

MONTHLY BOARD MEETING MINUTES

November 17, 2014

Mental Health Board

Members in Attendance

Behrens, Sharon
Cleveland, Cheryl
Dickinson, Will
Stanners, Sharon
Thickens, Theresa

Absent Members

Holmes, Jim
O'Meara, Janet

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Bond, Yvonne
Cowen, Jeff
Crow, Shari
Jarvis, Debra
Jones, Janna
Knecht, Richard
Osborne, Marie
Taylor, Will

Welcome and Introductions

Theresa Thickens, on behalf Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
 - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
 - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)
 - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
 - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
 - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

❖ Guest Speakers:

Shari Crow, Health Educator, Children's System of Care -- *Presenting on Youth and Family Substance Abuse Prevention Services and Youth Commission Update*

- Announced the Anonymous People showing (90 minutes) this Wednesday, November 19, 2014 at the Rocklin High School and asked if anyone was available to help.
- Final Rx Take Back took place in September. The Drug Enforcement Agency (DEA) came out with new regulations and is not going to sponsor any more national DEA take backs.
 - Disposal regulations: registered pharmacies can now have permanent disposal at their locations (voluntary), medications can be mailed back and medications can be dropped off at the Material Recovery Facility.
 - 16+ tons have been collected over a four-year period of time.
 - Recently activated a collaborative group of people who are looking at options for permanent disposal.
- Under Age Signage. There is mandatory signage on tobacco warning of the consequences of selling tobacco to those under the age of 18 but nothing for the sale of alcohol. Meeting with law enforcement agencies and the DA to get signage in place. Passed around the draft poster and decal that will be posted, identifying the consequences of selling alcohol to minors. Hope to have all coalitions in California post this sign and ultimately have it as mandated signage.
- Coalition Placer Youth awarded five more years to work on reducing adolescence substance abuse.

- Youth Commission is working with law enforcement on a project called TRACE. When there is an accident/death and underage drinking is involved, a special investigative unit (through Alcohol Beverage Control) will be brought in to investigate parallel with law enforcement to find out where the youth got the alcohol.
- In late January/early February, the Coalition and Youth Commission will work on a drug facts week to provide honest, clear, and often unknown drug facts for the parents and youth.
- Youth Commission is interested in getting the Ending the Silence Program into each of the 9th grade health classes. Information delivered from a lived experience standpoint. Plan to get Placer County people in recovery (substance abuse and mental health) trained to go into schools. Sponsored by National Alliance on Mental Health NAMI.

Richard Knecht, Director, Children's System of Care -- *Presenting on New Opportunities in Children's Services*

- Mr. Knecht celebrated Shari Crow's ongoing successful leadership of the substance abuse outreach education intervention in Placer County.
- Celebrating adoption month in November, taking place at the old Auburn courthouse. The event includes the adoption of 16-18 kids, 10-11 families in which judges will make permanent families.
- Reported on an upward trend in the number of cases opening in Placer County with additional demand for services.
- Of the additional number of kids with open dependency cases, almost none of them go to group homes. With more cases open and more foster youth in placement, very few end up in institutional settings.
- On the juvenile delinquency side, there are six youth in group homes compared to eight years ago when there were 70 kids in group homes. Mr. Knecht attributes the decrease to wrap around services.
- Reported on CSOC's experience with hosting a delegation from Taiwan and explained the uniqueness of Placer and its System of Care. We are the state's most integrated county.
- Highlighted the new orientation process for parents who come into the dependency system. Judges invite attendance of the parents to an orientation that includes education, outreach and engagement to help them understand the child welfare authority and their social workers are there to help support them and to get their kids back.
- Implementing Safety Organized Practice (wrap around principles), empowering and engaging parents to be vibrant and active decision makers around what happens to their children in foster care.
- Participating as a pilot county with iFoster (national non-profit). Working with the National Grocers Association to give priority hiring to the foster youth into the grocery industry (on a national basis).
 - Task is to get foster youth ready - teaching interview skills, basic screening, and into a mentored job.
 - Just a conversation at this point with a plan to begin in January 2015.
- Explained possible reasons behind the anticipated increasing demand of services for mental health care for youth. Reported on a 22% increase over the last two years in both outpatient and inpatient care for Placer kids.
- A contract was awarded to the Sacramento Receiving Home to provide intensive treatment to young trauma victims (ages three to five). There are four funded seats in this program.

