

MONTHLY BOARD MEETING MINUTES

August 26, 2013

Mental Health Board

Members in Attendance

Behrens, Sharon
Cleveland, Cheryl
Holmes, Jim
Meade, Pat
O'Meara, Janet
Schauer, Steve
Thickens, Theresa
Wesp, Daniel
Williams, Jessica
Dickinson, Will

Staff and Guests

Bauman, Maureen
Burke, Camilla
Moser, Katrina
Osborne, Marie
Ling, Lewis
Croissant, Ingrid
Sutter, Kara
Gaitan, Jainell
Taylor, Will

Absent Members

Buckman, Rick

Welcome and Introductions

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Not read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speakers:

Prevention Update: Kara Sutter, Health Educator, Children's System of Care

- Placer County received small grants for the purpose of hosting community forums in more rural communities. The goal of the forums is to get the community involved in the movement to reduce stigma around mental health issues.
- This is a partnership with Whole Person Learning, Auburn Hip Hop Congress and the Placer County Youth Commission.
- Communities selected are: Colfax, Foresthill, Lincoln and Auburn.
- The first community conversation will be in Foresthill on Sept 16th. The Youth Commission is taking the lead.
- The whole community is invited.
- The event will feature segments from the "Every Mind Matters" video as well as music, food, speakers, and an activity that highlights the concept that "1 in 4" face a mental health challenge.
- The Auburn event will take place on October 10th; Colfax on October 16th; and Lincoln is to be determined.
- It was suggested that MHADB be represented at each event.

AMI Housing: Jainell Gaitan, Supervisor, Adult System of Care

- Ms. Gaitan is the Program Supervisor for the Placer County Housing Program.
- There are two types of housing: HUD Subsidized Housing and AMIH Collaborative Housing.
- HUD – received two grants for subsidized housing, one for APSH (Adult Permanent Supported Housing) and the other for the Shelter +Care program.
- The purpose of these programs is to permanently house Placer County homeless adults with mental illness or a certifiable disability and for the Shelter +Care program have AIDS or related diseases.
- The APSH HUD program:
 - Provides supportive housing for those participants who qualify.
 - Participants pay 30% of their income towards their rent.
 - This program comes with case management service.
 - For FY 2013-2014, HUD awarded \$90,000 more for leases which will equal nine more participants served.
- Shelter +Care HUD program:
 - Participants pay 30% of their income towards their rent.
 - Participants have to come in with services, such as case management or receiving services in the community.
- AMIH Collaborative (Alliance for the Mentally Ill Housing):
 - Transitional housing: Edna House and Helen House are group living homes for up to five or six people each. Participants can stay for up to two years and have case managers who help them plan for their discharge within that time frame. Maureen's House is short-term (6 months) transitional housing that targets intensive case management.
 - Permanent supportive housing: Corinthian house is permanent housing for elderly participants.
- These houses are for adults with mental illness but they do not have to be homeless.
- All participants pay program fees and must attend treatment or be receiving services.
- AMIH Grant Funded Housing:
 - Supervise Timberline MHSa housing project
 - Participants in Timberline must be adults who meet MHSa and DMH guidelines for severe mental illness with a history of hospitalization or incarceration. They also have to be homeless or at risk of homelessness.
 - Timberline has Shelter+ Care project vouchers.
- ASOC provides the clinical aspect of the program. The program coordinator for the housing collaborative works along with AMIH. There is a practitioner who does the assessment of the individuals to make sure they meet the guidelines.
- PSTH (Peer Supported Transitional Housing):
 - This is transitional housing for up to one year for five to six participants.
 - Supported by peers.
 - Program fees apply.

Secretary/Treasurer's Report

Approval of the July 19, 2013 Retreat/Workshop and Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2013-14.

Expenditures for the month of July include: postage - \$4.22; food purchased for retreat - \$118.65. End balance of \$1,391.08 and is accepted as presented.

Standing Committee Reports

❖ Alcohol and Drug Committee – Dan Wesp

- At today's meeting, the committee reviewed the three goals for the new FY 2013-14 and discussed the best ways to approach each goal.
- Had a report on the Perinatal Outreach program the County is engaging in.
- The Perinatal Outreach Program has permission to hire an extra-help person in September. The new position will be utilized to engage the mothers and improve outreach.
- Next week the committee will learn about all of their providers.

❖ Quality Improvement Committee – Jessica Williams

- Reviewed the new draft of the upcoming Mental Health Services Act (MHSa) audits; there will be 35 before 2019.
- Still awaiting last review results.
- Discussed possibly adding some additional goals to the six existing ones but decided they would just add into those six.

- Now have their first draft version of the Crisis Resource cards in lime green.
 - Part of their goal will be deciding exactly where the Crisis Resource cards will be disseminated.
 - Thanks were given to Marie Osborne and Twylla Abrahamson for all their help.
- ❖ Children's Committee – Sharon Behrens
 - Committee has a combination project between the QI Committee and CSOC Committee.
 - Met with Barbara Morton to begin gathering data as to what types of services are being provided since Placer County is no longer providing mental health services in the schools; the services are being provided by school employees.
 - Currently reviewing the data on how mental health services are currently being provided to school age children.
 - They believe it will be a year- long process.
- ❖ Adult Services Committee – Janet O'Meara
 - Targeted project: Outreach Summary – currently in the process of gathering data.
 - Met with Curtis Budge, Adult System of Care Program Manager, who will be another partner to collaborate with and get actual data.

