

## MONTHLY BOARD MEETING MINUTES

November 16, 2015

### Mental Health Board

#### Members in Attendance

Cowen, Jeff  
Dickinson, Will  
O'Meara, Janet  
Stanners, Sharon  
Thickens, Theresa

#### Staff and Guests

Bartley, David  
Bauman, Maureen  
Behrens, Sharon  
Jones, Janna  
Long, Lisa

#### Absent Members

Bond, Yvonne  
Holmes, Jim

#### Welcome and Introductions

Theresa Thickens, Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

#### ❖ **Board Protocol (Non-Board Member Participation) – Not Read**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
  - a. All remarks shall be addressed to the Board as a body and not to any member of the board or staff.
  - b. No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.
  - c. For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s).
  - d. For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson
  - e. For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.
  - f. Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.

#### ❖ **Guest Speaker: Lisa Long, Patients' Rights Advocate, Adult System of Care – Presenting on Her Role as Placer County's Patients' Rights Advocate**

- Maureen Bauman noted, through the W & I Code and Title 9, every county is required to have at least one Patients' Right Advocate (based on the population). Ms. Long is the advocate for both Children's System of Care and Adult System of Care related to mental health. There is an ombudsperson on the children's side related to child welfare but for mental health, Ms. Long is the advocate for the county.
- Required to be neutral and speak on behalf of the clients.
- Ms. Long distributed a handbook on Rights for Individuals in Mental Health Facilities (*Admitted Under the Lanterman-Petris-Short Act*).
- Does not provide advocacy for medical issues – only mental health issues.
- The laws that describe her duties are in the Welfare & Institutions Codes and Title 9.
- Main job is to represent the expressed wish of the client.
  - Does not form opinion of what the client should/should not do.
  - The person who makes sure the rights of the mental health client is represented.

- Explain to clients what their options are and implications of the options.
- Does not make recommendations.
- Exclusively represents their wishes.
- Not only represents those in the public mental health system but also those who receive care through private providers. She advocates for all Placer residents who have a problem or a question about mental health services they are receiving.
- Explained circumstance in which she would be called upon, receiving calls from consumers and family members.
  - Family members only receive general information about patients' rights laws and then refer to family advocate.
  - Consumers (often hospitalized) will receive information, support and advocacy.
- Briefly explained her duties and knowledge of applicable codes and laws in the two roles she has in Placer County as a Patients' Rights Advocate in California and as an employee.
- Ms. Long duties include (not all have been included):
  - Educating providers, consumers and the public on the applicable laws and codes.
  - Ensure mental health client's rights are respected.
  - Advocate for mental health rights issues in the community-at-large.
  - Monitor Placer County providers for compliance.
  - Represent clients with mental health legal matters but noted criminal mandates override patient rights.
  - Receives/handles grievances and appeals that are submitted to the County.
- Liaison between the County and the State Office of Patients' Rights (Disability Rights California).
- Ms. Long noted medication is a common issue/complaint.
  - Maureen Bauman clarified the County's strict policies and restrictions on the use of a couple medications - stimulants and benzodiazepines.

### Secretary/Treasurer's Report

- **Approval of the October 26, 2015 Regular Board Meeting Minutes** – Minutes approved as distributed.
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2015-16.**  
Expenditures for the month of October include: \$54.36 for food purchased, leaving a balance of \$1,278.25. Balance is accepted as presented.

### Standing Committee Reports

- ❖ Executive Committee
  - No action.
- ❖ Alcohol and Drug (AOD) Committee – Sharon Stanners
  - Prospective members: Miranda Low, consumer, attended the committee meeting. Also, other interested persons' contact information was provided to the committee.
  - Amy Ellis talked about the SAMHSA grant and reported on a meeting she participated in with Aegis.
  - Ms. Stanners learned about methadone and briefly touched on Soboxone and its use by doctor in Weimar.
- ❖ Quality Improvement – Theresa Thickers
  - The triennial audit was conducted by the Department of Health Care Services (DHCS) and has been completed. The audit process and what is covered has been discussed at the last few MHADB meetings. Ms. Thickers provided a few highlights on the outcomes and the 187 questions asked about the systems, procedures and protocols.
    - The county received compliments from the reviewers who plan to share some of the programs as models for other counties.
    - Identified some problems related to test calls and maintaining the call logs. Reported that problems occurred mostly during the early morning shift. There is a plan of correction in place that includes training.
    - Reported on excellent job on charts and medical components.
    - Did not do so well on the charts for residential facility for youth and adult residential crisis treatment. Ms. Thickers noted samples for both evaluations were very small. A plan of correction will be put in place.
    - DHCS will come back with a draft review document. There will be an opportunity to challenge their comments and an ability to request a formal appeal.
  - Test call – the Survey Monkey is up and running on the website. Parivash Mottaghian will send out passwords to members tomorrow with link to website.

