



PLACER COUNTY  
OLDER ADULT ADVISORY COMMISSION

Annual Report

July 1, 2016 – June 30, 2017

Older Adult Advisory Commission (OAAC)  
2016- 2017 Annual Report

Table Of Contents

Acknowledgements.....	2
Chairperson’s Letter to the Board.....	3
Executive Summary.....	4
Introduction.....	5
Overview of the OAAC.....	5
Activities and Accomplishments 2016/17.....	5
Report on 2016/17 OAAC Goals.....	7
2017/18 OAAC Goals.....	9
Conclusion.....	9
Appendices	
Appendix A: OAAC Bylaws.....	10
Appendix B: OAAC Member Roster.....	15

**Acknowledgements**

This report would not have been possible without the support and help of all of the Placer County Older Adult Advisory Commission (OAAC) members. (Listed in Appendix B: OAAC Member Roster); the OAAC Executive Committee:

- Eldon Luce                      Chairperson
- Jamee Horning                First Vice-Chairperson
- Michelle Nevins              Second Vice-Chairperson
- William Reed                 Secretary

and County staff:

- Cynthia Bigbee                Manager, Adult System of Care (ASOC)
- Amy Engle                      Clerk, ASOC
- Christie Middleton            Clerk, ASOC

Honorable Members of the Board of Supervisors:

This report marks the 13-year anniversary of the Placer County Older Adult Advisory Commission (OAAC). It has been a privilege to have been involved with the Commission since its inception; first as County staff and now as a volunteer.

Twelve years ago, it would have been hard to imagine that today 93,570 of our county residents would be over 60 years of age, representing 30% of our adult population<sup>1</sup> and that number is growing by about 260 people each month; and that projections would show that this older adult population will continue to grow dramatically for decades to come.

For the most part we did not anticipate the actual numbers represented by these demographic changes in Placer County, or how substantially they would impact nearly every aspect of our community life.

These impacts include, but are not limited to, the type and mode of delivery of medical, mental health, substance abuse and social services; impacts on law enforcement, fire and first responders, businesses' customer base, housing needs and housing services, an increased need for long-term services and supports for older adults; and, the development of opportunities for social activities/interaction appropriate for these "new" older adults.

These social, economic and demographic changes present significant challenges relative to the dignity, independence, health, safety and overall quality of life for our older adults and for our Placer County community.

In addition, these demographic changes will require governmental, private and nonprofit entities to reassess what is currently being done to address these challenges and to relook at how together we can participate in a cooperative collaboration that is adequate to the task of helping our older adults and our community meet these challenges.

It is in this challenging and ever-changing environment that the OAAC and its members will continue to work at understanding and advising on the needs of older adults. We look forward to our 14<sup>th</sup> year with hope and a renewed dedication to enhancing the lives of our growing older adult community.

Sincerely,

Eldon Luce, Chairperson  
Older Adult Advisory Commission

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<sup>1</sup> Sources: U.S. Census Bureau State and County Quick Facts; and California Department of Aging

**Older Adult Advisory Commission  
2016 - 2017 Annual Report  
Executive Summary**

On May 25, 2004, the Placer County Board of Supervisors passed Resolution Number 2004-121 establishing the Older Adult Advisory Commission (OAAC) to serve as Placer County's Commission on Aging. One of the duties of the Commission is to submit, to the Board of Supervisors, an Annual Report on OAAC activities during the report year. Consistent with that responsibility, the Commissioners are pleased to submit this, the twelfth OAAC Annual Report.

As will be seen in the following report, during the **2016/17** year the OAAC participated in organizational, advocacy, legislative, educational and needs assessment activities; as well as making significant progress toward successful accomplishment on its goals for Fiscal Year 2016/17.

During 2017/18 the OAAC will continue with what have become standard practice, i.e., assessing the needs of Placer's older adult residents, and, expanding the visibility of the OAAC, outreaching to older adult, and, enhancing communication with the Board of Supervisors and other County departments.

In addition, the Commission will explore, and if indicated, recommend modification of the Commission's currently defined role, structure, membership categories and relationships with other county entities and departments, relative to the development and implementation of the County Plan/Vision for older adults, including becoming an Age-Friendly County as defined by the World Health Organization; and, if necessary, revising the OAAC Bylaws.

