



**PLACER COUNTY
OLDER ADULT ADVISORY COMMISSION**
11533 C Avenue, Auburn, CA 95603
(530) 886-3680

MEETING MINUTES
November 19, 2013

Attendance

Members Present: Dr. Irwin Herman, William Reed, David Wiltsee, Linda Brown, Antoinette Fabela, Sue Dings, Ignacio Cespedes, Candace Roeder, Eldon Luce, Margaret Riley, Nancy Vasquez, and Cheryl Trenwith

Members Absent: Gloria Plasencia, Karla Gustafson, and Alicia Murray

Guests: Trudi Riley-Quinn, Elder Law Attorney/Placer ARC; Mickey Wadolny, Rocklin Volunteer Police Department; Betsy Katz, Placer ARC/ARC of California; Linda Brown, Board of Supervisors, Representing Supervisor Kirk Uhler; Pam Hart, public; Leslie Brewer, PIRS; Richard Thorpe, public; Robert Mehler, public; Patricia Thorpe, public; Shane Campbell, public; Herman Gallegos, Seniors First; Jamee Horning, Seniors First; Amy Bakker, Seniors First; Noele Krenkel, public; Ed Ahern and Ana Acton, HHS, ADRC presenters

County Staff: Pauline Moreno, Public Authority Secretary

Call to Order: Luce called the meeting to order at 1:01 P.M.

Member Introductions: The roll was taken, a quorum was established, and introductions were made.

Member Announcements: The following member announcements were offered.

- Reilly: MediCare deadline for annual open enrollment is 12-7-13
- Alves: ACA overview, tonight, Loomis Library 7:00 PM and again at Ophir Elementary School on Thursday at 7:00 PM
- Fabela: There is an ARC opening up at the Seventh Day Adventist Church
- Trenwith: Board of Supervisors approved a proclamation on November 12 recognizing November as National Caregivers Month and December 10th will be the Provider Appreciation event at Maidu Center in Roseville.

Approve 9-17-13 and 10-15-13 Meeting Minutes: The minutes were approved as corrected:

- 9-17-13 – Page 4, Report A4AA, last bullet – Is corrected to read: ...”ad-hoc committees to ***develop funding level recommendations for the FY 2014-15 RFP.***”
- 10-15-13 -- Page 2, Presentation: Seniors First – Name spelling corrected to ***Keri*** Walker.

Public Comment: No public comment was offered.

Luce: Announced that the commission is looking for members to serve. If any of you know of someone that may be interested please encourage them to get involved.

Dark in December? Commissioners agreed to take the month of December off.

Discussion: Smart 9-1-1: The commission agreed that the letter asking the Board of Supervisors to consider and implement the enhanced Smart 9-1-1 Emergency System be forwarded to the BOS.

Presentation: Aging and Disability Resource Centers (ADRC) Model – Ed Ahern, Ana Acton, and Nancy Vasquez

Luce provided a brief, background overview of the ADRC model including some history. The purpose of the presentation is to provide an educational view of the ADRC model.

- Presentation overview:
 - National ADRC History/Vision
 - California ADRC Overview
 - Options Counseling Training Program
 - Challenges and lessons learned
 - Looking ahead; what we’re working on
- Administration for Community Living
 - Federal HHS brings together the Administration on Aging (AOA), Center for Disability and Aging Policy (CDAP), and the administration on Intellectual and Developmental Disabilities (AIDD) to guide policies and processes,
 - Ten years of ADRC partnerships
 - Too many ‘silos’ in this country; even at the local level
 - Individuals need services; triage them; provide information for services based on criteria: age, disability, income, etc.
 - Agencies should come together and guide policies around improvements to long-term services and support for consumers
 - All ages, all disabilities, all ages
 - ACL oversees Federal policies and system improvements for consumers

