

## MONTHLY BOARD MEETING MINUTES

February 23, 2015

### **Mental Health Board**

#### **Members in Attendance**

Behrens, Sharon  
Bond, Yvonne  
Cleveland, Cheryl  
Dickinson, Will  
Jarvis, Debra  
O'Meara, Janet  
Stanners, Sharon  
Thickens, Theresa

#### **Staff and Guests**

Abrahamson, Twylla  
Bauman, Maureen  
Cople, Katrina  
Cowen, Jeff  
Denton, Kathie  
Ellis, Amy  
Jones, Janna  
Mendonsa, Andrew  
Osborne, Marie  
Sutter, Kara

#### **Absent Members**

Holmes, Jim

### **Welcome and Introductions**

Janet O'Meara, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### ❖ **Board Protocol (Non-Board Member Participation) – Read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
  - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
  - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
  - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
  - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
  - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
  - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

#### ❖ **Guest Speakers:**

**Kathie Denton**, Client Services Program Manager, Adult System of Care (ASOC) – Housing/Homeless Activities

#### Housing

- ASOC manages several housing programs designed to assist individuals who have a diagnosed mental illness, are homeless, and are residents of Placer County.
- Ms. Denton provided information on Transitional Housing, Permanent Housing and Board and Cares and the various differences.
- Distributed: *ASOC Housing Program flyer, Housing Resource list, and Getting Started Group flyer.*
- Transitional Housing program – a person can be enrolled in the program for up to 24 months. It's time limited and there's a program attached to the housing – additional services offered to individuals living in the home (services may be mandated – *Transitional Misconduct Act*).
- Permanent Supportive Housing programs (MHSA funded) - no time limit. Additional services are offered but not required.
- Collaborate with AMI Housing (Advocates for Mentally Ill). ASOC provides much of the supportive services; AMIH provides peer support which compliments the program.

- Highlighted expectations of the Transitional Housing program: activity engagement and participation in house duties.
- Provided detail on the federally funded Supportive Housing Programs ASOC manages.
  - ASOC Permanent Supportive Housing Program (APSH). Currently serving 35.
  - Shelter Plus Care. Currently serving 42.
- Provided detail on the progression of the various housing programs, which begins at the Board and Care level, where you learn daily living skills, followed by Transitional Housing and then Permanent Supportive Housing.

Homeless Activities

- Ms. Denton attended the February 19<sup>th</sup> BOS special meeting and provided an overview on Dr. Marbut's presentation and recommendations regarding the Homelessness in Placer County - Survey Data and Observations.
- Provided information on who the homeless individuals are and where they came from, dispelling some of the myths – people are not coming in on railway and not coming from out of county.
- The number of chronically homeless individuals is gradually creeping up. ASOC's homeless count came up with 174 identified as chronically homeless.
- Auburn needs a 24/7 program with services.

**Kara Sutter**, Health Educator, Children's System of Care (CSOC) – Prevention Quarterly Update

- Shared information on the Social Host Ordinance (local ordinance); it operates as a civil infraction for providing alcohol or substances, on private properties, to minors. Shared a video clip when the youth presented (first reading) to the Rocklin City Council (presented a short video clip).
- Provided an overview of the some of the other Youth Commission projects:
  - After working on mental health awareness last year with Each Mind Matters, the youth want to see the Ending the Silence with lived experience discussions in the health classes. This is a NAMI program.
  - Looking for young adults, 20-30 years of age, willing to share their lived experience with mental illness.
  - Wanting to recognize youth more, they are starting a county-wide youth award program this year. Award night takes place April 24, 2015.
- Continuing with prescription drug take-backs on the Western slope. There is no Drug Enforcement Agency support any longer. Working with doctors and their prescribing habits.
  - Next take-back is April 18<sup>th</sup>.
- Community Education - Victor DeNoble, tobacco industry whistleblower and scientist has an excellent way of explaining addiction and has been talking to students. Discussed utilizing him for a community forum before March 13<sup>th</sup>.
- Working on gathering science-based information on marijuana for public dissemination.
- Drug Free Community grants are key to CSOC's prevention work; all sectors of the community must be represented in order to receive the grant. Ms. Sutter explained Community Recovery Resources' (CORR) involvement in the Drug Free Communities Mentoring grant – a new Placer Coalition for Communities of Lincoln and Auburn. It's about creating healthy communities (*see back page of handout*).

**Secretary/Treasurer's Report**

**Approval of the January 26, 2015 Regular Board Meeting Minutes** – Approved minutes as distributed.

**Approval of Treasurer's Reports** – \$1,500 - Amount budgeted for Fiscal Year 2014-15. Expenditures for the month of January included: \$63.21 – food purchased. End balance of \$891.88 and is accepted as presented.

**Standing Committee Reports**

- ❖ Executive Committee
  - No action taken.
- ❖ Alcohol and Drug (AOD) Committee – Cheryl Cleveland
  - Committee members are attending the Screening Clinic – Auburn and Cirby Hills.
  - SUD 1115 Waiver – a waiver for people who are Drug Medi-Cal eligible. If the county opts in, it will have to provide a level of care that matches ASAM (American Society of Addiction Medicine) criteria. It's an evidence-base practice. Amy Ellis and Maureen Bauman provided additional detail and noted the advantage to the county is it will be able to use Drug Medi-Cal in ways we can't now.
  - The committee discussed the Criminal Justice Master Treatment Plan and reviewed the recommendations and actions taken by the consultant, county partners and subcommittees around Drug Court.
    - The Drug Court numbers, as a result, have dramatically increased.