As can be seen by the goals set by the Commission; the OAAC plans on another busy and productive year in 2017/18.

Commission members are honored to serve and to present and invite you to read this, the thirteenth Older Adult Advisory Commission Annual Report.

## **Introduction**

Due to the increasing population of older adults (60+ years of age) residing in Placer County, it was in the interest of both the County and the older adult community to designate a commission to be responsible for advising the Board of Supervisors on issues affecting the lives of older adults. Therefore, on May 25, 2004, the Placer County Board of Supervisors passed Resolution Number 2004-121 establishing the Older Adult Advisory Commission (OAAC) to serve as Placer County's Commission on Aging.

Duties of the Commission include submitting to the Board of Supervisors an Annual Report on activities of the OAAC. The Commissioners are pleased to submit this, the thirteenth OAAC annual report.

## **Overview of the OAAC**

As per Commission Bylaws<sup>2</sup>:

- **Mission**: The Placer County OAAC provides a voice for older adults in county government and advises the Placer County Board of Supervisors and the Department of Health and Human Services on matters relating to the creation and delivery of services that improve the quality of life for Placer County's older adults.
- **Goal**: It is the overall goal of the Commission to promote the well-being of and enhance the quality of life for older adults of Placer County.
- **Responsibilities**: The Commission serves in an advisory capacity to the County Board of Supervisors and the Department of Health and Human Services (HHS). The Commission reports through HHS. HHS provides staff support to the Commission; and provides relevant information (e.g., County budgets, plans for services for older adults, policies and programs, funding applications) required to fulfill the Commission's responsibilities and duties.
- **Duties**: Commission duties fall into the general categories of advising, assisting, advocating, and making recommendations relative to the needs of Placer County's older adults. See Appendix A - Article VII, Duties, page 9
- **Membership**<sup>3</sup>: The Board of Supervisors appoints OAAC members that reside or work in Placer County; have an interest in issues affecting older adults; and, have the time and willingness to serve. Commission membership is diverse and representative of the Supervisorial Districts, the public at large, and governmental and not-for-profit organizations providing services to Placer County older adults.

**Activities and Accomplishments 2016/17**: During its thirteenth year, the OAAC has continued to be actively involved in various organizational, advocacy, legislative, educational and needs assessment activities.

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<sup>2</sup> Appendix A - OAAC Bylaws

<sup>3</sup> Appendix B - OAAC Member Roster

Advocacy Activities: OAAC members have continued to be involved in the development and implementation of a Placer County Aging and Disability Resource Connection (ADRC). And, the Commission cosponsored the second annual Placer County Elder Abuse Awareness Event.

And, OAAC members have continued to advocate for older adults through participation with a number of local organizations and committees, e.g., Best Step, transportation committees (PCTPA/CTSA) and Social Services Transportation Advisory Committee, Placer County Municipal Advisory Committees (MACs), Sierra Senior Services, Sun City Communities, Senior Peer Counseling, Agency on Aging /Area 4 (AAA4), California Senior Legislature, Older Adult Collaborative, CA Association of Caregiver Resources, Alzheimer's Association Program Advisory Committee and Public Policy Committee, Roseville Senior Commission, Sacramento Aging Commission, Roseville Senior Commission, Triple A Council of California, Placer Independent Resource Services, Seniors First, IHSS Advisory Committee, Adult Disability Resource Connection (ADRC) Advisory Committee, American River College Gerontology Board, Placer County Campaign for Community Wellness, Dewitt Master Plan Group, Homeless Resource Council of the Sierras, Placer Consortium on Homelessness and Committee for a Permanent Homelessness Shelter, Auburn Senior Center, Del Oro Caregiver Resource Center, California Bar Association, Placer Protect, and the Placer Collaborative Network.

Legislative Activities: Through the Commission's association with the California Senior Legislature, the AAA4 Advisory Council's Legislation Committee, and AARP's legislative activities the OAAC has continued to be involved in reviewing legislation impacting older adults.

