



**PLACER COUNTY
OLDER ADULT ADVISORY COMMISSION**
11533 C Avenue, Auburn, CA 95603
(530) 886-3680

MEETING MINUTES
April 21, 2015

Attendance

Members Present: Al Gonzalez, David Wiltsee, William Reed, Candace Roeder, Dr. Irwin Herman, Jamee Horning, Eldon Luce, Geraldine Belkin, David Soto, and Cheryl Trenwith

Members Absent: Suzanne Jones, Antoinette Fabela, Karla Gustafson, Gloria Plasencia, Ignacio Cespedes, and Margaret Riley

Guests: Maggie Borowiak; Leslie Brewer, Gill Jaramillo; Bhakti Banning; Shannon Hussman; and April Carni, Support for Home

County Staff: Gina Olivares, IHSS Supervisor; Jeff Brown, HHS Director; Pauline Moreno, Public Authority Secretary

Call to Order: Luce called the meeting to order at 1:02 P.M.

Member Introductions: The roll was taken, a quorum was established, and introductions were made.

Member Announcements: No member announcements were offered.

Approve 03-17-15 Meeting Minutes: **Action:** A motion was made by Reed and seconded by Gonzalez to approve the 03-17-15 meeting minutes as presented. **The motion carried.**

Executive Committee Recommendations:

- Luce asked the commission to approve the Executive Committee's recommendation to move forward the OAAC applications for OAAC membership of Maggie Borowiak and Leslie Brewer to the Board of Supervisors for appointment.

Action: A motion was made by Roeder and seconded by Reed to support the above Executive Committee's recommendation. **The motion carried.**

- Senior Health Fair: Coming Wednesday, October 7th, 9AM to 1PM at Regional Park in Auburn. Members were asked to help/volunteer to staff the booth. Seniors First agreed to reserve two tables, one for the OAAC; Horning will coordinate with Moreno.

Public Comment: Bhakti Banning stated she was new to this area (two years), and was not familiar with available services; found services and/or information about them lacking.

Presentation: Placer Independent Resource Services (PIRS), Leslie Brewer

- PIRS has its 20 year anniversary this year. Leslie provided an overview of this non-profit agency:
 - Predominantly serves Placer County; also El Dorado and Alpine counties are within the PIRS service area.
 - Services include:
 - Information and Referral: provide information about resources available such as transportation, benefits, employment, health care, recreation, etc.
 - Individual and Systems Advocacy.
 - Personal Assistant Referral: Have a registry of private-pay providers (\$12-\$15/hour) for in-home care.
 - Minor Home Modification Program: light repairs like faucet replacement, leaky toilets, door knobs, light switches, install grab bars, address minor safety and health-related issues, and help explore resources for larger repairs.
 - Peer Support Groups: contact for list of various groups and meeting times.
 - Independent living skills training.
 - Coming up: 17th Annual Tri-tip dinner and auction; handout provided; Saturday, May 30th, 5:00 PM; \$15.00.
 - PIRS now has a Facebook page.
 - Clean-up day in Auburn: Volunteers must respond by Friday. Targeting defensible space; helping those unable to do this for themselves.

Presentation: Seniors First, Jamee Horning, Executive Director

- Long-term supports and services for seniors to keep them independent:
 - Senior Meals and Nutrition: Senior Café, Monday – Friday, must be 60 or older; locations in Auburn, Rocklin, Roseville, Colfax, and Lincoln; donations accepted.
 - Transportation: Variety of transportation services for seniors.
 - Friendly Visitors: Weekly social visit to lonely or isolated seniors.
 - Home Safety and Repairs: Typical health and safety repairs for low-income seniors and veterans.
 - Assisted Living Placement; Help to find the right living arrangements and help with negotiations for appropriate accommodations for every situation. Dementia specialist on staff.
 - Information and Assistance: The go-to resource for senior-focused programs, services, and assistance. Also, offer a printed resource guide to senior services in Placer County.
- New Programs up and coming:
 - My Meals: Fee for services, sliding scale; launched in Lincoln funded by Lincoln Hills Foundation; will expand to other areas in Placer County.

- Recreation and Respite Program (working in conjunction with Sutter): Memory care, Parkinson's, etc.; four hours per day, \$30 per day fee – scholarships available; currently one day/week in Auburn, four days/week in Lincoln. Includes lunch. Activity filled. Will expand service over time.
- Big Day of Giving event: Tuesday, May 5th; Support local Non-Profits through donations; handout provided; www.givelocalnow.org is sponsor.

Business Meeting: Annual Report/Goals Review / OAAC Orientation Binder / Brochure

- Luce provided an overview of the 2014-15 goals from last year's Annual Report and reviewed which activities of each goal had been completed. Commissioners were asked to review the lists and advise Luce if anything was accomplished that is not listed.
- Herman asked, where is the evidence-based outcome of what we have accomplished? Who has benefitted from what the OAAC has done? Luce agreed with trying to answer these question as we develop our annual report.
- Commissioners were asked to think about goals we want to define for next year. We will discuss these at the May meeting.
- Luce briefly reviewed the contents and purpose of the newly developed OAAC Orientation Binder.

Chairs' Report: Luce

- Discussion about having an "Adopt a Grandma/Grandpa" program. Roseville has something similar working through the high school; students helping seniors.
- Older Adults Act: "*Get into the Act*" is the theme this year for Older Adults Month, May 2015. Overview provided of the proclamation. Currently, there are more seniors than children in the population. Discussion ensued.
- Elections of OAAC Officers:
May meeting, nominate candidates; June meeting, elections; July meeting, officers take office. The positions: Chairperson, 1st and 2nd vice-chairperson, and Executive Secretary. Further information on the process for the elections and will included with the May agenda mailing. Anyone interested in a position on the Executive Committee can make their wishes known to Luce.
- Aging and Disability Resource Connection (ADRC): The ADRC Core Partners will meet on May 23rd. The purpose of the meeting is to identify entities, individuals within these entities and person to contact these individuals regarding membership on an ADRC Advisory Committee; and to discuss holding an educational forum on the ADRC to be held late summer/ early Fall.

Report A4AA: Soto reported:

- Soto spoke to is attendance at the (MHSA) Campaign for Community Wellness (CCW). The CCW makes recommendations to the BOS. People are welcome to attend the meeting, held the last Friday of the month. Community input is welcomed.

- Placer Collaborative Network: Larger, all-services organization.
- A4AA is in the process of developing a Needs Assessment.
- An RFP has been reissued for Disease Prevention and Health Promotion Services. We have two Placer County agencies expected to respond to the RFP.

Report – A4AA Advisory Council Update: No report available

Report - Senior Legislation: Wiltsee

- Wiltsee reported on 2 bills supported by AARP’s: SB571: Rejuvenate the CalCare Network; and SB547: Creation of the Department of Community Living; aging, disability, health services.
- Spoke about the document “Shattered System of Care”. Will send electronic copy to distribute to members.

Report – Placer County Report: No report available

Report – Senior Housing Committee Update: Wiltsee provided the following report:

- Wiltsee shared AARP’s publication “Home Fit Guide”. It was suggested we get copies to distribute at the Senior Health Fair in October. Wiltsee will check on this..

New Business: No new business reported.

Agenda Items for May Meeting: Jeff Brown, Director HHS to present? Luce to check.

The meeting was adjourned at 3:11 PM

Next Meeting

Date:	May 19, 2015
Time:	1:00 PM to 3:00 PM
Location:	Loomis Library Jessie Helms Room 6050 Library Drive Loomis, CA