Secretary/Treasurer's Report

Approval of the September 22 and October 27, 2014 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports (September and October 2014) – \$1,500 - Amount budgeted for Fiscal Year 2014-15.

Expenditures for the months included: \$58.39 (September), \$78.08 (October) – food purchased. End balance of \$1,146.22 and is accepted as presented.

Standing Committee Reports

❖ Executive Committee

- Action taken by the Executive Committee at their November 3, 2014 meeting:
 1. Grant Agreement with the U.S. Department of Housing and Urban Development.
Theresa Thickers made a motion to accept the contract, Janet O'Meara seconded. Motion carried.
 2. Sponsoring the film – The Anonymous People.
Sharon Behrens made a motion that the MHADB support sponsoring the film, Theresa Thickers seconded. Motion carried. (It was too late to be included as a sponsor on the flyer.)

❖ Alcohol and Drug (AOD) Committee – Cheryl Cleveland

- Cyndy Bigbee met with committee and provided information on the Veterans Court program. Ms. Cleveland explained the program to this Board. Ms. Bigbee provided detail on what services the veterans are provided. Currently have 11 active veterans in the program, five successful graduates. Added a mentors program to help them navigate through the system.

- ❖ Quality Improvement – Theresa Thickens
 - Welcomed new member – Yvonne Bond (*pending Board of Supervisors' appointment*).
 - Fine tuning acronyms and glossary for the MHADB handbook.
 - The committee received an update from Marie Osborne on the audit status of the Substance Abuse Prevention and Treatment program.
 - Twylla Abrahamson reviewed the Quality Management Plan and the Effectiveness Plan. The Quality Management Plan is the current plan with current goals and the Effectiveness Plan looks at how we did with the Quality Management Plan in the prior year. These are very detailed, comprehensive plans done on an annual basis.
 - An electronic copy can be sent to those interested.
 - Reviewed test calls and reminding members to conduct calls. Members can be provided with the script.
 - Plan to bring the script to next meeting.

- ❖ Children's Committee – Sharon Behrens
 - Continuing with the Crisis Resolution Center (CRC) expansion process. The City of Loomis owns the set back where the addition was going; the City will not allow the addition. Koinonia is willing to purchase another facility to add more beds. Continue to look at various sites over the next few months and will replace the current site.

- ❖ Adult Services Committee – Will Taylor, on behalf of Janet O'Meara
 - Will Taylor facilitated the meeting in Ms. O'Meara's absence.
 - Curtis Budge provided an update to the committee about ASOC outreach and expanding the role of Adult Intake to connect people with more assertive outreach and engagement. Launching a service where calls for non-crisis help will be connected directly to contact people at the various FSPs.
 - PHF administration is collecting client satisfaction feedback.
 - Consumer initiatives:
 - Speakers Bureau spoke to about 1200 people this year. As of October 1st, they have done 33 presentations.
 - Six, two-day Wellness Recovery Action Plan workshops took place this year.
 - Consumer Perception Surveys taking place this week at the Cirby Hills clinic.
 - Mr. Taylor is leading staff development training for AMIH's peer staff.

BOS-Representative - None

Correspondence and Announcements

- ❖ Janet O'Meara, reported on the receipt of the following:
 - Sharon and Mia Behrens are speaking on December 4th from 6:30 – 8:30 pm. Presentation covers both perspectives: how to raise a wild child and how does it feel to be a wild child. Sponsored by Foster Care and Kinship training programs.
 - Janna Jones will email details; Ms. Behrens is requesting those attending to RSVP.