- Some of the recommendations are going to the Board of Supervisors for approval.
  - Recommended a field trip to Drug Court (Auburn Courthouse).
- ❖ Quality Improvement – Theresa Thickens
- The committee had a discussion on the list of all the audits the county is required to participate in (29). Once the list has been reviewed, it will be distributed to the full board.
    - Received information on the Substance Abuse Prevention Treatment (SAPT) audit – ASOC received the preliminary report from the state; responses are under review.
    - There is more focus on accountability and scrutiny; ASOC is expecting more audits.
    - Twylla Abrahamson provided information in preparation of the upcoming audit – EPSDT (Early and Periodic Screening, Diagnostic and Treatment) – information of what needs to be pulled and will be a part of the evaluation.
  - Talked about the decision tree and process in handing input from the public or grievances that can be filed in the county and whether it's a system or personnel issue.
    - Sharon Behrens explained the current process related to the decision tree, acknowledging that the job of the advisory board is to deal with systems and do not get involved in personnel issues. Personnel issues are forward to appropriate division for processing.
    - The process is designed to protect people and is how things get resolved.
    - If board members have an issue, he/she can send Maureen Bauman an email directly.
- ❖ Children's Committee – Will Dickinson
- Continued discussions on the iFoster job training program. Placer County will be the first to do a pilot program.
  - Reviewed the Child Welfare Continuum of Care Reform report and discussed the various options available for emergency shelters.
    - Report recommendation is for all counties to close their shelters down within five years. The idea is it's better for kids to be in real homes rather than shelters. Mr. Knecht is reviewing the process in closing the shelter.
    - Planning to put a Request for Proposal (RFP) together to find private contractors to manage the homes, including of the kids' placement. There are various levels of care and required training.
  - Placer County Sheriff's Office received a large grant they are sharing with CSOC that will be used for ride along services. Responding to dispatch, a Promotora and a licensed clinical staff will be sent out to assist with the issue.
- ❖ Adult Services Committee – Janet O'Meara
- Plan to get an Assisted Outpatient Treatment (AOT) update from Curtis Budge, ASOC Program manager.
  - The committee feels a need to put a focus on the serious chronic persistent mentally ill population.
  - Met with Lisa Long, Patient Rights Advocate. She is responsible for any complaint for those in mental health services (handles complaints throughout the whole system); she is responsible for representing clients during hearings.

### **BOS-Representative**

- ❖ Supervisor, Jim Holmes reported on the following: None

### **Correspondence and Announcements**

- ❖ Janet O'Meara, reported on the receipt of the following:
  - Announced that Will Taylor, consumer liaison, is no longer working for Mental Health America.

### **Director's Report**

- ❖ Maureen Bauman reported on the following:
  - AOT – no referrals thus far. ASOC is reaching out to let people know about the program.
  - Mobile Crisis Team – Curtis Budge worked with all jurisdictions to see what's happening in Placer and is working on a Memorandum of Understanding; Rocklin Police Department will be the next jurisdiction to join in.
  - Outreach – ASOC has been challenged to make sure people know we have outreach availability. Adult Intake has been trained on how to process a family member calls and the referral process (Turning Point and Full Service Partnerships).
    - Continue to track outreach and are developing a brochure to include this information and county services.
  - Reminded Board members about the Network of Care as another resource for Placer and other counties.
  - Criminal Justice update was covered under the AOD committee report. Ms. Bauman directed members to view the list of recommendations that came from Criminal Justice Policy Committee.

- Continuum of Care Services (1115 Waiver), also covered under the AOD committee report, adding that the state has decided on the sequencing of timing; Placer is about one year out, providing us an opportunity to see how other counties are doing.
- Rand Corporation – 15 counties showcasing the positive outcomes and the things they are doing to reduce stigma. They will continue to track the outcomes and see if we are making a difference.

### **Unfinished Business**

- ❖ Recruitment (*Standing Agenda Item*)
  - Nothing to report
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
  - Nothing to report.
- ❖ Draft Handbook (*Update*)
  - Collected all input from members and making final changes.
  - Identified a need to add a description of ASOC as with CSOC.
- ❖ Annual Retreat Discussion
  - Reviewed and discussed the proposed retreat agenda.
  - Suggestion made to shorten time to a half hour to review the handbook (orientation for members) and change it to:
    - *Review of the Handbook and Roles and Responsibilities of Board Members*
    - Use the other half hour talk about what worked/didn't work in the role of Board members.
    - Review the document Janet O'Meara sent to the members (received from Will Dickinson).
    - Table for review at the next meeting.
- ❖ California Association of Local Mental Health Boards and Commissions (CALMHBC) Membership
  - No action.

### **New Business**

- ❖ Placer County Budget Fiscal Year 2015-16
  - Health and Human Services submitted its budget to CEO. Not going to reduce services, adding a few staff on IHSS side.
- ❖ Retention Schedule of MHADB Prior Years' Minutes and Agendas on Website
  - On MHADB page, meeting minutes and agendas are listed from 2012 to the present. Staff recommending removal of the older information from the site - cleanup.
  - Discussed possibility of linking to an archive where the older information could be housed.
    - Maureen Bauman will check on ability to archive information with capability to access prior years via link.

### **Board Member Comments**

- ❖ Sharon Behrens shared her and Mia's recent experience speaking at an International Child Abuse and Family Maltreatment Conference, speaking before 38 countries on hope and resilience. It was a fascinating experience.

### **Public Input**

- ❖ Karina Cople let members know if anyone has any questions, she is available to assist and will hand out her card. She noted families can be anywhere and she can reach them wherever they are, it doesn't matter whether they're Placer residents.

### **Adjournment**

- The meeting was adjourned at 8:12 p.m.
- Monday, March 9, 2015 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, March 23, 2015 is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board