Educational Activities: Commission members have increased their knowledge and understanding of older adult services and resources throughout the county. This was accomplished through hosting eight guest speakers at our regular meetings, presentation topics included:

- Veterans Services
- Placer County Adult System of Care
- Auburn Interfaith Food Closet
- Del Oro Caregiver Resource Center
- County Counsel on the Brown Act
- Elder Abuse
- Aging and Disability Resource Connection (ADRC) Overview
- Aging Safely

In addition, in an effort to educate the community, the OAAC provided articles on older adult issues that were published in the Sun City News (Roseville and Lincoln), the Foresthill Messenger and Placer Sentinel.

Needs Assessment Activities: Commission members assisted in four needs assessment activities: 1) cosponsoring two Town Hall meetings to get public input into the Agency on Aging / Area 4 (AAA4) Needs Assessment, and assisting with distribution of AAA4 needs assessment surveys, and 2) participation on a Community-Centered Approach

Workgroup assessing needs and making recommendations on older adult services funding, and 3) assisting the Placer County Health and Human Services Department's formulation of a five-year vision for older adults in Placer County, and 4) participation in the feasibility study for an Auburn Multi-Generational Center.

Findings from these activities indicate needs for older adults continue to be in the areas of affordable accessible housing, transportation, and for better information about, and easier access to, programs and services for older adults and persons with disabilities; and for a higher degree of collaboration between agencies serving the older adult and disability populations.

OAAC members continued to be involved in the development and implementation of an Aging Disability Resource Connection (ADRC) as a mechanism for addressing these identified needs.

**Report on 2016/17 OAAC Goals:** In 2016/17 OAAC goals were focused in four general areas, 1) exploring, researching and evaluating the unique needs of Placer's older adult residents for housing *and other* resources; and, 2) expanding the visibility of the OAAC throughout Placer County, outreaching to older adults, providing education and encouraging public input; and, 3) enhancing and expanding communication with the Board of Supervisors and other County departments; and, 4) exploring the Commission's currently defined role, structure, membership categories and relationships with other county entities and departments in an effort to assess the Commission's adequacy in best serving the rapidly growing population of older adults in Placer County.

In addition, the OAAC planned on engaging in two organizational activities; 1) to maintain a full, diverse, experienced and committed OAAC membership; and, 2) to work toward assuring that the best Placer County candidates are appointed to the OAAC and the AAA4 Governing Board and Advisory Council.

### **Report on Organizational Activities**

- 1) While the OAAC membership goal was not fully accomplished, membership has, and continues to increase; and the membership continues to include a diverse, experienced and committed group of Placer County residents.
- 2) The OAAC Executive Committee reviews all applications for membership on the OAAC and interviews all applicants. The Executive Committee recommends applicants to the Commission membership and after the members have had the opportunity to review candidates' applications and meet the applicants, the membership votes as to moving the applicant forward to the Board of Supervisors for consideration. This same process is used (as appropriate) for applicants for membership on the AAA4 Governing Board and Advisory Council.

**Goal: The OAAC will explore research and evaluate the needs of older adults for housing and other resources.**

**Report:** Commission members continued to serve on a number of housing and homelessness related committees and consortiums. Members participated in the

homeless count, finding that 10% of those counted were over 60 years of age. And the Commission continued to hear reports on needs of older adults, including housing.

**Goal: To expand the visibility of the OAAC, to outreach to older adults, to provide education, and to encourage public input.**

**Report:** During 2016/17 the OAAC:

- Provided newspaper articles/stories, including articles written by Commissioners for several local publications.
- Encouraged the running of the OAAC PSA on local television stations and websites; and provided interviews on a local radio station.
- Pursued speaking opportunities. And, provided speakers, upon request, to older adult groups and other relevant groups to educate on the OAAC and older adult issues; and to encourage and receive public input.
- Attended community events, e.g. senior health fairs, community forums and presentations.
- Cosponsored the second annual Placer County Elder Abuse Awareness Event.
- Cosponsored two Public Hearings to present Community-Centered Workgroup findings and recommendations.
- With AAA4 participated in Growing Old in Placer County: Key Services to Help People Age in their own Homes.
- Worked to assure OAAC members that are representatives to the AAA4 participate fully in assigned AAA4 activities sharing Placer County concerns/issues; and bringing all relevant information from these activities back to the OAAC.
- Continued to support the development and implementation of the Placer County Aging and Disability Resource Connection (ADRC) model of service delivery and coordination.