Director's Report

- ❖ Maureen Bauman reported on the following (*hard copy of report provided*):
 - Mobile Crisis Team data was reviewed. Ms. Bauman highlighted some of the information contained in the preliminary data from March 5 – October 20, 2014.
 - Additional data is being collected on the specific interventions that are provided to each client. Data is forthcoming and is expected early in 2015.
 - Proposition 47 is now the law; it passed on November 4th and was implemented immediately. ASOC is working with the Placer County Sheriff's Office (PCSO) since inmates have the ability to petition the court and be released from jail.
 - 25 people were seen in court and nine were released from jail.
 - ASOC is being included in case people need resources as they exit the jail. The green resource cards were delivered to PCSO.
 - Ms. Bauman explained which persons and crimes would be affected by this law and the applicable processes.
 - ASOC had a great all staff in which a video was produced for and of our staff. ASOC is working to have better integrated programs between the various teams so everyone understands more about the other programs. A brochure was developed, outlining the different teams and what they do, providing staff with an opportunity to experience the other teams.
 - Discussed bringing both the brochure and the video to share with the MHADB.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Maureen Bauman confirmed, after discussing with County Counsel, the MHADB can have an at large member on the Board but did require us to have representation from each supervisorial district first. Greg Wild has expressed an interest in sitting on the Board as an at large member and plans to attend the December meeting.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Sharon Behrens and Theresa Thickers reported on their attendance and experience at the Mud Run 4 Life for suicide.
 - Theresa Thickers reported on her attendance, on the MHADB's behalf, at the Public Safety Prevention event in Alta. Green cards were distributed to the various agencies. The Board needs to focus on getting the green cards to others in the county.
 - Theresa Thickers reported on her attendance at the Creating Trauma Informed Communities training organized Dr. Lisa Conradi, who provided a wonderful presentation.
 - Theresa Thickers brought back the one-page MHADB recruitment flyer she created to help better explain what the MHADB is and what the members do.
 - Janna Jones will redistribute the flyer electronically.
 - Debra Jarvis researched what other mental health boards are doing to reach people with lived experience and shared some of her ideas.
- ❖ Draft Handbook (*Update*)
 - Continuing to work on the Board handbook and provided a draft table of contents in Board packet.
- ❖ Creating Trauma Informed Communities
 - Covered under Visibility of MHADB Services.
- ❖ MHADB Executive Committee Calendar (*Update*)
 - Staff is working on a draft calendar of events that internally the Board needs to ensure happens.
 - Requesting members review the two draft schedules for 2015: Executive Committee and regular meeting schedules.
 - The Board plans to look at an alternate date for the annual workshop/retreat.
- ❖ Approve the FY 2013-14 Annual Report to the Board of Supervisors [**Action Item**]
Sharon Behrens made a motion to accept the FY 2013-14 Annual Report, Cheryl Cleveland seconded. Motion carried.

New Business

- ❖ Vote on Acceptance of Yvonne Bond to the MHADB
 - Yvonne Bond shared her personal experience and background.
 - The Executive Committee interviewed Yvonne Bond and recommends approval of her appointment as a family member.
Cheryl Cleveland made a motion to accept the appointment of Yvonne Bond to the MHADB, Sharon Stanners seconded. Motion carried.

Board Member Comments

- ❖ Cheryl Cleveland noted it would have been helpful to hand out the recruitment flyer at the Anonymous People showing.

Public Input

- ❖ Jeff Cowan advised that at PIRS (Placer Independent Resource Services), they have mental health peers support group several times per week that focus on different populations. Call their office for additional information.
- ❖ Yvonne Bond thanked the Board for accepting her onto the MHADB and looks forward to working with everyone.

Adjournment

- The meeting was adjourned at 8:05 p.m.
- Monday December 1, 2014 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, December 15, 2014 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board