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Next month the BOS will be approving the final budget for FY 2013-14; it is a \$715,000,000 budget.
 - There is more development moving forward; many of the projects are projects that have already been entitled.
 - Expect some changes with Costco coming to DeWitt center and are in the preliminary stages of that project.
 - Almost \$6 million was put back into the reserves, bringing the total to \$20million which will be very important as they start to staff the South Placer Justice Center.
 - Plan to see some property tax increases.

Correspondence and Announcements

- Nothing reported.

Director's Report (Distributed in Board packet)

- ❖ Maureen Bauman reported on the following and provided a written Director's Report:
 - Shared some updates on the Health Care Reform and Covered California.
 - Discussed how they will disseminate the updated suicide prevention and resources tri-fold via the fire districts.
 - Working with News and Review to develop publications that debunk the myths of mental illness and focus on recovery. We have Prevention and Early Intervention social marketing dollars available for this project.
 - The theme of the publications will be HOPE.
 - Focus will be on stigma reduction and suicide prevention resources.
 - They plan to insert in local media and at various community events.
 - The recruitment has begun for Dr. Burton's position.
 - "Walking in our Shoes" – school based web event for 9-13 year olds is coming up this week. There will also be live performances in some of the schools.
 - Warm line for seniors will also be advertised in News and Review.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Dr. Ling was welcomed and given an application.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Recovery Happens Event takes place September 21, 2013 and the MHADB has a table.
 - Daniel Wesp and Steve Schauer attending all day; Sharon Behrens attending a portion of the day; and Janet O'Meara will try to attend.
 - Community Forums:
 - Foresthill on Sept 16th – Dan Wesp may be able to attend.
 - Lincoln's date has yet to be determined but Sharon Behrens will participate.

- ❖ Table Cover Purchase
 - Seeking approval for increase in expenditure for table cover purchase to include the new County logo.
Jessica Williams proposed approval to increase the expenditure by \$100.00, Theresa Thickers seconded. Motion carried.
- ❖ Public Service Announcement Recognition Letters
 - Letters of recognition for students who developed the “Directing Change” public service announcement.
 - The MHADB put together letters for each student, the student advisor and the principal.
 - The letters were signed and going out soon; a copy will be made for the next board meeting.
- ❖ Annual Holiday Party
 - Sharon Behrens clarified that the Crisis Resolution Center (Koinonia) Christmas party is not a MHADB related project.
 - Moving forward with the party but it is strictly a volunteer effort.
- ❖ Lincoln Consortium
 - Sharon Behrens reported that there will be a meeting tomorrow with Kara Sutter to begin the process of outreach. Theresa Thickers is also interested in joining this group.
 - The Consortium will be reaching out to schools, clubs and police officers.
- ❖ Review Guest Speakers/Trainings
 - A draft list of guest speakers was previously sent out to the Board for review.
 - The September and October speakers have been confirmed.
 - From the annual retreat, the Executive Committee identified areas of interest to the Board and will work on getting speakers scheduled.
- ❖ FY 2012-13 Annual Report to the Board of Supervisors (Update)
 - Sharon Behrens will begin laying out the rough draft.
 - Hopefully, a rough draft will be completed by next board meeting.

New Business

- ❖ NAMI Peer to Peer
 - Maureen Bauman reported on the meeting that took place with Loretta Benge.
 - NAMI wants to pay for a program to train some of our consumers to provide a Peer to Peer program and are working through the details with Ms. Benge.
 - The curriculum targets adult only.
- ❖ Committees’ Identification of Critical Issues - Speakers
 - Committees are asked to think of topics for speakers and notify the Executive Committee.
- ❖ Change of Executive Committee Meeting Time
 - The new meeting time of the Executive Committee was noted to be 3:30 - 4:30 p.m.
- ❖ Contracts [**Action Item**]
 - The below contracts were reviewed and approved by the Executive Committee.
 - Grant Agreement with the US Department of Housing and Urban Development
Theresa Thickers motioned, Sharon Behrens seconded. Motion approved by all.
 - Block Grant Application to the Substance Abuse and Mental Health Services Administration for FY 2013-14
Sharon Behrens motioned to approved and Dan Wesp seconded. Motion approved by all.
 - **Sharon Behrens proposed approval of the contracts, Dan Wesp seconded. Motion carried.**

Board Member Comments

- ❖ Jim Holmes noted that the county hired a firm to solicit candidates for the new HHS Director.
- ❖ Sharon Behrens and Mia Behrens had an article published in Strategies and have been asked to speak at CAPC.
- ❖ Daniel Wesp noted that they could use help planning Leonard's Christmas party this year.
- ❖ Patricia Meade went to a NAMI conference last weekend. She brought flyers to share on the Mentors on Discharge program.
- ❖ Maureen Bauman noted that the California Institute for Mental Health will feature some of the art done here in Placer County.

Public Input

- ❖ Will Taylor invited Board members and the public to attend the Recovery Happens Event on Saturday, September 21, 2013 from 10:00 a.m. to 2:00 p.m. at the Auburn Recreation District.
- ❖ A statement was made by Ingrid Croissant about the importance of educating homeless children and developing the self-esteem of homeless women in the shelters by teaching them a trade.

Adjournment

- The meeting was adjourned at 8:00 p.m.
- Monday, September 9, 2013 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, September 23, 2013 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board