis on the pilot program.
  - Briefly reviewed the completion of the DUI Needs Assessment report and issue related to provider, identifying that there is no current need for an additional multiple offender DUI program.
  - Committee continued discussions on AB 109 split sentencing. Bennett Consulting is meeting with local law enforcement agencies to come up with strategies to identify issues to better serve the clients and increase efficiencies in the Criminal Justice System.
  - Contract requirements will now require providers to have increased staffing levels.
- ❖ Quality Improvement Committee – Jessica Williams
  - Working on the resource packets per Lincoln law enforcement's request. Currently revamping emergency cards for inclusion in the packets.
  - Quarterly Quality Improvement meeting taking place this week and will review the utilization of a new tool.
  - Reported on the status of the pre-appeal from the Department of Health Care Services (DHCS) followed by a new appeal.
  - There is an upcoming fiscal audit based on SB90 claims - state mandated services cost reimbursement processes.
  - The County has not yet received a report from the ADP audit.
- ❖ Children's Committee – Sharon Behrens
  - Did not meet.
  - Previously met with Richard Knecht, Twylla Abrahamson, representatives from Placer County Office of Education (PCOE) and Sacramento County staff to continue discussions on early trauma. A 15-county conference will take place to discuss, administratively, who wants to continue the process. The Children's Receiving Home has been identified as a possible site and currently reviewing resources and who wants to contribute funds.
- ❖ Adult Services Committee – Janet O'Meara
  - The Committee has many things it would like to work on – most immediate are the questions raised subsequent to the search on Laura laws, review of outreach efforts and looking at the gap of those under a parent's roof.
  - The committee has requested a follow-up on Laura's Law data and the County has changed their data collection form in order to collect better data on the number of persons who were engaged, the length of the engagement process, and whether they got into treatment.
  - Each member of the committee will be working on specific projects and the committee will report back once there is additional data and analysis.

### BOS-Representative

- ❖ None

## Correspondence and Announcements

- ❖ Sharon Behrens reported on the receipt of the following:
  - Reported that the Welcome Center donated a kiln to Koinina for their art program.
  - Brought Board Members' attention to the handout - questions from Frank Lozano and responses provided by Maureen Bauman.

## Director's Report

- ❖ Maureen Bauman reported on the following and provided a written Director's Report:
  - As part of the ongoing evaluation of mental health services, ASOC continues to review program/processes.
    - Telcare, Anka and full-service partnerships – how we can improve our services and make sure we're not missing anything.
    - Anka was found to be an under-utilized program and discovered admission requirements were cumbersome. Since then, some requirements have been eliminated for easier access.
    - Conducted interventions to better utilize Anka facility.
  - Curtis Budge, new program manager, began at ASOC on April 15th, coming from Kaiser. He will be responsible for Crisis Triage, Telcare, ANKA and the Community Integration Team.
  - Geographic Managed Care was delayed by three months, now beginning September 1, 2013.
    - Two health plans have been selected for the 18 counties in the northern part of CA – 1) California Health and Wellness Plan (Sentene) and Anthem Blue Cross.
    - Designed to reduce costs and provide better coordination of care.
  - Criminal Justice update – Placer County hired David Bennett Consultant to look at the Criminal Justice System to improve system efficiencies and outcomes. He's working in collaboration with the Placer Superior Courts, County Public Safety Officials and Health and Human Services.
  - The new jail is expected to be open next year.
    - Members will view the PowerPoint presentation that will be shared with the Board of Supervisors.
  - May is Mental Health Awareness month. A Board of Supervisors' memo is being drafted, providing them up-to-date information and highlighting some of the great things happening.
  - Campaign for Community Wellness is hosting Aging Well, taking place on May 9th at 5:00 p.m. (flyer to be sent).
  - The Mental Health Services Act (MHSA) is providing California with an experiment to determine if we can reduce stigma and discrimination against persons with mental illness.
    - There was an article published in the American Journal of Public Health, highlighting this work.
    - Each county will need to make a determination if this statewide level work is worth the dollars that will be needed to sustain it in part or whole.
    - Prevention is not a one-year project.
    - When we changed behavior with wearing seatbelts and not smoking, it took many years.
    - The statewide projects are going to be evaluated with the first outcome report of the Rand Corporation expected in August of 2013.
    - Counties will then be provided estimates of their percentage of MHSA dollars that will be needed to keep some of these important projects sustained.

## Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
  - Will Dickenson will be interviewing with the Executive Committee in May.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - Sharon Behrens met with people from the Lincoln community and decided to create a resource packet for dissemination of information, making certain all levels of the community get specific information of where the gatekeepers are and how to find resources.
  - The Wellness Fair, sponsored by the Lighthouse, takes place on June 7<sup>th</sup> in Lincoln at McBean Park.
  - Medication Take Back takes place on Saturday, April 27<sup>th</sup>.
  - Janet O'Meara checked prices on a table and banner:
    - 1) Table cost: \$67.99 / \$85.79.
    - 2) Banner nothing found yet.
  - Board is comfortable in spending \$300 or less for both.

Jessica Williams made a motion to accept the expenditure up to \$300, Theresa Thickers seconded. Motion carried.

- ❖ MHS Update: Campaign for Community Wellness (CCW) – Janet O'Meara
  - The CCW has completed an asset survey as part of the planning of the three-year plan development for Fiscal Year 2014-15. The asset map identified those mental health services that are already in the community and will be used in addition to a gap analysis and reports from all existing programs.

### New Business

- ❖ Approval of Nominating Committee
  - Sharon Behrens appointed the following people as the nominating committee:
    - 1) Rick Buckman; 2) Janet O'Meara; and 3) Pat Meade
  - The Committee will be contacting members between now and the next meeting to secure a slate of officers.
- ❖ July Retreat Initial Planning (Location/Topic)
  - Consensus to hold annual retreat at the Rose Room in the City of Auburn.
  - Ideas for topic of conversations: Affordable Health Care, state and local information on suicide prevention (look at where the initiatives stand), Outreach and Engagement for treatment resistant and more difficult to reach population, and Mike Lombardo on school-based programs.
  - Take identified topics under advisement and bring back to the full board next month.
- ❖ Contract [Action Item]
  - The below contracts were reviewed and approved by the Executive Committee.
    - Joint Powers Authority for Statewide Mental Health Services Projects

**Theresa Thickers approved the above contract, Rick Buckman seconded. Motion Carried.**

  - State of California Mental Health Managed Care Program

**Rick Buckman approved the above contract, Jessica Williams seconded. Motion Carried.**
- ❖ Fiscal Year 2012-13 Annual Report to the Board of Supervisors (BOS)
  - Committee chairs are responsible for preparing the committee reports for the annual report to the BOS.
  - Completed reports due to the Executive Committee by August 15th and the final document to the BOS in September.
  - Ms. Bauman requested Sharon Behrens continue to attend the Executive Committee meetings as the past president.

### Board Member Comments

- ❖ Northern California NAMI Walks takes place Saturday, April 27<sup>th</sup>. Both Pat Meade and Janet O'Meara are attending. Let Janet O'Meara know if you would like to attend. Reported on her attendance at the last NAMI meeting and shared her appreciation for staff attending.

### Public Input

- ❖ None

### Adjournment

- The meeting was adjourned at 8:13 p.m.
- Monday, May 6, 2013 at 10:30 a.m. is next Executive Committee meeting (ASOC)
- Monday, **May 20, 2013 (due to Holiday)** is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board