

MONTHLY BOARD MEETING MINUTES

March 28, 2016

Mental Health Board

Members in Attendance

Bond, Yvonne
Dickinson, Will
Holmes, Jim
O'Meara, Janet
Stanners, Sharon

Absent Members

Bartley, David
Cowen, Jeff
Thickens, Theresa

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Cataldo, Lisa
Cople, Katrina
Ellis, Amy
Featherstone, Lauren
Gilbert, Lee
Hall, Richard
Lane, Michael
McManus David
Osborne, Marie
Roberts, Kathy

Welcome and Introductions

Sharon Stanners, Vice-Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:10 p.m. Members and guests were welcomed and introductions were made.

❖ **Board Protocol (Non-Board Member Participation) – Read by Yvonne Bond**

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows:
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ **Guest Speakers: Dave McManus, Assistant Chief Probation Officer, Probation Department and Lauren Featherstone, Management Analyst, County Executive Office** *Presenting on Criminal Justice*

- Update on the criminal justice master plan that was presented February 24, 2015. There were 21 adopted recommendations.
- With the requested \$40 million in grant funding, we recommended opening 168 beds at the South Placer Jail, shift 60 male offenders from Auburn to the South Placer facility, open a 60-bed female minimum security housing in South Placer and open 48 acute mental health beds. With this transition, they would close two housing units in Auburn, enabling them to expand the inmate programs, provide vocational classes and counseling.
- The recommendation to open a joint crime lab and morgue goes to the Board of Supervisors (BOS) April 5th.
- Implemented new programs with tremendous support from the BOS and unprecedented collaboration with the Adult System of Care.

- Created re-entry services that start in custody - they are cognitive and evidence-based and have been shown to reduce recidivism. This includes a needs assessment, which prioritizes criminogenic factors and helps us focus on the most acute issues that are causing criminal behavior.
- Implemented in-custody programming in May 2015. Opened the out-of-custody program in August of 2015: Placer Re-Entry Program (PREP). This program teaches money management, job readiness classes, resume development, anger management, batterer's treatment program, theft classes, GED classes (by Placer School for Adults).
- We have an in-custody probation officer to help with the crucial time in the first two weeks after clients are released, to help as they decide how their behavior is going to be. The probation officer can start to develop case plans to identify courses of education and treatment. This helps with housing, medical enrollment, education, even clothing to help with interviews, eliminating anything that creates a barrier to their success.
- In-custody serves men and women two to three hours per day, five days per week; out-of-custody serves men and women four days per week with 2 tracks. At any one time, there are 75 people out-of-custody and 25 people in-custody. Expanding in Tahoe and Auburn at the Welcome Center starting April 4th with courses specific to our transient population. Planning on expanding a full program in Auburn.
- Focus is on medium and high-risk offenders; low-risk offenders tend to be self-correcting. The probation officer at the Auburn jail makes recommendations to the court whether the individual can be released to one of our pre-trial programs, intended to help them stay out of custody so that they can maintain their housing, employment, and support system.
- Part of the re-entry center is the Northern California Construction Training program, which provides a training course in construction and related skills. Clients who finish the program are placed with prevailing wage union jobs. The only barriers are they need to be clean and willing. As part of this training, they have built benches and tables for parks and are refurbishing the Roseville fairground which gives back to the community.
- As part of AB109 realignment, practitioners from HHS are embedded in the probation office. The three practitioners conduct mental health and drug and alcohol assessments and come up with case plans, getting clients into residential treatment immediately if needed. Clients have said this partnership has saved their life. This partnership gives the very best outcomes and has trained the officers how to get people into services immediately.
- On March 7th, the probation chief decided to commit a probation officer to serve the transient population who have been arrested and convicted, because of the special array of needs they have.
- Our criminal justice policy has adopted the best practice principle practices for our drug court.
- Housing is still a challenge. Those recommendations made in the study were done. There are four work groups looking at the short-term and long-term issues (open to the public). Some issues are shelter related and some are housing related.

Secretary/Treasurer's Report

- **Approval of the February 22, 2015 Regular Board Meeting Minutes** – Minutes approved as distributed.
- **Approval of Treasurer's Report - \$1,500 - Amount budgeted for Fiscal Year 2015-16.**
Expenditures for the month of February include: \$55.94 - food purchased, leaving a balance of \$452.29. Balance is accepted as presented.