- Discussed Educationally Related Mental Health Services. The Board is collaborating with PCOE (Placer County Office of Education, SELPA (Special Education Local Plan Area), school districts and the oversight body to secure data on the mental health services provided to the kids. The committee has been able to arrange a meeting with the chair of counsel of superintendents and the director of the SELPA regarding the data requested by this group.
- Data Visibility – Janet O'Meara and Jeff Cowen will meet with Curtis Budge to review the ASOC and MHSA (Mental Health Services Act) outcome reports to track whether programs are working.
- Theresa Thickens requested, on behalf of some new members, the MHSA response to the Little Hoover report be redistributed to members for review.
  - Maureen Bauman will secure the information requested (through California Behavioral Health Directors Association).
  - Maureen Bauman noted ASOC is working hard on collecting data and is asking she be involved with requests for data.
- Discussed Transitional Age Youth (TAY) services (ages 16-25) and the need to have the Children's and Adult's committee discuss where TAY fits in and whether it's a joint effort to monitor services.
  - Ms. Bauman recommended inviting Tammy Cherry, CSOC coordinator (Whole Person Learning), as a guest speaker.
    - This will go to the Executive Committee for further discussion.
- ❖ Children's Committee – Will Dickinson
  - Discussed the Sprouts program for trauma informed care.
  - Discussed the school programs and need for data; requesting they step up and be more cooperative.
- ❖ Adult Services Committee – Janet O'Meara
  - Continuing to work as individuals on improvement of services and family involvement.

### **BOS-Representative**

- ❖ Supervisor, Jim Holmes reported on the following:
  - Not in attendance.

### **Correspondence and Announcements**

- ❖ Theresa Thickens, reported on the receipt of the following:
  - Cheryl Cleveland resigned from the Board.
  - Distributed the 2016 Directing Change Program and Student Film Contest flyer - Public Service Announcements (PSA). It's a statewide effort to prevent suicide, reduce stigma and discrimination.
    - Members are eligible and encouraged to participate in being a judge for this program.
  - Distributed the WRAP (Wellness Recovery Action Plan) flyer. Event is scheduled for December 15<sup>th</sup> and 16<sup>th</sup>.

### **Director's Report**

- ❖ Maureen Bauman reported on the following:
  - Passed around a few items: Crestwood Report - *Touch* Fall 2015 and 8<sup>th</sup> Annual Winter Gala Community Recovery Resources 2015 Annual Report.
  - The Crisis Intervention Training (CIT) took place the week of November 9, 2015. The 32-hour training is POST certified.
  - The Placer County ASOC Annual Data Report *Draft* was distributed in the board packet. The data from FY 2014-15 has been compiled so there is both summary data for FY 2014-15 as well as comparison data over a five-year period.
    - Board members requested additional time to review the report before discussing.
    - Hope to finalize within the next few weeks.
  - Assisted Outpatient Treatment (AOT) – working with the county's public information officer to write an article for the paper to develop additional publicity and disseminate more information to the public. There have been a total of 10 people served since January 2015 in the AOT program; five out of 10 people came in voluntarily.
  - The company that owns Heritage Oaks and Sierra Vista plans to build a 100-bed facility (hospital) in Rocklin. The community is raising concerns. There is a public meeting scheduled for December 14<sup>th</sup>.

### **Unfinished Business**

- ❖ Recruitment/Visibility (*Standing Agenda Item*)
  - Welcomed David Bartley to the MHADB. Membership is not official until approval at the November 17, 2015 BOS meeting.
  - Theresa Thickens, in collaboration with the Coalition for Placer Youth, will participate on behalf of the Board in the Teen Stress Workshop – English version, taking place Thursday.

- Sharon Behrens reported on her participation in the Spanish version of the Teen Stress workshop and on the wonderful collaboration. Great involvement and engagement with the community and various agencies. The MHADB was one of the entities that supported the workshop.
- The MHADB also participated in the Passport for Student Wellness sponsored in part by Placer County Office of Education. Theresa Thickers shared the activities of the event and got a list of names of those interested in the MHADB.
- ❖ California Association of Local Behavioral Health Boards and Commissions (CALBHBC) Update
  - Membership was previously approved by this Board.
  - Agreed Board to review the FY 14-15 Annual Report and provide comments to Janet O'Meara
    - Invoice for payment of membership for FY 2015-2016 will be paid, using this year's funds.
- ❖ Business Card Update
  - Maureen Bauman shared that the business card is currently in process – mocking up today.
    - Use the regular Placer logo.
    - The card will not say "ASOC."
    - MHADB in bold letters and will also include email, webpage and phone number. The back of the card will remain blank so member can write a note.

### **New Business**

- ❖ None.

### **Board Member Comments**

- ❖ Will Dickinson noted the full Board has not seen the completed final FY 2014-15 Annual Report to the BOS.
  - The report is expected to come to the Board for final approval on December 14, 2015 prior to its dissemination.

### **Public Input**

- ❖ None.

### **Adjournment**

- The meeting was adjourned at 8:04 p.m.
- Tuesday, December 1, 2015 at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, December 14, 2015 at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care Large Conference Room, 11533 C Avenue (Dewitt), Auburn.

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Secretary/Treasurer, Mental Health, Alcohol and Drug Board