**Goal: To enhance and expand communication with the Board of Supervisors and other County departments.**

**Report:** During 2016/17 the OAAC:

- Sent the Board of Supervisors (BOS) copies of articles written by commissioners and published locally; as well as OAAC agendas, minutes and materials for all of the OAAC monthly meetings.
- Received updates from the BOS liaison on county news of interest to OAAC/older adults at OAAC meetings. And, provided feedback from the OAAC to the BOS through the OAAC BOS liaison.
- The OAAC Chairperson provided the BOS with reports on activities of the AAA4 Governing Board, and provided the BOS with agendas for and minutes from AAA4 Governing Board meetings.
- Worked to assure the best possible candidates are appointed to represent Placer County on the OAAC, and the AAA4 Governing Board and Advisory Council.

- Encouraged the BOS and the Department of Health and Human Services to bring issues relevant to older adults before the OAAC for discussion and possible recommendation.

**Goal: To explore the Commission's currently defined role, structure, membership categories and relationships with other county entities and departments.**

**Report:** During 2016/17 the OAAC:

Members participated in the development of the County Plan/Vision for older adults. And began exploring how best to configure the Commission to best address and participate in the implementation of that plan, including the potential revision of the OAAC Bylaws.

### **2017/18 OAAC Goals**

During 2017/18 the OAAC will continue with what have become standard practice, i.e., assessing the needs of Placer's older adult residents, and, expanding the visibility of the OAAC, outreaching to older adult, and, enhancing communication with the Board of Supervisors and other County departments.

**The one reportable goal for 2017/18, will be:**

To explore, and if indicated, recommend modification of the Commission's currently defined role, structure, membership categories and relationships with other county entities and departments, relative to the development and implementation of the County Plan/Vision for older adults, including becoming an Age-Friendly County as defined by the World Health Organization; and, if necessary, revising the OAAC Bylaws.

### **Conclusion**

Fiscal Year 2016/17 was a very good year for the OAAC. New members have brought renewed energy and commitment to ensure that the Commission continues to fulfill its mission to provide voice and advocacy for Placer County's senior residents. As can be seen by the goals set by the Commission; the OAAC plans on another busy and productive year in 2017/18.

Commission members are a diverse group, but all agree that service on the OAAC has been an honor; and, the members look forward to continuing to advise the Board of Supervisors and the Department of Health and Human Services and to serving Placer County's older adults in fiscal year 2017/18.

Placer County Older Adult Advisory Commission

Bylaws

**Preamble:** The population of older adults residing in Placer County is increasing. It is in the interests of both the County and the older adult community to designate a commission to be responsible for advising the Board of Supervisors on issues affecting the lives of older adults.

**Article I, Organization Name:** The name of this commission shall be the Placer County Older Adult Advisory Commission, hereinafter referred to as the "Commission."

**Article II, Geographic Boundaries:** The Boundaries and jurisdiction of the Commission shall be the same geographical boundaries of Placer County, California, including all incorporated cities within the county.

**Article III, Mission:** The Placer County Older Adult Advisory Commission provides a voice for older adults in county government and advises the Placer County Board of Supervisors and the Department of Health and Human Services on matters relating to the creation and delivery of services that improve the quality of life for Placer County's older adults.

**Article IV, Goals:** It is the overall goal of the Commission to promote the well-being and to enhance the quality of life for older adults of Placer County by advising the Placer County Board of Supervisors on issues affecting the lives of older adults.

**Article V, Responsibilities:** The Commission serves in an advisory capacity to the County Board of Supervisors and the Department of Health and Human Services (HHS). The Commission reports through HHS. DHHS will provide staff support to the Commission; and will provide relevant information (e.g., County budgets, plans for services for older adults, policies and programs, funding applications) required to fulfill the Commission's responsibilities and duties.