Standing Committee Reports

- ❖ **Executive Committee** – Sharon Stanners
 - Discussed upcoming family panel next month at our board meeting in Roseville.
- ❖ **Alcohol and Drug (AOD) Committee** – Sharon Stanners
 - Discussed collaborative court celebration in May and Drug Medi-Cal waiver.
 - Janet O'Meara and Sharon Stanners visited the homeless shelter. The shelter will conduct screenings for mental health and drug and alcohol.
- ❖ **Quality Improvement (QI) Committee** – Janet O'Meara on behalf of Theresa Thickens
 - Discussed the many audits being completed.
 - A report is created from the Mental Health EQRO audit. The report is sent to the state for review; once reviewed, the state returns to Placer County to re-submit with changes complete.
 - They are preparing the SAPT (Substance Abuse Prevention and Treatment).
 - The IHSS (In-Home Support Services) report was very positive and is available for those interested. Plan to continue to review. IHSS is a statewide system that allows people to stay in their home if they are on Medi-Cal.
 - Discussed the need for data and there is a push from the federal government for data.

- ❖ **Children's Committee** – Will Dickinson
 - The committee did not meet today.
 - Will Dickinson attended the meeting in Lincoln about commercially sexually trafficked teenagers. It provided a lot of good information. Those that like to prey on the weak are using technology to access children. It all boils down to kids needing more support, attention and parental guidance.
- ❖ **Adult Services Committee** – Janet O'Meara
 - Maureen Bauman presented on AOT (Assisted Outpatient Treatment) also known as Laura's Law. There have been 12 clients since implementation.
 - Janet O'Meara will send out the numbers.
 - Reported on meeting with Christi Fee, Betsaida LeBron, Katrina Copple and Michael Lane to discuss the inclusion of consumers in the discussion.
 - Created a housing chart, which is almost complete.

Board of Supervisor (BOS)-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - Mr. Holmes has increased his involvement in housing issues and has visited the shelter and churches, which are helping the homeless. The shelter is running really well with the new executive director, Keith Diederich. He is looking to expand the campus into Roseville. There is an organization that would like to put a 24/7 homeless shelter in South Placer. He is talking with both city managers of Rocklin and Roseville about increasing their contribution to the Gathering Inn, which has been successful.
 - Recent discussion with Veronica Blake regarding the need for affordable housing in Placer County.
 - The BOS is moving forward on the Government Center Master Plan, spending \$2 million to make sure there are no unforeseen issues.
 - Mentioned using the old site where the Bell Gardens apartments were located for affordable housing. The 1993 master plan states that once the building is torn down, it should be replaced with affordable housing.
 - There are 556 people in the Supportive Housing program, with 200 people on the waiting list. AMIH (Advocates for Mentally Ill Housing) is also in need of more housing and may be eligible for grants.
 - Remarkd on the positive feedback he received on the editorial he wrote, which was in the Auburn Journal, Placer Herald and Loomis News. There is a great need for affordable housing in the unincorporated area of Placer County.

Correspondence and Announcements

- ❖ Sharon Stanners on behalf of Theresa Thickers, reported on the receipt of the following:
 - An e-mail was received from Jeff Cowan, announcing his official resignation.

Director's Report

- ❖ Maureen Bauman reported on the following:
 - Researched the conflict of interest as requested by the MHADB related to the W&I Code Section 5604, which is the law that governs this board. There is a conflict of interest clause in our county bylaws that mirrors the 5604 code. You can't be on the board if you or your spouse is employed by the county or you are employed by an agency that is employed by the county. San Mateo County wrote an exception in relation to consumers. The new law clarifies this.
 - Proposing we recommend recruiting people with lived experience, even if employed by the county or an agency that is contracted by the county.
 - This would still be a volunteer position (not be paid by the agency).
 - Michael Lane suggested we be clear on the rules when recruiting.
 - Requires a change to Article 5 Section I of the bylaws.
 - The board is in agreement and will proceed with the changes in the bylaws and begin the recruiting process.
 - ASOC is meeting with the Department of Health Care Services on the Drug Medi-Cal delivery system.
 - Expecting to get more clarity from the state and get feedback from other counties to how they are doing with this development.
 - Surveys going out to providers because we are going to be expanding services that are Medi-Cal reimbursable. Residential and case management being critical. These are currently not able to be paid for by Medi-Cal.
 - The county isn't necessarily supporting that we grow it with county general funds, so we will be tasked with building the expansion with the resources that we have. We will be adding medication assisted therapy.