- Federal Collaboration
 - Aging and Disability Resource Centers (or Connections) are a collaboration between:
 - Administration for Community Living (ACL)
 - Centers for Medicare and Medicaid Services (CMS)
 - Veterans Health Administration (VHA)
- What is an ADRC?
 - Referred to as a “one-stop shops” or “no wrong door” systems
 - Integrate or coordinate existing aging and disability services systems (goal)
 - Raise visibility about the full range of options that are available
 - Opportunity for cross-training
 - Provide objective information, advice, counseling, and assistance
 - Empower people to make informed decisions about their long term supports
 - Help people more easily access public and private long term supports and services programs
- Federal ADRC Vision:
 - To have Resource Centers in every community serving as highly visible and trusted places where people of all ages and income levels can turn for information and options counseling on their long-term care needs.
- National Growth in ADRC Coverage (graph)
 - From 12 states, 8 sites, 2% of population (2004)
 - To 52 states and territories, 509 sites, 76.9% of population (2011)
- The California ADRC Approach
 - New service delivery model
 - Coordinated system of information, referral, and assistance
 - Partnership: Must have Area Agency on Aging (AAA) and Independent Living Centers (ILC), then the broader LTSS network providers including Vets
 - Each location ADRC can have different entities in their partnership
 - Available to anyone seeking long-term services and supports (LTSS), regardless of age, disability, or income.
- Bringing the Vision to Life:
 - It’s all about building partnerships and making connections
 - New systems... NOT new programs
- Current Status:
 - Today: 7 ADRCs serve 11 counties: Del Norte, Nevada, Orange, Riverside, San Diego, San Francisco, Butte, Glenn, Tehama, Colusa, and Plumas

- ADRC under development in Alameda
 - All ADRCs to submit formal ADRC designation applications by December 2013
- Emerging partnerships: Los Angeles, Monterey Bay (Monterey, Santa Cruz, San Benito), Yolo, and Santa Clara.
- CA ADRC Core Services
 - Enhanced Information and Assistance
 - AAA call center
 - Independent Living Center
 - 211
 - Options Counseling
 - Big deal of ADRC
 - Short-term Service Coordination
 - Most communities have in place
 - Care Transitions
 - Hospital to home; SNF to home
- Local ADRC partnership benefits
 - Share and leverage resources
 - Reduce duplication
 - Minimize consumer confusion
 - Staff development and cross training
 - Integrated consumer access to broader array of services
 - Tailoring
 - Local Design and buy-in
- Options Counseling
 - How we interact with clients to get services needed
 - An interactive process where individuals receive guidance in their deliberations to make informed choices about their+ long-term supports.
 - Process directed by the individual and may include others that the person chooses or those that are legally authorized to represent the individual
 - Information and assistance; California draft options counseling standards; options counseling – all connected and inter-related
 - Includes four steps:
 - A **personal interview**
 - A facilitated **decision support** process

- **Developing action steps** toward a goal or a long term support plan (Action Plan)
- **Follow-up** to ensure supports and decisions are working
- Vision
 - Options Counseling is both the philosophy underpinning how ADRCs interact with individuals, as well as a process that ADRC staff will follow to support individuals and families to consider their options and access the right services and supports at the right time
 - The VHA recognizes the ADRC Options Counseling program as the front door to LTSS
- ACL Vision for role of options counseling
 - Veterans Administration
 - Medicaid
 - Money follows person
 - Managed Care
 - MDS Section Q
- Lessons Learned
 - ADRC partnership development takes time
 - ADRCs are successful transition partners
 - ADRC partnership best practice – third party, objective facilitation of strategic planning
 - ADRC partnerships that embody mutual respect and focus on the consumer are the most successful
 - Local organizations need technical assistance to engage with the formal health care system (managed LTSS)
- Challenges
 - Lack of dedicated (and sufficient) ADRC funding
 - Start-up funding necessary to develop new lines of business (care transitions, VD HCBS, etc.)
 - Quality assurance and monitoring
 - Lack of standardized data to assess full impact of the ADRC initiative
- Looking Ahead:
 - National ADRC Goal: In collaboration with states, develop a National No Wrong Door Options Counseling Program for all populations and all payers which is person centered, financially sustainable, and high quality that supports individuals to achieve their goals for community living.
 - CA's ADRC Program Focus 2013-14

