



**PLACER COUNTY  
OLDER ADULT ADVISORY COMMISSION**  
11533 C Avenue, Auburn, CA 95603  
(530) 886-3680

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**MEETING MINUTES**  
March 19, 2013

**Attendance**

**Members Present:** Dr. Irwin Herman, William Reed, David Wiltsee, Darlis C. Beale, Antoinette Fabela, Sue Dings, Ignacio Cespedes, Candace Roeder, Karla Gustafson, Margaret Riley, Nancy Vasquez, and Cheryl Trenwith

**Members Absent:** Monica Sandgathe, Linda Brown, Gloria Plasencia, and Alicia Murray,

**Guests:** Nancy Polli, Eldon Luce, Cheryl Davis, Christopher R. Schmidt and Cathy Donovan from PC Community Development/Resource Agency, and Lynne Farrell

**County Staff:** Cheryl Trenwith, Client Service Manager and Pauline Moreno, Public Authority Secretary

**Call to Order:** Reed called the meeting to order at 1:03 P.M.

**Member Introductions:** The roll was taken, a quorum was established, and introductions were made.

**Approve 02-15-13 Meeting Minutes:** The minutes were approved as presented.

**Member Announcements:** The following member announcements were offered.

- Vasquez made two announcements:
  - Placer Collaborative Network: Resource Sharing Meeting; Bayside Church
    - Thursday April 18, 10:00 AM – Noon
    - Saturday, April 20, 9:00 AM to 1:00 PM
  - Free Medicine Take-back day

- Saturday, April 27, 10:00 AM – 2:00 PM
- Various locations – Call 530-889-7238 for more information
- Fabela: Weimar Institute, Newstart Lifestyle Program
  - Various services; shared testimony of her luncheon experience
  - 800-525-9192 for information
- Trenwith: Thank you recognitions to:
  - Cespedes: Alzheimer’s article ,
  - Herman: Seniors Need to Know articles ,
  - All that work between meetings to keep us informed.
- Gustafson: UC Davis Program – Mini Medical Series
  - Attended; very informative
  - Will announce earlier next year so others can attend.
- Dings provided a brief bio for guest Farrell
  - Applied for A4AA

**Public Comment:** No public comment was offered.

**Presentation:** Housing Authority Priorities – Cheryl Davis

- March 26 will go before the Board of Supervisors (BOS)
  - Housing Voucher Change to give priorities to Older Adults 62 years old and older
  - Returning for support vote
  - Draft letter passed around
  - Discussion ensued, concerns voiced, work-around offered

**ACTION ITEM:** Dings motioned that a letter from the OAAC be penned and delivered to the Board of Supervisors in support of giving housing voucher priority to seniors; Fabela seconded. Yeas = 5, Nays = 2; Abstained = 3.

- Gustafson reported that the Sacramento Safe House will take homeless seniors short term.

**Presentation:** Access Living Designs Inc. – R.J. Beardsley

Did not attend the meeting.

**Presentation:** Housing Element. – Christopher Schmidt

- One of the seven elements of local general plan
- Revised every eight years
- Goes to HCD for review; must comply with existing housing laws
- Has been presented to several County MACs
- Covers planning period 2013-21 (8 years)
  - Placer County = 21,625 housing units to be built over the next 10 years
    - Divided between cities and unincorporated areas
      - Divided between income levels; based on median income of \$74,447
        - very low 50%
        - low 51-80%
        - moderate 80-120%
        - above moderate
  - Does not allow co-op as of now
  - Multi-generational concepts
    - Allow second dwelling on lot
- Goes to the BOS April 9
  - Will hear the Housing Element Plan
  - Okay to submit to HUD approval
    - HUD takes 60 days; review
- Can see the Housing Element Plan at:
  - [www.placer.ca.gov/departments/communitydevelopment/planning](http://www.placer.ca.gov/departments/communitydevelopment/planning)
- Wiltsee: Addressed issue of senior housing; new available ideas and concepts of design
- County does not have finances to put into housing; what can we do to change the rules?
  - More affordable
  - Building codes
  - Accessibility (wheel chair, wider doors, no step thresholds, etc.)
  - Builders: option packages offered

**Report A4AA:** Vasquez offered the following report:

- Heard from the Administration on Aging; funding direction
- Should hear soon on how much funding
  - Know will have reduction 3 – 5% per title
  - Need to figure where to make cuts
    - Overfunded first
    - Small funded – will it gut their services?
- Executive Director retires at the end of May
  - Consideration down to two applicants, will announce soon
  - Will Tift will be assistant director

**Report - Senior Legislation:**

CSL newsletter was emailed to commission for review. No report available.

**Report – Placer County Report:** No report available

**Report – A4AA Advisory Council:**

- Annual report presented
- Meals on Wheels: 485,000 meals delivered; \$9.1 million
- Speaker: National Medication Adherence Campaign Overview
  - 1/3 of the people do not fill their Rx or use it properly
    - This number has not changed in over 30 years
    - Cost to Americans: \$290B/year
  - Encourage people to fill and use their prescription meds properly

**New Business:**

- Formed the Housing Committee; volunteered:
  - Members:
    - Dave Wiltsee, chair
      - Will prepare overview; bring to next meeting
    - Karla Gustafson
    - Candace Roeder
    - Margaret Reilly
    - Nancy Vasquez; as she can

- Meet Auburn Library 12:00 to 1:00 PM
- Have PCOH to present
  - Include Kathy Denton, Tink Miller?

### **Agenda Items for April Meeting:**

- Form Nominating Committee

### **Future Agenda Items**

- Monthly Reports
  - A4AA - Nancy Vasquez
  - Senior Legislation -
  - Placer County Report - Ruth Alves
  - Getting OAAC Information Out to the Community
- May: Nominations for Executive Committee
- June: Hold elections
- July or August: Install new EC
- Presentation: 48 hour maximum cap to distribute prescription/shot to all county residents – Rui?
- Presentation: OAAC to all Placer County Mayors: What We Do and Services available for Seniors – Wayman
- Presentation: 211 – Karla Gustafson (invite BOS, Dr. Burton, OES, A. Yoder, Legislators, other stakeholders) – *Luce to contact Rui Cunha, Director OES for a collaborative effort on this much needed resource. Get Rep from NV County to talk about their program?*
- Presentation: Health Care for Boomers (Possible: Dr. Burton)
- Presentation: EcoHousing (see February meeting for information)
- Discussion: OAAC name change?
- Discussion: Revisit OAAC committee structure
- Discussion: Silver Alert - Possible expansion into other areas of Placer County
- Discussion: Senior Safe House - as mandated by law
- Presentation: Sacramento Commission on Aging
- Download and examine emergency information form State/Rock Creek Mobile Home Park
- State of Housing in different communities
- Senior Housing
- Presentation: Elder abuse (Police/Sherriff on reporting, District Attorney on prosecuting cases)
- A4AA Program Evaluations

The meeting was adjourned at 2:55 PM

**Next Meeting**

<b>Date:</b>	<b>April 16, 2013</b>
<b>Time:</b>	<b>1:00 PM to 3:00 PM</b>
<b>Location:</b>	<b>Auburn Library Beecher Room 350 Nevada Street Auburn, CA</b>