- California has a five-year waiver (Medi-Cal 2020) from the federal government to see if we can keep overall federal expenditures the same and develop our system in a more robust way. We should be bringing forward a draft plan in the next couple of months.

Unfinished Business

- ❖ Recruitment/Visibility (*Standing Agenda Item*)
 - Shared the excitement of having three people here tonight interested in the board.
 - Ms. Cataldo and Mr. Hall heard about the board on the county's website and Mr. Gilbert heard about it from the Mental Health Speakers Bureau.
 - Janet O'Meara visited the shelter as part of the visibility of the board.
- ❖ Placer County FY 2015-16 Final Budget Questions
 - Janet O'Meara will bring her questions to the next board meeting.
- ❖ Placer County Data Dashboard
 - It may be possible to present the dashboard at a future meeting.
 - The link for the Placer County dashboard was previously sent out.
 - Please let Maureen Bauman know if you need the link.
 - There is a lot of Placer data on the dashboard, including mental health. It will help develop the county to be more transparent to the public. Plan to add data including programs, the numbers of people served and the outcomes.

New Business

- ❖ MHADB Annual Retreat/Workshop
 - Retreat is set for Friday, May 20th in the Cypress room at the CDRC – Community Development Resource Center (in Dewitt) from 8:30 am to 2:00 pm; the regular board meeting immediately follows from 2:00 pm to 3:00 pm.
 - Items/information the members would like discuss at the retreat:
 - Break out into committees and look at goals. What to focus on and what to set aside?
 - Start the meeting with seeing how the ideas from last year were implemented and if it was effective.
 - Create a calendar that would help keep us on track.
 - Discussion on a report card as a communication tool.
- ❖ MHADB Bylaws Update Ad Hoc Committee
 - The bylaws have not been reviewed since 2009.
 - Sharon Stanners asked if there were any members interested in reviewing the bylaws.
 - There were no volunteers.
- ❖ Survey Monkey Location on the Web Page
 - The Survey Monkey was confusing for the public, so it will be removed.
 - Staff with Mental Health America will help with monthly test calls.
 - Plan to return to sending out monthly email reminders.
- ❖ Contract [**Informational Items ONLY**]
 - Substance Use Drug Medi-Cal Certification
 - As part of the waiver and so we maximize federal reimbursement, ASOC will become a Drug Medi-Cal certified site (Auburn and Roseville). Doing this will allow us to bill drug Medi-Cal.
 - California State Association of Counties 2015 Merit Awards
 - The Campaign for Community Wellness was awarded a merit award.

Board Member Comments

- ❖ Yvonne Bond reported on the Turning Point stakeholders meeting, changing from monthly to quarterly. They have instituted a weekly family support group on Thursday from 3:30 pm to 4:30 pm.
- ❖ Janet O'Meara requested everyone read the report she created about the local behavioral board health and commissions and let her know if you have questions.
- ❖ Jim Holmes reported on going to Mission Solano with Keith Diederich, Veronica Blake, Tammy Moss-Chandler, Jeff Brown, Chris Robles, Mike Wilensky and Sam Needer. He wasn't very impressed with the mission, which is a nomadic homeless

program. They also have a compound called the Bridge to Life which is in Fairfield in a light industrial area. It is run by a non-profit organization. It is a walled compound and located very near the Solano Health and Human Services. There are multiple houses - one for veterans, one for women with children and one for men in recovery. They are getting ready to build a cafeteria community type center.

Public Input

- ✧ Lisa Cataldo and Richard Hall expressed their appreciation for having them at the MHADB meeting.
- ✧ Katrina Copple stated that she appreciated being able to be a part of the Placer County Safety training today. It helped her as contracted employee, be more integrated and understand what other staff is talking about. She shared that she and her counterpart are working alongside drug court and family court to help family members understand the programs. The staff has been very welcoming and open to getting input.
- ✧ Lee Gilbert stated she was very impressed with the board and appreciated how welcoming they are.
- ✧ Michael Lane announced the Recovery Happens event takes place September 17th. There will be more carnival games and it will be a very family friendly event. He will be checking with the board to see how they would like to participate.

Adjournment

- The meeting was adjourned at 7:53 p.m.
- Monday, April 11, 2016, at 4:00 p.m. is next Executive Committee meeting (ASOC).
- Monday, April 25, 2016, at 6:15 p.m. is the next Board meeting taking place in the HHS Adult System of Care, Cirby Hills Facility (Cafeteria), 101 Cirby Hills Drive, Roseville.

Secretary/Treasurer, Mental Health, Alcohol and Drug Board