**Article VI, Membership**

- A. The County Board of Supervisors shall appoint all voting members.
- B. All members shall reside or work in Placer County and have an interest in issues affecting older adults and have the time and willingness to serve regardless of age.
- C. Any and all appointments shall not be based upon any age restrictions or criteria.
- D. Nineteen (19) total voting Commissioners shall be appointed to include the following community representation:
  - (5 members) One representative from each Supervisorial District
  - (3 members) Three from the public at Large

- (1 member) One representative from the Older Adult Collaborative
- (2 members) Two from the A4AA Governing Board or A4AA Advisory Committee
- (1 member) One who is a member of the California Senior Legislature
- (1 member) One resident Minority Representative
- (6 members) Six members selected from Senior Service Organizations including, but not limited to, the following:

- Housing \*
- HealthCare \*
- Transportation \*
- Senior Centers \*
- Legal Community \*
- Placer Citizens for Senior Advocacy and Action Member \*
- Sierra Emeritus College
- Roseville Commission on Aging
- Disabled Community/Services
- AARP

- E. Commissioner appointments selected from Senior Service Organizations shall be made with priority given to organizations notated with an asterisk (\*).
- F. Commission appointments are intended to provide the county with knowledgeable, dedicated advisors. If a Commissioner misses more than three meetings annually (25% of the meetings), the Executive Board may review the circumstances of the absences and if they deem it necessary, recommend to the Board of Supervisors that the chronically absent commissioner be replaced.
- G. All commission business must be heard and acted upon by a quorum of at least ten (10) voting members and must be passed by a simple majority.
- H. In addition to the voting members, the Commission shall include non-voting members from the following organizations:
  - Board of Supervisors member, or member's designee
  - Department of Health and Human Services liaison
  - Representative from the Area 4 Agency on Aging
- I. All commission meetings are for the public good and shall be open to the public. Any non-commissioner may request an opportunity to speak during the public comment portion of the general commission meeting.

**Article VII, Duties of Commissioners**

Representative duties may include, but not necessarily be limited to:

- A. Holding scheduled monthly meetings and abiding by all requirements of the Brown Act;

- B. Advising the Department of Health and Human Services and the Board of Supervisors on the needs of Placer County's older adults, and advocating for services that meet the needs of older adults in Placer County;
- C. Providing assistance and advice regarding the development of a comprehensive, planned network of services for Placer County older adults;
- D. Seeking input from key community groups in reviewing and advising on County programs and actions affecting Placer County older adults;
- E. Providing assistance and advice regarding the development of policy concerning services needed by older adults and for the stimulation and coordination of the development of such services;
- F. Reviewing and making recommendations regarding action upon applications for state and federal aid, and on other applications for funding of service programs for older adults in Placer County; and
- G. Submitting to the Board of Supervisors an Annual Report on the status of services for older adults and making such interim reports and advisory presentations as it and/or the Department of Health and Human Services and the Board of Supervisors may deem necessary.

**Article VIII, Compensation of Commissioners:** Commission members are appointed by, and serve at the pleasure of, the County Board of Supervisors; and (unless a dedicated non-county source of funding is available) Commission members shall serve without compensation. However, appointed Commission members shall be reimbursed (excluding costs of attending general Commission and committee meetings) for actual and necessary expenses incurred while performing official duties.

**Article IX, Member Term of Office:** *Initial membership:* 1/3 of the members, one-year terms; 1/3 of the members, two-year terms; and 1/3 of the members, three-year terms. *Thereafter:* A three-year term with a maximum of two consecutive terms representing an appointed seat or until a successor is appointed.

**Article X, Commission Officers**

- A. The Commission shall elect officers to form an Executive Committee.
- B. Only appointed (Voting) Commission members shall serve as officers.
- C. The Executive Committee shall include the following officers who shall conduct all meetings and be chaired according to the following hierarchy. In the event of an absence the next officer in line shall conduct the current meeting.
  - ❑ Chairperson
  - ❑ 1<sup>st</sup> Vice-Chairperson
  - ❑ 2<sup>nd</sup> Vice-Chairperson
  - ❑ Executive Secretary

**Article XI, Duties of Officers:** Representative duties may include, but not necessarily be limited to:

- A. The Chairperson shall preside and conduct all meetings of the commission in a manner consistent with these bylaws, see that the published agenda's are adhered to, ensure that all participants have equal opportunity to be heard, and encourage civility throughout.
- B. The Executive Committee shall convene as necessary to plan general meeting agendas, hear matters of chronic commissioner absenteeism, and to further commission affairs as needed.

