



**PLACER COUNTY
OLDER ADULT ADVISORY COMMISSION**
11533 C Avenue, Auburn, CA 95603
(530) 886-3680

MEETING MINUTES
September 16, 2014

Attendance

Members Present: Dr. Irwin Herman, Al Gonzalez, Suzanne Jones, David Wiltsee, William Reed, Antoinette Fabela, Gloria Plasencia, Ignacio Cespedes, Candace Roeder, Karla Gustafson, Eldon Luce, and Cheryl Trenwith

Members Absent: Margaret Riley and David Soto

Guests: Patricia Locke, CVIA; Dave Brown, CVIA Board of Directors; Gloria Beverage; Robert Mehler; Lynn Laney, CVIA; Melinda Lacey, Placer County Older Adult Services

County Staff: Leah Rosasco, aide to Supervisor Holmes and Pauline Moreno, Public Authority Secretary

Call to Order: Luce called the meeting to order at 1:07 P.M.

Member Introductions: The roll was taken, a quorum was established, and introductions were made.

Member Announcements:

- Roeder: Seniors First moved over the weekend. New location is 12183 Locksley Lane, Suite 205, Auburn, CA 95602.
- Trenwith: Reported that Placer County Department of Health and Human Services applied for and won an award for their innovative Older Adult Services Program. She provided details.
- Cespedes announced the following:
 - Cruise Around the World fundraiser for Del Oro this Thursday; tickets are \$30.
 - Walk to End Alzheimer's will be Saturday September 27th at the Capital. Walk starts at 9AM.
 - Bright Star has moved to a new location and is starting a Care Academy. They will host an open house at their new location, 125 Sunrise Avenue, Roseville, on Wednesday September 24th from 4PM to 7PM.
- Gustafson announced a conference: California Aging and Innovations; aging in-place innovations, October 19, 8:15 AM to 3:30PM at UC Davis School of Gerontology in Los Angeles.

- Fabela shared a Housing Resource Guide document, specific to Placer County that lists many of the services available. She will forward the electronic document to Moreno to distribute to the OAAC Commissioners for any additions or edits they may want to contribute.
- There will be a Senior Health Fair next month. Fabela will send information to Moreno to distribute to the Commission.

Approve 07-15-14 Meeting Minutes: The minutes were approved as written.

Public Comment: No public comment was offered.

Chair's Report: Luce reported he would like the October meeting to be a business planning meeting to focus on where we are at, and to develop a strategy of where the OAAC wants to go next. He asked the commissioners to think about this and to bring their ideas to the October meeting.

OAAC Public Service Announcement (PSA) Approval: A motion was made by Gustafson and seconded by Reed to approve the distribution of the PSA to the Auburn and Roseville community television networks including creating a U-Tube account to upload the PSA. **The motion carried.**

- Roeder volunteered to create a U-Tube account to upload the PSA.
- It was suggested that the PSA be posted on the OAAC web page.

Presentation: Center for Visually Impaired Adults (CVIA) - Lynne Laney

- A brief history was provided.
 - The program started in 2009; meets once per week on Wednesday mornings; now meeting at the Unity Church, 1212 High Street, Auburn.
 - There are about 6,000 people in Placer County that are legally blind and over the age of 65. This will be a growing issue as baby-boomers age. One of the major concerns for this population is adequate transportation.
- Assistive devices were reviewed and or demonstrated, i.e., check-writing guide, plastic bump-dots to mark appliances, and an electronic pen that orally identifies prescriptions, as well as computer assistive devices: readers and Braille printers, etc.
- CA State Library has talking-books on disk. Free service includes the cost of mailing.
- Proposed legislation AB1703 would allow reading services as an authorized IHSS task.
- CVIA offers peer support, independent living skills, social contacts, resources, instructional speakers, and social activities.

Presentation: Senior Peer Counseling - Melinda Lacey

- Volunteers provide free, confidential counseling for adults 55 years of age and older. Counselors are bound by confidentiality.
- There are 18 active peer counselors.

- Each counselor is required to attend a 30 hours of training to qualify; following assignment counselors are provided weekly supervision by Melinda.
- There are currently 38 open cases.
- Counselors visit once per week for one hour; can be more depending on client needs.
- Counselors assist with life transitions (loss of companion, medical illness, physical disability, retirement, relocation, etc.) and other challenges including family conflicts, loss of independence/driver's license, access to community resources, caregiver stress, depression and anxiety, loneliness, and substance abuse.
- Services are provided from Roseville to Alta in Placer County.
- For referrals or to volunteer contact Melinda.

Report A4AA: Gustafson provided the following report:

- A4AA is looking to redirect their focus.
- According to a recent survey 39% of older adults in the 7 county A4AA service are considered food insecure. There are a number of reasons for this "insecurity"; but 14.7% do not have money to buy food. A4AA is starting a collaborate effort with partner agencies to work on this issue.
- Nationally five million older adults over 60 are at risk of going hungry; one million are currently going hungry.
- A senior living alone, renting in Placer County, needs a minimum of \$22,728 to live.
- The State is issuing a one-time nutrition-funding RFP.

Report - Senior Legislation: Plasencia reported:

- Legislature just reconvened.
- Discussion of bills that A4AA is supporting:
 - Resources for the blind,
 - Income tax credit for long term care, and
 - State Controller property taxes.

Report - Placer County Report: Rosasco gave the following report:

- At the Board of Supervisors meeting on September 9th:
 - The Board approved the County FY 2014-15 budget of \$790 million; and approved funding of \$100,000 to undertake a feasibility study to consider constructing a Multi-Generational Community Center; and approved the implementation of Laura's Law, which could affect older adults. An explanation of the law was provided.
- Facility Services continues to work with the Senior Center to relocation.

Report - Senior A4AA Advisory Council Update: The Council did not meet last month.

Report - Housing Committee Update: There are 16 key bills related to assisted living: 13 related to the responsibilities of the institutions, these all passed; and 3 related to the responsibilities of State agency oversight of facilities, these all failed. These will be discussed at next month's meeting.

New Business:

- The Housing Committee made a request that members provide any personal experiences / stories related to older adult personal to be shared at the October meeting.
- Homeless Advisory Committee: the County will hire a consultant to develop a long-term plan to address homelessness in Placer County. There will be an Advisory Committee established for this project. Fabela volunteered to be the liaison from the OAAC to the Homeless Project Advisory Committee. The OAAC will take action on this at the October meeting.

Agenda Items for October 21, 2014 Meeting:

- Business meeting for the OAAC.
- Appointment to Homeless Project Advisory Committee
- Do we go dark in December?

The meeting was adjourned at 3:00 PM

Next Meeting

Date:	October 21, 2014
Time:	1:00 PM to 3:00 PM
Location:	Auburn Library Beecher Room 350 Nevada Street Auburn, CA