- Disseminate new technical tools: ADRC business plan template and guidance; ADRD financial model(s)
- Formally designate ADRCs under new designation criteria
- Encourage and support local veterans network/ADRC collaboration
- Monitor and collaborate with national ADRC developments and state initiatives (quality assurance and monitoring) and state initiatives (Money Follows the Person)
- Continue Options Counseling Training Program and providing technical assistance
- State Resources
 - Technical Guidance and Tools
 - State ADRC Advisory Committee
 - ADRC Designation Criteria
 - Options Counseling Standards
 - ADRC Implementation Guide
 - ADRC Designation Application
 - ADRC Partnership Planning Guide
 - ADRC Service Cost Tool
 - Options Counseling Training Opportunities
 - Technical Assistance
- Benefits of ADRC Designation
 - Acknowledgements in state federal funding requests
 - ADRC Coalition meeting/peer learning opportunities
 - Use of ADRC logo and name recognition that is used nationwide
 - Access to state ADRC Options Counseling Training and technical assistance
 - Local recognition of LTSS system expertise and leadership
 - State website acknowledgements and links
- CHHS ADRC Team and Resource Websites
 - Karol Swartzlander, karol.swartzlander@chhs.ca.gov
 - Ed Ahern, edward.ahern@chhs.ca.gov
 - Paula Acosta, paula.acosta@chhs.ca.gov
 - Therese Llanes, therese.llanes@chhs.ca.gov
 - <http://communitychoices.info> (state)
 - <http://www.adrc-tae.acl.gov> (federal)

End of presentation; commencement of discussion

- Goals: LTC Implementation Council; 2010 implementation grant
- Vision: All Seniors and Disabled regardless of age
 - More knowledge of each other's services
- Developed MOUs for each partner
 - Defines how we will work together
- Work to prevent institutionalization
 - Should be last resort
- Educate each other; tie together
 - Areas of expertise
 - Do warm hand-offs
 - Philosophy
 - Minimize non-compliance
 - Work with support system individual has available
 - Person/client centered
 - Have family at table; some cultures require
- How to integrate with medical community
 - Have Federal qualified health center
 - Managed Care
 - Have MOU with local hospital
- ADRC written in ACA/OAA
 - Only way to be cost effective
 - Need to create services that we can charge for
 - To help offset cost of free services
 - Dual Challenge
 - How baby boomers will impact county services
 - How to serve aging and 85+ populations
 - Morph to serve community needs
- Yolo County; emerging ADRC
 - Healthy group got together; One-stop center for medical care
 - Can't do bi-county ADRC
 - Work with Yolo

Commissioner Reports Q & A

Continued to next meeting due to lack of time.

New Business: No new business reported.

Agenda Items for January 2014 Meeting:

- Maureen: Warm Line; Senior Services
- ADRC Discussion: Where to go from here...

Future Agenda Items

- Monthly Reports
 - A4AA - Nancy Vasquez
 - Senior Legislation -
 - Placer County Report - Ruth Alves
 - Getting OAAC Information Out to the Community
- Presentation: 48 hour maximum cap to distribute prescription/shot to all county residents – Rui?
- Presentation: OAAC to all Placer County Mayors: What We Do and Services available for Seniors – Wayman
- Presentation: 211 – Karla Gustafson (invite BOS, Dr. Burton, OES, A. Yoder, Legislators, other stakeholders) – *Luce to contact Rui Cunha, Director OES for a collaborative effort on this much needed resource. Get Rep from NV County to talk about their program?*
- Presentation: Health Care for Boomers (Possible: Dr. Burton)
- Presentation: EcoHousing (see February meeting for information)
- Discussion: OAAC name change?
- Discussion: Revisit OAAC committee structure
- Discussion: Silver Alert - Possible expansion into other areas of Placer County
- Discussion: Senior Safe House - as mandated by law
- Presentation: Sacramento Commission on Aging
- Download and examine emergency information form State/Rock Creek Mobile Home Park
- State of Housing in different communities
- Senior Housing
- Presentation: Elder abuse (Police/Sherriff on reporting, District Attorney on prosecuting cases)
- A4AA Program Evaluations

The meeting was adjourned at 2:22 PM

Next Meeting

Date:	January 21, 2014
Time:	1:00 PM to 3:00 PM
Location:	Auburn Library Beecher Room 350 Nevada Street Auburn, CA