**Article XII, Executive Committee Term of Office**

- A. Officers shall serve two-year terms.
- B. Officers can be elected to serve no more than two consecutive terms in any officer position.
- C. Executive Committee members may be elected to differing offices every two years without restriction.

**Article XIII, Nominations and Election of Officers**

- A. A slate of nominations shall be prepared by a Nominating Committee elected by the membership, and submitted to the Commission membership at the May general meeting of each election year. Any member may make additional nominations from the floor of the general meeting, provided prior consent has been obtained from the nominee and shall have a place on the ballot.
- B. The election of the Commission shall be held at the end of the June general meeting of the Commission. In case of more than one nominee for an office, the method of voting shall be by secret ballot.
- C. In the event of an election tie, a tiebreaker vote shall immediately be held by secret ballot. If another tie occurs, the runners up shall be given five (5) minutes each to present their respective positions, and then another secret ballot shall be held until a winner is reached.

**Article XIV, Installation of Officers:** The newly elected officers shall be installed at the end of the June meeting of the Commission each election year, and shall hold office for the following two (2) years.

**Article XV, Replacement of Officers**

- A. In the event of death, resignation or failure to perform the duties of their office on the part of any elected Officer of the Commission, the Executive Committee shall have the authority to make interim appointments to fill the vacancy, subject

to the approval of the Commission membership at the next regularly scheduled meeting.

- B. At the next regularly scheduled meeting, the Chairperson shall declare the office vacant. The Commission shall then, by a simple majority vote, either elect a member to fill the office so vacated, or approve or disapprove an interim appointment made by virtue of Section A of this Article.

**Article XVI, Committees:** Only appointed Commission members shall serve as committee chairs. However, except on the Executive Committee, other interested parties (non-Commission members) may serve on committees. The Commission shall have but not be limited to the following committees:

- A. **Executive Committee** - The Commission Chairperson shall serve as Executive Committee Chair. The membership shall include elected Commission officers.
- B. **Other Committees:** Other committees may be established, as needed, by a vote of the Commission membership. The membership shall elect the Chairpersons for each of these committees.

**Article XVII, Rules of Conduct:** All meetings shall follow the regularly published agendas in a manner conducive to civil discussion and inclusive participation of all commissioners, guests and the public. In the event of undue discord, the Chairperson shall have the power to excuse the offending parties. All matters of conduct not specifically addressed in these bylaws shall be governed by Robert's Rules of Order (latest edition).

**Article XVIII, Amendments:** These bylaws may be amended by a two-thirds (2/3) vote of a Commission Quorum at any regular meeting, provided a copy of the proposed amendments shall have been given to each voting member prior to the meeting. Proposed amendments shall be submitted in writing to the Executive Committee, which may edit the proposal in cooperation with the member submitting it. Arrangements may then be made to prepare and distribute the required copies to its membership.

The Older Adult Advisory Commission adopted these Bylaws on February 17, 2005.

Appendix B

Placer County  
Older Adult Advisory Commission

Member Roster

(As of September 2016)

*Voting Members*

<u>Seat #</u>	<u>Name</u>	<u>Representing</u>
1	Murial Moore	District 1
2	Vacant	District 2
3	Al Gonzalez	District 3
4	Suzanne Jones	District 4
5	Leslie Brewer	District 5
6	Jim Williams	At Large
7	William Reed	At Large
8	Antoinette Fabela	At Large
9	Vacant	Older Adult Collaborative
10	Irwin A. Herman, MD	Area 4 Agency on Aging
11	Karla Gustafson	Area 4 Agency on Aging
12	Vacant	CA Senior Legislature
13	Gloria Plasencia	Minority Representative
14	Ignacio Cespedes	Senior Services
15	Benjamin H. Eagleton, J.D.	Senior Services
16	Jamee Horning	Senior Services
17	Eldon Luce	Senior Services
18	Vacant	Senior Services
19	Vacant	Senior Services

*Non-Voting Members*

20	Jim Holmes	Board of Supervisors
21	Cynthia Bigbee	Manager, ASOC
22	David Soto	Agency on Aging / Area 4

Leah Rosasco  
Amy Engle

Aide, Board of Supervisors  
Clerk, ASOC