



**PLACER COUNTY
OLDER ADULT ADVISORY COMMISSION**
11533 C Avenue, Auburn, CA 95603
(530) 886-3680

MEETING MINUTES
November 18, 2014

Attendance

Members Present: Dr. Irwin Herman, Al Gonzalez, Suzanne Jones, David Wiltsee, William Reed, Gloria Plasencia, Karla Gustafson, Eldon Luce, David Soto, and Cheryl Trenwith

Members Absent: Antoinette Fabela, Ignacio Cespedes, Candace Roeder, and Margaret Reilly

Guests: Geraldine Belkin, prospective Commissioner; Jamee Horning, Seniors First Executive Director; Ron Demske, Care Patrol; and Maggie Borowiak, Aging Wisely Through Movement and Massage

County Staff: Leah Rosasco, aide to Supervisor Holmes and Pauline Moreno, Public Authority Secretary

Call to Order: Luce called the meeting to order at 1:06 P.M.

Member Introductions: The roll was taken, a quorum was established, and introductions were made.

Member Announcements: The following member announcements were offered.

- Herman: Roseville City Council has finalized their draft application to the World Health Organization to designate Roseville as an Age Friendly City. They are waiting for the Council's approval.
- Gonzalez: The PSA is now posted online thanks to the help of Jamee Horning from Seniors First.
- Trenwith: November is National Caregivers month. A proclamation was approved by the Board of Supervisors (BOS). Every year in conjunction with the UDW (provider's union), the Placer County IHSS Public Authority puts on the Provider Appreciation Dinner. It is good to be able to thank those that provide care to those wishing to age in place within their own homes.
- Chair Luce amended the agenda: Item #8 is carried over to the January meeting.

Approval: 11-18-14 Meeting Minutes: The minutes were approved as presented.

Approval: OAAC Priorities for 2nd Quarter.

Luce reviewed the list of OAAC Goals for the second quarter; he then opened the floor to discussion. Various listed items were discussed and additions/edits made. **ACTION:** A motion was made by **Reed** and seconded by **Plasencia** to approve the OAAC Goals for the second quarter. The motion passed.

Public Comment: The following public comments were offered.

- Borowiak commented on the need for ADRC-based thinking; stating she wrote her master thesis on this subject.
- Horning reported that the Seniors First Brewfest was very successful. Also, Seniors First will have an open house in January at their new Locksley Lane location.

Presentation: Care Patrol: Senior Care Advisor - Ron Demske.

- Demske provided a brief bio of himself and of Care Patrol. They help families and clients place seniors in appropriate facilities.
- Slide Show Presentation:
 - Need family planning: include the client in the discussion. Define situation, capabilities/limitations, finance, housing/lifestyle/interests, options for medical care, and safety.
 - Ensure safety of elder: professional oversight of caregiver - situation/background, match needs/personal, and have ongoing assessments/progress reports.
 - In-home care: family, professional caregiver, or home-care agency which would cost \$14-25/hour; need nighttime coverage?; get someone bonded/licensed;
 - Adult Day Care: supervision and care; could cost \$48-\$75/day; provide progress reports?
 - Independent Living Facilities: great options for independent clients, could cost \$1,900 to \$5,000 per month; activities, transportation, events, etc.; not licensed to provide care for the resident.
 - Assisted Living: help with activities of daily living; next step after Independent living; cost for room \$3,200.
 - Nursing Home Care (SNF/LTC): nurses/social worker on staff could cost \$7,500/month or more; care provided by health professionals.
- Covered MediCal options; hard to find MediCal beds locally.
- Reported on various payment options available.
- Discussion ensued and questions answered.

Presentation: Age Friendly Cities / Roseville - Irwin Herman. Presentation continued to the January meeting.

Report A4AA: Soto/Gustafson provided the following report:

- Soto reminded the commission of the A4AA RFP in January (covered at October meeting); their board has approved the time line.

- One-time only funds have been approved. Several providers will be receiving additional funding.
- The new, primary focus for A4AA is to address food insecurity. Nationwide, about 8-9% are food insecure; in A4AA's area, about 39% are food insecure; 14% cannot afford to buy food. A4AA wants to link people to food sources.
- Some funding has been approved for the rebranding/reimaging of A4AA's website.
- Yolo County has asked for a letter of support for their ADHC; they are actually doing a construction project to increase their facility space. One of the driving factors for the project is the projected and actual increase in their older population.
- The Dine-Around meals program in Yolo County is out of pilot status and is now ongoing.
- Discussion of appointment to vacancies on the A4AA Board. Five seats: two appointed by the BOS, two by the OAAC/Commission on Aging, and one appointed by the local nutrition agency. There is currently one vacancy.

Report - Senior Legislation: Plasencia reported on ten proposals that were selected by the Senior Legislature for legislative action.

Report - Placer County Report: Rosasco gave the following report:

- Placer County has received over four thousand application for the rent assistance program that was recently opened. Roseville's rent assistance program will open for application in January.
- Placer County is considering the viability of building a multi-generational center. The first step is forming a team by selecting representatives from Health and Human Services, Facility Services, and the CEO's office.
- The Emergency Alert System can register cell phones to receive local alerts.
<http://www.placer-alert.org/> .
- The Senior Center has a location selected. At the time, they are working on a lease and negotiating tenant improvements.

Report - A4AA Advisory Council Update: Herman/Plasencia - No report provided as the AC will not meet until Thursday.

Report - Housing Committee Update: Wiltsee voiced concern over the lack of participation on the Housing Committee.

Report - Homeless Advisory Committee Update: No report provided.

New Business: No new business reported.

Agenda Items for January 20, 2015 Meeting: PCTPA presentation and Roseville: Age Friendly Cities update.

The meeting was adjourned at 2:22 PM

Next Meeting

Date: January 20, 2015

Time: 1:00 PM to 3:00 PM

**Location: Auburn Library
Beecher Room
350 Nevada Street
Auburn, CA**